

LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION
5065 Sherbrooke Street,
Lachine, QC. H8T 1H9
514 - 637- 6974



JANUARY 2025 NEWSLETTER

We bid you welcome on this first Sunday of the new year.

Like Janus we gather with part of us looking backward and part of us looking forward. We gather on the edge of the new year saddened by our losses, cherishing our joys, aware of our failures, mindful of days gone by.

We gather on the cusp of this new year eager to begin anew, hopeful for what lies ahead, promising to make changes, anticipating tomorrows and tomorrows.

We invite you to join our celebration of life, knowing that life includes good and bad, endings and beginnings.

We bid you welcome! *By Sylvia L Howe*

We welcome this brand-new year of 2025 - and we wonder - how shall we live it? Here are some reflections from people of long ago - and today:

Socrates - "The secret of change is to focus all of your energy, not on fighting the old, but on building the new."

Albert Einstein - "Learn from yesterday, live for today, hope for tomorrow."

Gandhi - "Be the change you wish to see in the world."

Taylor Swift - "This is a new year. A new beginning. And things will change."

Hillary DePiano - "We all get the exact same 365 days. The only difference is what we do with them."

Our Sunday Services planning committee is honoured to welcome the following Sunday presenters as we begin this new year of 2025 - as they inspire us to live fully, with hope, compassion, and strength.

~ **Sheila Laursen**

January 5, 2025 - 10:30 a.m.

**Hope for a Better Tomorrow
Clifford Lincoln**



In the dark times of apparent despair, the flame of hope can still illuminate our path to a world of enjoyment and peace.

Clifford Lincoln will share his thoughts on the world situation we find ourselves in, and a hopeful message on how we might meet these challenges. After the disasters of two world wars, we were able as a global society to form alliances that were created to build a world order based on conciliation and

peaceful settlement of our differences and conflicts as opposed to retaliation through wars.

Service Leader - Paul Sullivan

Greeters - Caitlin Berry & Heather Falconer

Technician - Oddbjorn Taraldsvik

Musician - Kerry-Anne Kutz

Refreshments - Nancy Schmidt

Zoom Host - Gabor Matyas

January 12, 2025 - 10:30 a.m.

“Unspeakable”

Rev. Heather Fraser Fawcett

Dr. Judith Lews Heman, M.D. noted “ The ordinary response to atrocities is to banish them from consciousness. Certain violations of the social compact are too terrible to utter aloud: this is the meaning of the word ‘unspeakable’.”

There are more than 40 active conflicts going on in the world right now. When Rev. Heather Fraser Fawcett, a Unitarian Universalist minister, started working with asylum seekers and refugees in 2001, there were "just" 34. The world has become more chaotic and violent in the past 24 years. And environmental changes have, and will continue, to add to the burden of those living in places of war and conflict.

Yet there is an increase in the number of autocrats, and increasing disregard for human rights throughout the world, not just in places of active conflict. Countries are hardening their borders. Temperatures are rising. Heather is certain that the number of asylum seekers and refugees will rise. And rise.

Working with refugees, including 18 years providing psychological, social, legal, and spiritual support for survivors of organized violence and torture, has helped shape who Heather is today. She notes “My faith, and the healing arts, and the deep goodness I find in so many people, keeps me going with dedication and hope.” She will share her experience, knowledge, and hopes with us.

Service Leader - Sari Kelen

Greeter - Sara Kreps

Technician - Oddbjorn Taraldsvik

Musician - Kerry-Anne Kutz

Refreshments - Caitlin Berry

Zoom Host - Gabor Matyas

**BREAD & BEYOND WILL FOLLOW THIS SERVICE. PLEASE STAY TO
HELP MAKE SANDWICHES FOR PEOPLE WHO ARE HOMELESS IN
MONTREAL.**

January 19, 2025 - 10:30 a.m.

**Powerful, Effective Support
Nathalie Hainaut**

When someone reaches out to us for support, our heart goes to them and to whatever they are going through. And of course, we want to be able to provide the best support that we can.

Although we most likely have been in countless of those situations in our lives, how to provide effective support is not a skill that most of us have learned as we grew up. What is the ultimate goal of effective support? What are the roles of the participants? What should I say? What should I not say? Let's have a look together at a simplistic yet effective roadmap to providing Powerful Effective Support to our friends and family members.

**Service Leader – Irene Hausknost
Greeters - Chris Bassett & Ann Bernstein
Technician - Oddbjorn Taraldsvik**

**Musician - Kerry-Anne Kutz
Refreshments - Sari Kelen
Zoom Host - Gabor Matyas**

January 26, 2025 - 10:30 a.m. Sunday Café

Annie Arsenault, Maryse Bessette, Orazio Fantini

Maryse Bessette began singing at age 9 in school choirs. Her commitment to choral music resurfaced as she worked/studied with L'Ensemble Tactus, L'Atelier de Jazz Vo-cal de Montréal, Choeur Chant de la Fontaine, and Choeur Les Voix des Moulins for 15 years. Under the guidance of Francine-Michèle Rousseau and Julie Beaulieu, she honed her technique. Since 2015, she has been a soloist, performing in concerts and shows with a predominantly Jazz repertoire.

Annie Arsenault is an actress and voice-over adapter. Her passion for singing has led her to participate in musical theatre productions: the operetta La Périchole, the musical Le chanteur de noes, and the operetta Andalousie. In the fall of 2025, she will perform in La belle Hélène, an operetta by Jacques Offenbach, at La Maison des Arts de Laval.

Orazio Fantini is a trained graphic designer who creates visually captivating projects with precision and creativity. A college-level motion design instructor, he is dedicated to guiding and inspiring the next generation of designers. Passionate about music, he has devoted the past 15 years to jazz piano and occasionally practices singing. For this concert, he will blend his love of rhythm and melody with an artistic sensibility that promises a deeply moving performance.

**Host - Kerry-Anne Kutz
Refreshments - Sari Kelen**

**Greeter - Nancy Schmidt
Technician - Oddbjorn Taraldsvik**

NOTES FROM THE PRESIDENT



As we begin a New Year, I want to thank each member of our LUUC Board of Directors for their hard work.....everyone juggles more than one role, and is deeply committed to the well-being and strengthening of our congregation.

Nancy Schmidt, Vice-President, works tirelessly on getting our programs and services “out there” - with the Communications Committee and Anik’s support, we have seen encouraging growth in attendance, as shown in last month’s newsletter. Nancy also coordinates Sunday Services, Greeters & Refreshments and has taken on the unpaid role of Administrative Coordinator this fall while the Job Description was finalized so it could be posted publicly. Nancy formed a Hiring Committee which is now at work. Her calm demeanour and warm smile have kept us going during challenging times.

Susan Czarnocki, Treasurer, has kept our accounts balanced, and payments made on time (when not hindered by the postal strike) - at the same time as she has had to deal with her own health challenges every day. With more contracted support than previous years, receiving invoices and keeping track of our cash flow has brought even more challenges for her. Susan is our link to our investment firm, our bank, our book-keeper and our service providers - and she does so with due diligence.

Heather Falconer, Board Secretary, par interim, was a most welcome addition to our Board meetings the past 2 months. Our Agendas are long, and discussions often even longer, but Heather has been able to follow, understand and accurately record the Minutes. We are deeply grateful for her offer to continue to do so until the end of June. And as you know, she researches, reminds, and prepares our monthly newsletter that keeps us all informed and engaged in LUUC activities. She is an impressive “juggler” of those responsibilities, especially when they fall in the same week!

Gary Spiller, Director, has worked with our Spiritual Exploration coordinators to reach out to, and involve, families with children in Sunday programs and activities. Gary has developed a good relationship with our neighbouring Maple Grove (elementary) and Lakeside Academy (secondary) schools. This fall, Gary has organized monthly Bread & Beyond activities following a Sunday service which has attracted several local families with children. And together, they have made several hundreds of sandwiches for people who are homeless. Gary is determined to invite and involve more families with children in our LUUC programs.

Paul Sullivan, Director, can, and has, turned his hand to anything that we need to be done. Working closely with Oddbjorn, Paul continues to monitor and improve our audio and visual technology for Sunday services. Thanks to their efforts, we can enjoy our Sunday services in the church, from home, or even from overseas! Paul also crafts beautiful wooden decorations for our Café tables and as fundraisers for LUUC. When he

isn't doing all that, he serves as one of our Lay Chaplains. (Kerry-Anne Kutz, our amazing Music Director is also a Lay Chaplain, and they both serve as wonderful ambassadors of our congregation and our faith.)

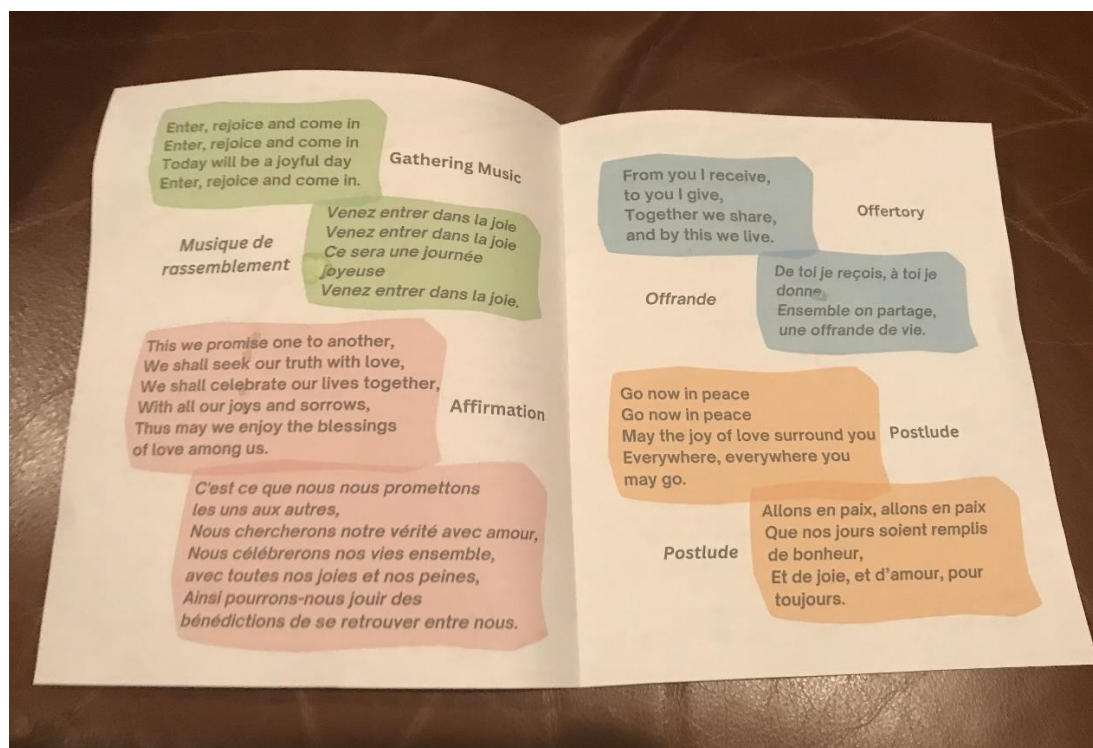
And me? (**Sheila Laursen**, President) - I try to keep track of everything going on to keep us "on track" and moving forward. Like the other Board members, I also serve on several LUUC committees, including the one that began in December to review and revise our Responsible Behaviour Policy. We have gone through tough times this year, and had to make difficult decisions - and we have had passionate debates in the process - but in the end, we have worked together as a team and to the best of our ability for our small congregation - and for that, I am truly grateful.

~ **Sheila Laursen**

NEW LUUC FOLDER: JANUARY 2025!

Anik and the Communications team have created a bright new reuseable folder to hold our Order of Service and Announcements at our services. Our greeters will be handing them out at the door in January services and will request that they be returned after the service. We'll use our hymn books for the hymns, as we did before Covid struck.

Did you know? The original reuseable folder was the brainchild of our wonderful **Heather Falconer**. Those folders were so successful (and saved so much paper!) that we're pleased to resurrect the idea for 2025 and beyond.



~ **Nancy**

DON'T WAIT FOR SPRING – OFFER NOW!

I have recently offered to do a small task for LUUC – that of taking the Board Minutes – (on an interim basis – not as a Board member.) It doesn't take much of my time, and during this process, I have come to appreciate how incredibly hard our Board members work...and I would like you all to know that each one of you could also do a small task, thus relieving them of some of the burden of running LUUC. Sheila has listed on pages 4 and 5 the many tasks of each of the Board Members, so...

Nancy Schmidt – a dedicated lady indeed: Can you help her by suggesting **Speakers? Making coffee? Greeting? Spreading the word?** – or offering to **phone and find** the greeters and hospitality people? Give her a buzz.

Paul Sullivan – a life-time Unitarian and a very nice guy: Can you help by offering to be a **Service Leader?** – and thus gain self-confidence and improve your public speaking skills – or offer your **techie expertise?** Let him know you're willing to help out.

Gary Spiller – enthusiastic and kind hearted – Gary is in charge of fund raising, fun, SE., caring and social action – now that's a lot! Can you help by bringing your **grandchildren to the SE?** or **participating in Bread and Beyond**, the monthly sandwich making effort for feeding the homeless? Offer to be on the **Caring or Phoning Committees?** You could help Gary in so many ways – just let him know how.

Sheila Laursen – dedicated, hardworking, reliable – where do I begin? Simply said, Sheila has a hand in everything! Do you want to **become a chaplain?** **Give her a call with your offer to help.**

Moi – I will do some fun raising – i.e. put on a **Soup Sale** this winter, if someone is willing to help me. **514-505-4206 / miss.heather.falconer@gmail.com**

Everyone of us can do something – every little bit helps – many hands make light work. Do give a Board Member a call and let them know how much you appreciate their efforts in running LUUC - and surprise them with your offers to help. ~ ed

PEOPLE CYCLING TO WORK



UPDATE: ADMINISTRATIVE COORDINATOR POSITION

The Hiring Committee (**Caitlin Berry, Irene Hausknost, Nancy Schmidt**) are conducting interviews with the goal of having the Administrative Coordinator start sometime in January 2025. Over 60 people have applied for the position. We'll continue to keep you updated.

~ **Nancy**

SENIOR POWER



You may remember that a couple of years ago I told you about repair shop cafes - where seniors repaired small articles for free. Well – the City of Beaconsfield listened and introduced **Handy Seniors' Days**. There are some incredible people carrying out free repairs for anyone who wants to bring them stuff. Prevent filling up landfills. Remember to Repair & Reuse. The next Handy Seniors' Day in Beaconsfield is **January 15th, 2025**. You don't have to live in Beaconsfield to participate. www.beaconsfield.ca [#repair](#) [#reuse](#)

~ **Kate Coulter**

WHO SAW OUR HOLIDAY CAFÉ PROMOTION ON FACEBOOK?



Here's the numbers:

- 2,726 people saw our Facebook Holiday Sunday Café post
- 47 people liked it
- 70 people clicked on the link that led them to our Sunday Café page on our LUUC website.

Attendance: 104 people, including the wonderful performers and the people on Zoom.

~ **Nancy**

LOW COST HOUSING IN HALIFAX



ICYMI: Lower Sackville's new tiny home community is now open. 🏠 This supportive housing initiative welcomed approximately 70 residents, providing fully furnished homes and essential wraparound services. It's a compassionate step forward in addressing homelessness and creating safe, stable spaces for those in need. Let's celebrate this powerful addition to our community and the impact it will have on so many lives! Do notice the names of the streets – Hopeful and Belief.

~ Photo Source: United Way, Halifax

HOW YOU CAN HELP THE AFGHAN FAMILY

Enjoy an Afghan home-cooked dinner

When? Saturday January 18 at 6 p.m.

Where? Lakeshore UU Congregation, 5065 Sherbrooke St., Lachine

By whom? - Shahla and family will prepare this home cooked Afghan meal

How many? This is limited to 25 people on a first reserved (and paid basis) - only 2 spaces still available!

How much? Tickets are \$30 per person, with all proceeds going to the family.

How? Contact **Sheila Laursen** 514-697-4195 or sheila.laursen@bell.net if you want to be part of this very special event.



Afghanistan

SEASON'S GREETINGS TO THE SANDWICH MAKERS



Thank you for making 179 sandwiches last Sunday! **Bread and Beyond** distributed them to the homeless last Monday. Carl, France and Sara your Santa caps and Ashley's music added atmosphere to our production line.

Everyone is welcome to come to our last Sunday Cafe of the year tomorrow at 10:30 to 11:30 am where we can sing carols with the Lakeshore Community Choir! Please bring your Santa caps if you would like to come!

The next sandwich making will be January 12. The church is closed for the holidays but reopens January 5 with a talk by **Clifford Lincoln** former Environment Minister in Quebec.

Thank you.

~ **Gary Spiller**



Gary (at the back) with his band of faithful **Bread and Beyonders**.

NOTES FROM MAUD COWAN BONNIER – AFTER HER 102ND BIRTHDAY



My thoughts have lingered a lot on the party. I was overwhelmed that day. I can't thank people enough. It was wonderful to see EVERYBODY, people I hadn't seen for a while.

My birthday was such a wonderful day for me, that I was afraid I'd cry. But since that day, so many times I have thought about the church, the people and what they meant to me.

I came to Pointe Claire in 1960. I had heard of the Unitarian Church and of Lotta Hitschmanova. I was interested in the congregation and there it was, on Cedar. The church was brand new and so **Full** of enthusiasm! **Heather Falconer** is one of the very first people I met at the church! I met **Myrna Wood** there; I remember the faces of her and her husband. They put on wild bazaars- they were so vibrant! As for Heather's Newsletters, I think she's amazing! Someday I'm going to call her and say how much I appreciate her writing!

Note from Sari: Back in those days, there were so many people that there were two services on Sunday mornings. There were so many children that Sunday School classes were held in two sessions in Cedar Park School across the street! Then came Bill 101, and very, very sadly, we lost much of our congregation.

~ Maud Bonnier, as told to Sari Kelen

LOVE IS THE ANSWER



Not sure at first, Little Miss Maggie and Lilia soon found a way

THE STORIES BEHIND THE SONGS – WINTER WORKSHOP SERIES



Rob Lutes has been giving history of popular music workshops (back to the 1700s and through to the 1950s) for several years and studying it for many more.

This series will be offered online starting in January. It will be fun - with some interaction and lots of music and stories - when it's cold outside. Link with info here: <https://roblutes.com/the-stories-behind-the-songs-6-workshop-series-winter-2025>

Sheila Says: Rob Lutes sent me this (and I don't know who else received it). I think it would be wonderful to put into our newsletter - it sounds really interesting, and is only \$40 for all 6 workshops! I have signed up for it.

~ *Sheila*

CHESS LESSONS FOR KIDS OF ALL AGES



Free Chess lesson for kids & teens
Leçon d'Échecs gratuite pour les
enfants & les ados



Sunday, November 10, 10:30 am
Dimanche 10 novembre 10h30

As part of Lakeshore Unitarian's Spiritual Exploration program, children (7 years and up) and teens (and their parents!) are welcome to have a free chess lesson on from 10:30 to 11:30 am, by **professional instructor and chess coach Steve Rosenstein, who has coached 3 national champions**. Students may bring their own chess set or use LUUC's sets. Refreshments will be served after the class. Classes in 2025 as demand requires. Free of charge. For more information: lakeshoreluuc@gmail.com
LUUC, 5065 rue Sherbrooke, Lachine, QC.
LUUC: <https://luuc.org/>

THE CHINESE YEAR OF THE SNAKE



January 29th, 2025 until February 17th, 2026

SUNDAY CAFÉ

What a wonderful Sunday Café **104** of us enjoyed on December 22nd. First of all, we had the Lakeshore Choir under **Kerry-Anne's** direction sing lovely songs, then we all joined in for the Christmas Carols. Young Daniel Bennedetti played the piano as well as solo numbers on his accordion, while Peter Purich played his violin – both excellent musicians. **Sheila** and **Dillon Berry** served the bagels and coffee, while **Sara Kreps** baked the croissants and **Caitlin Berry** made excellent hot mulled 'wine'. It was all very festive.



Daniel



Peter Purich ~ photos by Margaret



Sara bakes the croissants -yum-yum



Caitlin stirs up the hot apple cider



Sheila and Dillon Berry on jam duty.



Oddbjorn and Paul make things happen - what would we do without them!



**These five lovely ladies share a moment after the Café –
Nancy G; Nancy S; Kerry-Anne, baby Lilia and Milda**

CARING

Paul Sullivan will be our Caring Person for January and February. You can contact him at 514-457-1793 or plsullivan43@gmail.com

MAKING CHRISTMAS JOLLY



Elves were spotted. Thanks to our LUUC Christmas “elves” - **Paul Sullivan, Sari Kelen, Nancy Schmidt, Gary Spiller and Sheila Laursen**, 11 LUUC families or individuals that we don't get to see often were surprised by an “elf” visitor who brought Christmas greetings from us all. Everyone involved enjoyed those visits!



Fruitcake - pounds - and cents! With 81 pounds of fruitcake now welcomed into 31 homes, **Sheila's** holiday baking has added \$656.00 to LUUC's coffers.....but who knows how many pounds those cakes will add to the weight of those who enjoy it???

Lakeshore Community Choir brings Christmas Spirit through the roof! Many thanks go to **Kerry-Anne** and the Lakeshore Community Choir, with accompanying musicians Daniel Benedetti and Peter Purich and soloist Stefania Bertrand for their powerful performance of joyous music of the season at the December 22 Sunday Café. They had the “full house” (and 7 online) completely engaged; with young and old alike toe-tapping and singing along to their soaring voices. It was a perfect beginning to the holiday season!

~ **Sheila**



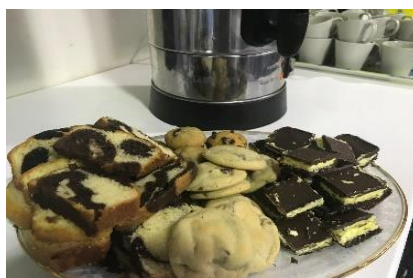
They got there in the end – by following the Star.

SCOTT MacLEOD'S FILM ON GRIFFINTOWN



A captivated audience views Scott MacLeod's wonderful film "Griffintown: A People's History - Episode 2" on December 1st, recounts the social history of this former industrial neighbourhood just south of downtown Montreal. With only a handful of original civic, residential and industrial sites remaining, this once thriving community of predominantly working-class Irish and French Canadians has all but disappeared. New

constructions and gentrification are well underway and have brought a condo "boom".



And of course we had delicious refreshments after Scott's film, as we gathered to marvel at his achievement!

~ **Nancy**

A Special Treat from Anik

**You're invited to visit LUUC's Facebook page on New Year's Eve!
Here's the
link: <https://www.facebook.com/lakeshoreunitarianuniversalists>**

**Lakeshore Unitarian Universalists | Montreal QC
- Facebook**

**Lakeshore Unitarian Universalists, Lachine. 96
likes · 9 talking about this · 6 were here. A
welcoming and diverse community based in
Lachine, QC./Une...
www.facebook.com**

Our Marketing and Communications Coordinator Anik Vigneault will share a special LUUC holiday post with us we enter the new year. Enjoy.



A very Happy Birthday to our JANUARY LUUCers

Margaret Strath on January 20th – Happy Birthday – lovely to see you every Sunday.

Kerry Anne Kutz on January 24th – Happy Birthday – and do get rid of that awful cold.

Philip Prince on January 26th – Happy Birthday – would love to see you one of these Sundays.

Gaetane Parent on January 28th – Happy Birthday - lovely to see you recently.

Fred Cappuccino on January 28th – Happy Birthday and warmest wishes to you dear Fred.

Nathalie Hainaut on January 29th – Happy Birthday – so pleased you are giving a service in January.

FILMS AT POINTE CLAIRE LIBRARY – FREE

The Fabulous Four

(2024—99 min)

Directed by Jocelyn Moorhouse

Tuesday, January 14
1:30 p.m. (English)

A group of life-long friends travel to Key West, Florida, to be bridesmaids in the surprise wedding of their college girlfriend Marilyn. Over the course of one outrageous trip, sisterhoods are rekindled, the past resurfaces, and there are enough sparks, raunch, and romance to change all their lives in unexpected ways.



The Bikeriders

(2024—116 min)

Directed by Jeff Nichols

Tuesday, January 28
1:30 p.m. (English)

After a chance encounter at a local bar, strong-willed Kathy is inextricably drawn to Benny, the newest member of Midwestern motorcycle club, the Vandals. Much like the country around it, the club begins to evolve, transforming from a gathering place for local outsiders into a dangerous underworld of violence, forcing Benny to choose between Kathy and his loyalty to the club.

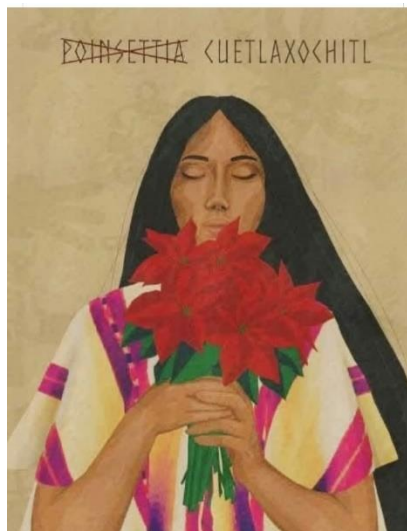


Need a reminder?

Visit the library blog:

pcplblog.wordpress.com

THE CHRISTMAS PLANT



In the original Nahuatl (the native language of the Mexica and other tribes) the name for the plant we call "poinsettia" is Cuetlaxochitl, pronounced as "kwet-la-sho-sheel", and was cultivated by the Mexica long before the European colonization of the continent.

The Mexica used the cuetlaxochitl for a variety of purposes, including decoration and the production of red and purple dyes, as well as for medicines derived from the plant's milky white sap.

Wild cuetlaxochitl in western Mexico come into full bloom by December and the timing of this annual bloom began the plant's long association with the Christmas season during the 16th century when missionaries spread Catholicism throughout the Indigenous communities. In the southwestern city of Taxco, Franciscan friars started using the plant to decorate nativity scenes.

Local legend tells of a young girl named Pepita, on her way to church on the day before Christmas. Having forgotten an offering, she gathered a very humble bouquet of roadside weeds to offer. When she placed the bouquet at the base of the altar, the weeds burst into the blooms of the cuetlaxochitl.

The plant came to be called "La Flor de la Noche Buena" and/or quite simply, "The Christmas Plant." In 1828, the cuetlaxochitl was brought to the US by Joel Poinsett, US Ambassador to Mexico. Less than a decade later, the cuetlaxochitl came to be known as the "poinsettia".

Poinsett is celebrated for introducing the "poinsettia", but his legacy as a slave owner and his role in the displacement of countless Natives, has led some people today to reject the name "poinsettia" in favor of the plant's original Native name, Cuetlaxochitl.

🦋 🌿 🦋 – *suggested by Sari*

NOTICED IN THE POINTE CLAIRE ON-LINE NEWSLETTER

Sheila noticed this is the on-line Pointe Claire newsletter:

Here is a nod to LUC (as it was known in 1975) regarding the establishment of the West Island Women's Centre - worth sharing in the next LUUC newsletter perhaps. Page 9.

<https://issuu.com/pcrecord/docs/2024-12-pcr-f/3>



The CUC Holiday Cookbook: A Complete Collection!

The CUC Holiday Cookbook is your go-to guide for festive magic this season! Packed with recipes from CUC Staff that bring joy, tradition, and delicious flavours to your table, it has something for everyone. Here's a taste of what's inside:

[DOWNLOAD THE COOKBOOK HERE](#)

- Start with cozy comfort foods and seasonal favourites—perfect for warming hearts and bellies.
- Indulge in more holiday joy with sweet delights and savoury bites crafted to add cheer to your celebrations.
- Explore cherished family classics alongside creative new dishes to make your gatherings memorable.
- Wrap it up with showstopping recipes and hearty creations that will complete your holiday table in style.

Whether you're a seasoned chef or just stepping into the kitchen, this cookbook inspires you to make your holiday season unforgettable.

Let's come together with full hearts and even fuller plates! 🍽️❄️

[DOWNLOAD THE COOKBOOK HERE](#)

[Support the work of the CUC and donate now for a 2024 tax receipt!](#)

WELCOME TO LAKESHORE

5065 Sherbrooke Street, Lachine, Qc. H8T 1H9 (514) 637-6974

MINISTER EMERITUS: Rev. Fred Cappuccino 613-527-2829

BOARD MEMBERS:

PRESIDENT:	Sheila Laursen	514-697-4195
VICE PRESIDENT:	Gary Spiller	514-697-6257
TREASURER:	Susan Czarnocki	514-773-1117
SECRETARY:	Heather Falconer (interim)	514-505-4206
DIRECTOR A:	Nancy Schmidt	514-626-0826
DIRECTOR B:	Paul Sullivan	514-457-1793

S.E. FACILITATOR: Christina Koulouris

LAY CHAPLAINS: Kerry-Anne Kutz 514-758-3641
Paul Sullivan 514-457-1793

OFFICE & ONLINE ADMINISTRATOR: 514-637-6974

Lakeshoreluuc@gmail.com

NEWSLETTER EDITOR/ Heather Falconer 514-505-4206

ILLUSTRATION ARTIST: miss.heather.falconer@gmail.com

NEWSLETTER DEADLINE: **JANUARY 24TH 2025**

OUR WEB-SITE: LUUC.org

HAPPY NEW YEAR LUUCERS

