



# Lakeshore Unitarian

April 19, 2026



<b>GATHERING MUSIC</b>	<i>Enter Rejoice and Come In, Venez entrez dans la joie (2x)</i>
<b>WELCOME, ANNOUNCEMENTS, INDIGENOUS RECOGNITION OF NATIVE LANDS</b>	
<b>OPENING WORDS</b>	<i>Come Whoever You Are - By Marilyn Falkowski</i>
<b>OPENING HYMN</b>	<i>Hymn #170: We Are a Gentle, Angry People</i>
<b>CHALICE LIGHTING</b>	<i>Shining Upon the Heart - By Sangye Hawke</i>
<b>CANDLE OF JOYS &amp; SORROWS</b>	<i>From the "Book of Life" and our Zoom Chat</i>
<b>AFFIRMATION</b>	<i>This we promise...</i>
<b>OFFERTORY</b>	<i>"From you I receive, De toi je reçois..."</i>
<b>MUSICAL REFLECTION</b>	<i>Kerry-Anne Kutz</i>
<b>MEDITATION</b>	<i>Toward a Place of Wholeness - Adapted from Viola Abbitt</i>
<b>HYMN</b>	<i>Hymn #300: With Heart and Mind</i>
<b>PRESENTATION</b>	<i>"Effects of How Quebec Laws Impact Muslim Women" – Shaheen Junaid</i>
<b>CLOSING HYMN</b>	<i>Hymn #1028: The Fire of Commitment</i>
<b>CLOSING WORDS</b>	<i>Take Courage - Wayne B. Arnason</i>
<b>EXTINGUISHING THE CHALICE</b>	<i>Here and Beyond These Walls - Craig Rowland</i>
<b>POSTLUDE</b>	<i>Go Now in Peace, Allons en paix...</i>

***Join us for coffee & conversation in the reception hall***

***With Thanks***

*Service Leader*

*Sheila Laursen*

*Technician*

*Oddbjorn Taraldsvik*

*Musicians*

*Kerry-Anne Kutz & Michael Cartile*

*Online Greeter*

*Gabor Matyas*

*Greeters*

*Matthew Da Corte, Chris Bassett*

*Refreshments*

*Gary Spiller*



## **Gathering Music**

*Enter, rejoice and come in  
Enter, rejoice and come in  
Today will be a joyful day  
Enter, rejoice and come in.*

*Venez entrer dans la joie  
Venez entrer dans la joie  
Ce sera une journée joyeuse  
Venez entrer dans la joie.*

## **Opening Hymn**

**No.170 We Are a Gentle, Angry People**  
*Words & Music: Holly Near*

*We are a gentle, angry people,  
and we are singing, singing for our lives.  
We are a gentle, angry people,  
and we are singing, singing for our lives.*

*We are a land of many colours,  
And we are singing, singing for our lives.  
We are a land of many colours,  
and we are singing, singing for our lives.*

*We are a justice-seeking people,  
and we are singing, singing for our lives.  
We are a justice-seeking people,  
and we are singing, singing for our lives.*

*We are gay and straight together,  
And we are singing, singing for our lives.  
We are gay and straight together,  
and we are singing, singing for our lives.*

*We are young and old together,  
and we are singing, singing for our lives.  
We are young and old together,  
and we are singing, singing for our lives.*

*We are a gentle, loving people,  
and we are singing, singing for our lives.  
We are a gentle, loving people,  
and we are singing, singing for our lives.*

## **Affirmation**

*This we promise one to another  
We shall seek our truth with love  
We shall celebrate our lives together  
With all our joys and sorrows  
Thus may we enjoy the blessings of love  
among us*

*Nous nous promettons ceci, les uns aux  
autres:  
Nous chercherons notre vérité avec amour.  
Nous célébrerons nos vies ensemble,  
Avec toutes nos joies et nos peines.  
Ainsi, puissions-nous savourer les  
bénédictions de l'amour entre nous.*



## Offertory

*From you, I receive  
To you, I give  
Together we share  
And by this we live*

*De toi je reçois  
À toi je donne  
Ensemble on partage  
Une offrande de vie*

## Hymn

### **No.300 - With Heart and Mind**

*Words & Music: Richard S. Gilbert*

*With heart and mind and voice and hand  
may we this time and place transcend  
to make our purpose understood;  
a mortal search for mortal good,  
a firm commitment to the goal  
of justice, freedom, peace for all.*

*A mind that's free to seek the truth,  
a mind that's free in age and youth  
to choose a path no threat impedes,  
wherever light of conscience leads.  
Our martyrs died so we could be  
a church where every mind is free.*

*A heart that's kind a heart whose search  
makes Love the spirit of our church,  
where we can grow, and each one's gift  
is sanctified, and spirits lift,  
where every door is open wide  
for all who choose to step inside.*



## Closing Hymn

### **No. 1028 The Fire of Commitment**

*Words & Music: Samuel Anthony Wright*

*From the light of days remembered burns a beacon bright and clear  
Guiding hands and hearts and spirits into faith set free from fear  
When the fire of commitment sets our mind and soul ablaze  
When our hunger and our passion meet to call us on our way  
When we live with deep assurance of the flame that burns within  
Then our promise finds fulfillment and our future can begin.*

*From the stories of our living rings a song both brave and free  
Calling pilgrims still to witness to the life of liberty  
When the fire of commitment sets our mind and soul ablaze  
When our hunger and our passion meet to call us on our way  
When we live with deep assurance of the flame that burns within  
Then our promise finds fulfillment and our future can begin.*

*From the dreams of youthful vision comes a new, prophetic voice  
Which demands a deeper justice built by our courageous choice  
When the fire of commitment sets our mind and soul ablaze  
When our hunger and our passion meet to call us on our way  
When we live with deep assurance of the flame that burns within  
Then our promise finds fulfillment and our future can begin.*

## Postlude

*Go now in peace  
Go now in peace  
May the joy of love surround you  
Everywhere, everywhere you may go*

*Allons en paix  
Allons en paix  
Que nos jours soient remplis de bonheur  
Et de joie, et d'amour, pour toujours*



## Lakeshore Unitarian Announcements

1.	<b>Festival de la Voix presented by Vox Aeterna</b>	Concerts, workshops, and more! Let's support our local artistic community and the fine work of our Music Director, Kerry-Anne Kutz and her team.	<b>April 4 - 28, 2026,</b> <b>Website: <a href="#">Festival de la Voix</a></b> Phone: (514) 758-3641
2.	<b>Lakeshore Community Choir</b>  <b>Benefits: proper posture, effective breathing; produce good tone and beautiful harmonies.</b>	This wonderful choir sings in a Holiday and a Spring concert, performs at a Remembrance Day ceremony and for a vigil commemorating the women of the Polytechnique tragedy.  Members are often invited to sing, after practices, for <b>LUUC 10:30 a.m. services</b> , but <i>participation in services is optional</i> .	<b>Rehearsal time: 8:45 - 10:25 a.m. in LUUC hall</b>  <b>For information:</b> <a href="mailto:lakeshoreluuc@gmail.com">lakeshoreluuc@gmail.com</a>  <b>No previous experience necessary, and members don't need to know how to read music. Tell your friends!</b>
3.	<b>Chess</b> for kids/teens (parents welcome too),	<b>Free chess lessons</b> from professional instructor and chess coach Steve Rosenstein, who has coached 3 national champions! Students can bring their own chess set or use LUUC's sets.	<b>Chess</b> meets every <i>third Sunday</i> of the month, from <b>10 a.m. to noon at LUUC</b> . It's a wonderful Spiritual Exploration activity — no signup required, just drop in and have fun!  For more information, contact Gary Spiller at <a href="mailto:gary_spiller@yahoo.com">gary_spiller@yahoo.com</a>
4.	<b>Bread and Beyond</b> sandwich-making session is back!	Join with others to make sandwiches for those in need. All ages welcome!	<b>Bread and Beyond</b> is held <i>every third</i> Sunday of the month around noon. For a chance to take part and give back, please contact Gary Spiller at <a href="mailto:gary_spiller@yahoo.com">gary_spiller@yahoo.com</a>
5.	<b>Sheila Laursen is the Care Person</b> for April	If you would appreciate a listening ear, support, or connection.	You can reach Sheila at 514-697-4195 <a href="mailto:sheila.laursen@bell.net">sheila.laursen@bell.net</a>
6.	<b>Tackling Hunger; Donate Non-Perishable Food</b>	Sunday mornings at LUUC, <b>you can donate to <u>West Island Mission</u></b>	What to bring?: cereal, peanut butter, pasta sauce, juices, canned goods, rice, peanut butter, etc. Thank you!