

# Lakeshore Unitarian

9 November, 2025

**GATHERING MUSIC**

*Enter Rejoice and Come In, Venez entrez dans la joie (2x)*

**WELCOME, ANNOUNCEMENTS,  
INDIGENOUS RECOGNITION OF  
NATIVE LANDS**

**OPENING WORDS**

*"Disarmament" by John McCrae*

**CHALICE LIGHTING**

*With Caitlin Berry - Words by Margery Montgomery*

**CANDLE OF JOYS & SORROWS**

*From the "Book of Life" and our Zoom Chat*

**OPENING HYMN**

*Hymn #1020: Lean on Me*

**AFFIRMATION**

*This we promise...*

**HYMN**

*Hymn #1061: Blue Boat Home*

**OFFERTORY**

*"From you I receive, De toi je reçois..."*

**MUSICAL REFLECTION**

*Performed by the Lakeshore Community Choir:*

*"They Shall Grow Not Old" - Text by Laurence Binyon*

*Music composed by Albert Greer*

*"Flanders Fields" - Text by John McCrae*

*Music composed by Randy Demmon*

**MEDITATION**

**PRESENTATION**

*"The Royal Canadian Navy and Poetry as an Act of  
Remembrance" – SLt Dylan Ross*

**SONG**

*"Universal Soldier" - (words and music) by Buffy  
Sainte-Marie*

**CLOSING HYMN**

*Hymn #131: Love Will Guide Us*

**CLOSING WORDS**

*"In Flanders Fields" by John McCrae - Read by Caitlin Berry*

**EXTINGUISHING THE CHALICE**

**POSTLUDE**

*Go Now in Peace, Allons en paix...*

*Join us for coffee & conversation in the reception hall*

## ***With Thanks***

***Service Leader***

***Christine Wooley***

***Technician***

***Oddbjorn Taraldsvik***

***Musicians***

***Kerry-Anne Kutz, Michael Cartile***

***Online Greeter***

***Gabor Matyas***

***Greeters***

***Jane Edwards, Sheila Laursen-Tustin***

***Refreshments***

***Chris Bassett***

## Gathering Music

*Enter, rejoice and come in  
Enter, rejoice and come in  
Today will be a joyful day  
Enter, rejoice and come in.*

*Venez entrer dans la joie  
Venez entrer dans la joie  
Ce sera une journée joyeuse  
Venez entrer dans la joie.*

## Opening Hymn

### **No. 1021 Lean on Me**

*Words & Music: Bill Withers*

*Sometimes in our lives we all have pain, we all  
have sorrow.  
But if we are wise, we know that there's always  
tomorrow.*

*If there is a load you have to bear that you  
can't carry,  
I'm right up the road, I'll share your load if  
you just call me.*

*Lean on me when you're not strong  
and I'll be your friend, I'll help you carry on.  
For it won't be long 'til I'm gonna need  
somebody to lean on.*

*Lean on me when you're not strong  
and I'll be your friend, I'll help you carry on.  
For it won't be long 'til I'm gonna need  
somebody to lean on.*

*Please swallow your pride if I have things you  
need to borrow,  
For no one can fill those of your needs that you  
won't let show.*

*Just call on me brother when you need a  
hand.  
We all need somebody to lean on.  
I just might have a problem that you'd  
understand.*

*Lean on me when you're not strong  
and I'll be your friend, I'll help you carry on.  
For it won't be long 'til I'm gonna need  
somebody to lean on.*

*We all need somebody to lean on.*

## Affirmation

*This we promise one to another  
We shall seek our truth with love  
We shall celebrate our lives together  
With all our joys and sorrows  
Thus may we enjoy the blessings of love among  
us*

*Nous nous promettons ceci, les uns aux  
autres:  
Nous chercherons notre vérité avec amour.  
Nous célébrerons nos vies ensemble,  
Avec toutes nos joies et nos peines.  
Ainsi, puissions-nous savourer les  
bénédiction de l'amour entre nous.*

## Hymn

### **No. 1064 Blue Boat Home**

*Words & Music: Peter Mayer*

*Though below me, I feel no motion  
standing on these mountains and plains,  
Far away from the rolling ocean  
still my dry land heart can say:*

*I've been sailing all my life now,  
never harbor or port have I known. The  
wide universe is the ocean I travel  
and the earth is my blue boat home.*

*Sun my sail and moon my rudder  
as I ply the starry sea,  
leaning over the edge in wonder  
casting questions into the deep.*

*Drifting here with my ship's companions,  
all we kindred pilgrim souls,  
making our way by the lights of the heavens  
and the earth is my blue boat home.*

*I give thanks to the waves upholding me,  
hail the great winds urging me on,  
greet the infinite sea before me,  
sing the sky my sailor's song:*

*I was born upon the fathoms,  
never harbor or port have I know. The  
wide universe is the ocean I travel,  
and the earth is my blue boat home.*

## Offertory

*From you, I receive  
To you, I give  
Together we share  
And by this we live*

*De toi je reçois  
À toi je donne  
Ensemble on partage  
Une offrande de vie*

## **Closing Hymn**

### **No. 131 Love Will Guide Us**

*Words & Music: Sally Rogers*

*Love will guide us, peace has tried us,  
hope inside us will lead the way  
on the road from greed to giving.  
Love will guide us through the hard night.*

*If you cannot sing like angels,  
if you cannot speak before thousands,  
you can give from deep within you.  
You can change the world with your love.*

*Love will guide us, peace has tried us,  
hope inside us will lead the way  
on the road from greed to giving.  
Love will guide us through the hard night.*

## **Postlude**

*Go now in peace  
Go now in peace  
May the joy of love surround you  
Everywhere, everywhere you may go*

*Allons en paix  
Allons en paix  
Que nos jours soient remplis de bonheur  
Et de joie, et d'amour, pour toujours*

## Lakeshore Unitarian Announcements

|    |                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                           |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. | <b>Mark Your Calendar! LUUC's 2025 Holiday Bazaar/Bake Sale!</b>                                                                                             | Delicious baked goods, hearty soups, beautiful crafts and other terrific items for sale. Come for the Christmas Sunday Café and stay for our holiday sale!                                                                                                                                                     | <b>Sunday, Dec. 14 AFTER the Sunday Café, which features our beautiful Lakeshore Community Choir. Café: 10:30 a.m., Bazaar: 11:20 a.m.</b>                                                                                                                                                                                |
| 2  | <b>New Lakeshore Community Choir Rehearsal Time!</b><br><br><b>Benefits: proper posture, effective breathing; produce good tone and beautiful harmonies.</b> | This wonderful choir will sing in a Holiday and a Spring concert, perform at a Remembrance Day ceremony and for a vigil commemorating the women of the Polytechnique tragedy. Members will be often invited to sing, after practices, for LUUC 10:30 a.m. services, but participation in services is optional. | <b>Rehearsal time: 9:00 - 10:25 a.m. in LUUC hall</b><br><b>For information or to join:</b><br><a href="mailto:lakeshoreluuc@gmail.com">lakeshoreluuc@gmail.com</a><br><br><b>No previous experience necessary, and members don't need to know how to read music. Tell your friends!</b>                                  |
| 3  | <b>Chess</b> for kids/teens (parents welcome too),                                                                                                           | <b>Free chess lessons</b> from professional instructor and chess coach Steve Rosenstein, who has coached 3 national champions! Students can bring their own chess set or use LUUC's sets.                                                                                                                      | <b>Chess</b> meets every <i>third Sunday</i> of the month, from <b>10 a.m. to noon at LUUC</b> . It's a wonderful Spiritual Exploration activity — no signup required, just drop in and have fun!<br><br>For more information, contact Gary Spiller at <a href="mailto:gary_spiller@yahoo.com">gary_spiller@yahoo.com</a> |
| 4  | <b>Bread and Beyond</b> sandwich-making session is back!                                                                                                     | Join with others to make sandwiches for those in need. All ages welcome!                                                                                                                                                                                                                                       | <b>Bread and Beyond</b> will be held <i>monthly</i> , after the <b>Sunday Café</b> .<br>For a chance to take part and give back, please contact Gary Spiller at <a href="mailto:gary_spiller@yahoo.com">gary_spiller@yahoo.com</a>                                                                                        |
| 5  | <b>Yoga with Usha and Milda</b>                                                                                                                              | Every Saturday at 4 p.m. in the loft at Lakeshore Unitarian.                                                                                                                                                                                                                                                   | <b>\$10</b> per class. Please contact: <a href="mailto:sanskritsoccermom@gmail.com">sanskritsoccermom@gmail.com</a>                                                                                                                                                                                                       |
| 6  | <b>Kathy Matyas is the Care Person</b> for November and December.                                                                                            | Please contact Kathy if you are struggling and need some support or are concerned about a LUUCer or friend.                                                                                                                                                                                                    | You can reach Kathy at 450-458-5045, <a href="mailto:matyas@videotron.ca">matyas@videotron.ca</a>                                                                                                                                                                                                                         |
| 7  | <b>Tackling Hunger; Donate Non-Perishable Food</b>                                                                                                           | Sunday mornings at LUUC, <b>you can donate to <u>West Island Mission</u></b>                                                                                                                                                                                                                                   | What to bring?: cereal, peanut butter, pasta sauce, juices, canned goods, rice, peanut butter, etc. Thank you!                                                                                                                                                                                                            |

## Community Announcements

|    |                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| 8  | <b>Rob Lutes:<br/>Online Course<br/>AND<br/>November and<br/>January Shows!</b>                                                                                                         | <b>Online Course: History of American<br/>(and Canadian) Popular Music</b><br><br>Starting Jan. 7: Wednesday evenings<br>from 6:30 to 8 p.m. over 10 weeks and<br>covers the major movements in popular<br>music in America (and Canada) from the<br>1700s to the mid-20th century.<br><br>Cost: \$100! Makes a great gift. <a href="#">Signup<br/>info and session dates</a>                                                                                                                                                                                                                                                                                                                                                        | <b>Upcoming Shows!:</b><br><br>Nov. 14, 5-7 p.m. at Studio 77 in<br>Pointe-Claire with Rob MacDonald. Drop<br>by if you are near.<br><br>Nov. 21, 7:30 p.m. at Kaffe 1870 in<br>Wakefield near Ottawa. Duo with Rob<br>MacDonald. Tickets <a href="#">link</a> .<br><br>Nov. 28, Stewart Hall in Pointe-Claire with<br>my project Sussex. Tickets <a href="#">link</a> .<br><br>Jan. 15, Theatre de la Ville in Longueuil<br>with Rob MacDonald. Tickets <a href="#">link</a> . |
| 9  | <b>Corbeille de Pain<br/>is offering Winter<br/>Baskets that<br/>support local<br/>farmers and the<br/>community.</b>                                                                   | This new initiative consists of baskets<br>that are filled with wonderful <b>fresh and<br/>local vegetables</b> , and are available<br>from <u>November to April</u> . They contain<br>root vegetables, greenhouse greens,<br>microgreens, apples, and much more!<br><br><b>There</b> is the choice of two different<br>sizes, and 4 different pick-up locations in<br>the West Island. By paying a small extra<br>fee of <b>\$8 per basket</b> (which is already<br>included in the price), you are helping to<br>subsidize these baskets for fellow West<br>Islanders who are facing food insecurity.<br>In addition, since this <b>"extra"</b> is also<br>considered to be a donation, <b>you will<br/>receive a tax receipt.</b> | Visit<br><a href="http://www.corbeilledepain.com/winter-baskets">www.corbeilledepain.com/winter-baskets</a><br>for more information and/or to order.                                                                                                                                                                                                                                                                                                                            |
| 10 | <b>Norwegian<br/>Christmas Sale<br/>2025!</b>                                                                                                                                           | Purchase Norwegian food, crafts and<br>gift items and support the wonderful<br>Norwegian Association.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Friday Nov. 14 from 5 p.m.-9 p.m. and<br>Saturday Nov. 15 from 10 a.m.-3 p.m.<br>5065 Sherbrooke St., Lachine                                                                                                                                                                                                                                                                                                                                                                   |
| 11 | <b>Summerlea's<br/>Annual Bazaar<br/>and Book sale</b><br><br>Fun for all ages<br>with Face Painting<br>(10 a.m.-2 p.m.),<br><b>plus a Croissant<br/>Breakfast and<br/>Chili Lunch.</b> | Come and enjoy <b>Summerlea United<br/>Church's Annual Book Sale &amp;<br/>Christmas Bazaar!</b><br><br>Discover treasures at the <b>Bake Table,</b><br><b>Gift Baskets, Tempting Treasures,</b><br><b>Jewellery Table, Craft &amp; Knitted<br/>Goods Table,</b> and the Country Store<br>with homemade preserves and Muir's<br>famous Scotch pies.                                                                                                                                                                                                                                                                                                                                                                                  | <b>Address:</b> 220 Acadia Avenue, Lachine,<br>H8T 2T7<br><br><b>Book Sale:</b> Friday, Nov. 14, 2025, from<br>10 a.m. to 6 p.m.<br><br><b>Bazaar &amp; Book Sale:</b> Saturday, Nov. 15,<br>2025, from 9 a.m. to 2 p.m.<br><br><b>For more information,</b> call<br>514-634-2651. <u>Cash only</u> , please.                                                                                                                                                                   |

