



Lakeshore Unitarian

Sunday October 4, 2026



GATHERING MUSIC	<i>Enter Rejoice and Come In, Venez entrez dans la joie (2x)</i>
WELCOME, ANNOUNCEMENTS, INDIGENOUS RECOGNITION OF NATIVE LANDS	
OPENING WORDS	<i>"What life have we, if we have not life together?" — Charles A. Howe</i>
OPENING HYMN	<i>Hymn #128: For All That Is Our Life</i>
CHALICE LIGHTING	<i>"For the Web of Life" — Paul Sprecher</i>
CANDLE OF JOYS & SORROWS	<i>From the "Book of Life" and our Zoom Chat</i>
AFFIRMATION	<i>This we promise...</i>
OFFERTORY	<i>"From you I receive, De toi je reçois..."</i>
MUSICAL REFLECTION	<i>"The Mary Ellen Carter" — Stan Rogers Sung by the Lakeshore Community Choir</i>
MEDITATION	<i>"For the Ambivalent Blessings" — Richard S. Gilbert</i>
HYMN	<i>Hymn #1037: We Begin Again in Love</i>
PRESENTATION	<i>"Seven Times Rise" — Liane Berry</i>
CLOSING HYMN	<i>Hymn #354: We Laugh, We Cry</i>
CLOSING WORDS	<i>"Love Holds You"— Carrie Holley-Hurt</i>
EXTINGUISHING THE CHALICE	<i>by Robin F. Gray</i>
POSTLUDE	<i>Go Now in Peace, Allons en paix...</i>

Join us for coffee & conversation in the reception hall

With Thanks

Service Leader

Sheila Laursen

Technician

Oddbjorn Taraldsvik

Musicians

Kerry-Anne Kutz & Michael Cartile

Online Greeter

Dori Abbott

Greeters

Usha Thorne, Mabel Ruscutti and Paul Morin

Refreshments

Eric Wilson



Lakeshore Unitarian Announcements

1.	Afternoon Tea for Child Haven International	Join us for an afternoon tea in support of Child Haven International! Saturday, October 24, 2026 2:00–5:00 p.m. Location: Unitarian Church of Montreal 5035 boul. de Maisonneuve O., Montréal, H4A 1Y5 <i>(Near Vendôme Metro)</i>	Cost: Adults: \$30 Children under 6: Free Ages 7–18: \$20 Reserve now: childhaven.ca/Montreal2026.html For more information: Contact Sheila Laursen at 514-697-4195.
2.	Chess for kids/teens (parents welcome too),	Free chess lessons from professional instructor and chess coach Steve Rosenstein, who has coached 3 national champions! Students can bring their own chess set or use LUUC's sets.	Chess meets every <u>third Sunday</u> of the month. From 10:00 a.m. to noon at LUUC It's a wonderful Spiritual Exploration activity — no signup required, just drop in and have fun! For more information, contact Gary Spiller at gary_spiller@yahoo.com
3.	Bread and Beyond sandwich-making session is back!	Join with others to make sandwiches for those in need. All ages welcome!	Bread and Beyond is held <u>every third</u> Sunday of the month around noon. Our first sandwich making session of the season is this Sunday, September 20th, after the service. For a chance to take part and give back, please contact Gary Spiller at gary_spiller@yahoo.com
4.	Tackling Hunger; Donate Non-Perishable Food	We are continuing our tradition of helping tackle food insecurity. Please donate non-perishable food items on Sunday mornings at LUUC, you can donate to <u>West Island Mission</u>	What to bring?: cereal, peanut butter, pasta sauce, juices, canned goods, rice, peanut butter, etc. Thank you!
5.	Yoga with Usha and Milda	Most Saturdays at 4 p.m. in the loft at Lakeshore Unitarian.	\$10 per class. Please contact: sanskritsoccermom@gmail.com to confirm upcoming dates.



Gathering Music

*Enter, rejoice and come in
Enter, rejoice and come in
Today will be a joyful day
Enter, rejoice and come in.*

*Venez entrer dans la joie
Venez entrer dans la joie
Ce sera une journée joyeuse
Venez entrer dans la joie.*

Opening Hymn

No.128 - For All That Is Our Life

Words & Music: Bruce Findlow

*For all that is our life
we sing our thanks and praise;
for all life is a gift
which we are called to use
to build the common good
and make our own days glad.*

*For needs which others serve
for services we give,
for work and its rewards,
for hours of rest and love;
we come with praise and thanks
for all that is our life.*

*For sorrow we must bear,
for failures, pain and loss,
for each new thing we learn,
for fearful hours that pass:
we come with praise and thanks
for all that is our life.*

*For all that is our life,
we sing our thanks and praise,
for all life is a gift
which we are called to use
to build the common good
and make our own days glad.*



Affirmation

*This we promise one to another
We shall seek our truth with love
We shall celebrate our lives together
With all our joys and sorrows
Thus may we enjoy the blessings of love
among us*

*Nous nous promettons ceci, les uns aux autres:
Nous chercherons notre vérité avec amour.
Nous célébrerons nos vies ensemble,
Avec toutes nos joies et nos peines.
Ainsi, puissions-nous savourer les
bénédictions de l'amour entre nous.*

Hymn

No.1037 - We Begin Again in Love

Words & Music by: Robert Eller-Isaacs

We forgive ourselves and each other; we begin again in love.

[spoken] *For remaining silent when a single voice would have made a difference ...*

We forgive ourselves and each other; we begin again in love.

[spoken] *For each time that our fears have made us rigid and inaccessible ...*

We forgive ourselves and each other; we begin again in love.

[spoken] *For each time that we have struck out in anger without just cause ...*

We forgive ourselves and each other; we begin again in love.

[spoken] *For each time that our greed has blinded us to the needs of others...*

We forgive ourselves and each other; we begin again in love.

[spoken] *For the selfishness which sets us apart and alone...*

We forgive ourselves and each other; we begin again in love.



[spoken] *For falling short of the admonitions of the spirit...*

We forgive ourselves and each other; we begin again in love.

[spoken] *For losing sight of our unity...*

We forgive ourselves and each other; we begin again in love.

[spoken] *For those and for so many acts both evident and subtle which have fueled the illusion of separateness...*

We forgive ourselves and each other; we begin again in love.

Offertory

*From you, I receive
To you, I give
Together we share
And by this we live*

*De toi je reçois
À toi je donne
Ensemble on partage
Une offrande de vie*

Closing hymn

No.354 - We Laugh, We Cry

Words & Music: Shelly Jackson Dunham

*We laugh, we cry, we live, we die; we dance, we sing our song.
We need to feel there's something here to which we can belong.
We need to feel the freedom just to have some time alone,
but most of all we need close friends we can call our very own.
And we believe in life, and in the strength of love;
and we have found a need to be together.
We have our hearts to give, we have our thoughts to receive;
and we believe that sharing is an answer.*

*A child is born among us and we feel a special glow.
We see time's endless journey as we watch the baby grow.
We thrill to hear imagination freely running wild.
We dedicate our minds and hearts to the spirit of this child.
And we believe in life, and in the strength of love;
and we have found a time to be together.
And with the grace of age, we share the wonder of youth,
and we believe that growing is an answer.*

*Our lives are full of wonder and our time is very brief.
The death of one among us fills us all with pain and grief.
But as we live, so shall we die, and when our lives are done
the memories we shared with friends, they will linger on and on.
And we believe in life, and in the strength of love,
and we have found a place to be together.
We have the right to grow, we have the gift to believe
that peace within our living is an answer.*

*We seek elusive answers to the questions of this life.
We seek to put an end to all the waste of human strife.
We search for truth, equality, and blessed peace of mind,
and then we come together here, to make sense of what we find.
And we believe in life, and in the strength of love;
and we have found a joy being together.
And in our search for peace, maybe we'll finally see:
even to question, truly is an answer.*



Postlude

*Go now in peace
Go now in peace
May the joy of love surround you
Everywhere, everywhere you may go*

*Allons en paix
Allons en paix
Que nos jours soient remplis de bonheur
Et de joie, et d'amour, pour toujours*