

LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION
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SEPTEMBER 2024 NEWSLETTER

SEPTEMBER - BEGINNING THE SEASON OF CHANGE

*"O sweet September, thy first breezes bring
 The dry leaf's rustle and the squirrel's laughter,
 The cool fresh air whence health and vigour spring
 And promise of exceeding joy hereafter."*

~ George Arnold

August - usually a month for rest and relaxation, this year brought with it days of extremes.....from stifling heat waves to raging rain storms.

For many, the heavy rainfalls left them with flooded basements, uprooted lives, piles of furniture, wall board and precious items piled on their yards waiting for the garbage - and difficult discussions with insurance representatives and construction companies.

We used to dread September's arrival - bringing a return to school and/or work, the leaves changing colour before carpeting the ground, and cooler days and colder nights necessitating warmer clothing and bed coverings.

It also brings us back together, as a congregation, to our Lachine "home" and our hybrid gatherings on Sundays - with all the challenges and joys that entails.

Our Sunday Services planning team have worked throughout the summer, and are hoping that you will participate in, and appreciate, the variety of services that they have arranged and that await you this September.

"September is the other January."

This quote by Gretchen Rubin brings me hope, as I choose to take it in a positive light. This is another time of the year for new “beginnings” - to move from the difficulties of the past, to a fresh new year. I hope that comes true for all of us.

The UUA President, Rev. Dr. Sofia Betancourt, offers these thoughts:

“At this time of ingathering and beginning again, this time of renewal, our call is not to do more things. It is instead to be together to make a commitment to our communities. The simple act of joining together in community is a significant expression of faithfulness in such divided times, and it lies at the heart of how we practice our Unitarian Universalism.”

Welcome back to our Lakeshore Unitarian Universalist Congregation!

~ Sheila Laursen

SUNDAY SERVICES AND CAFES THIS FALL

We have an amazing line-up of speakers and cafés this fall, and we warmly encourage you to join us – either in person or on Zoom! We’re excited and energized because this year our goal is to BUILD on the impressive increase in attendees we achieved last year. As always, this will be a team effort.

Please encourage anyone who might be uplifted and nourished by our offerings to sign up for our weekly email bulletin, if they haven’t done so already, so they can stay up to date! And don’t hesitate to give us ideas for speakers and feedback on our offerings.

Note: people who aren’t already on our LUUC weekly email bulletin mailing list can automatically sign up on the LUUC website’s Contact page (under the subtitle Bulletin) at: <https://luuc.org/about-us/contact/> OR they can contact Nancy Schmidt at pquill@bell.net and she will gladly add them to the list.

And be on the lookout for our new LUUC brochure this fall: you’ll see it as you enter LUUC for services and café. More to come about that in the next newsletter.

~ Nancy Schmidt and Paul Sullivan



This beautiful shot is by **Selina**

September 8, 2024 - 10:30 a.m.
Sharing and Caring
Hybrid Service

Welcome Back!

It's the start of a new year at LUUC – let's gather our ideas about how to spark commitment and get people involved. We'll take some time to get to know each other better and talk about our ideas and aspirations. But the central notion of our Unitarian covenant is doing, not just talking.

We also invite your presence to help us celebrate the arrival of Laila, Enjila and Dawood who fled Afghanistan from the Taliban. They were dependent on support from us for 3 1/2 years while taking refuge in Pakistan as sponsorship applications were processed. And now they are here in Montreal. It is an amazing story.

Bring notes of your thoughts or email them to: lakeshoreluuc@gmail.com We'll set up a circle of chairs in the Hall, broadcast over Zoom -- and share ideas.

Service Leader - Susan Czarnocki
Musician - Kerry-Anne Kutz
Greeters - Sari Kelen & Jane Edwards
Refreshments - Nancy Schmidt, Carlos O.
Technician - Oddbjorn Taraldsvik
Zoom Host - Gabor Matyas or Michael Rooker

September 15, 2024 - 10:30 a.m.
Movers & Shakers
Hybrid Service

"But Now I See"
The Story of Amazing Grace
Rob Lutes



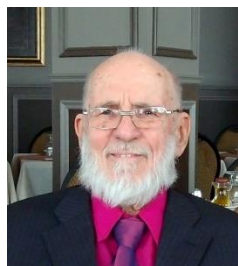
Rob will tell the story of Amazing Grace, one of the world's best-known songs. He will look at the difficult but ultimately redemptive story of its writer, its role in 19th century America, and the reasons for its enduring popularity.

Service Leader - Gary Spiller
Musician - Kerry-Anne Kutz
Greeters - Chris Bassett & Nancy Schmidt
Refreshments - Heather Falconer & Nancy Schmidt
Technician - Oddbjorn Taraldsvik
Zoom Host - Gabor Matyas or Michael Rooker

September 22, 2024 - 10:30 a.m.
Healthy Body & Spirit
Hybrid Service

Lesser Miracles and Greater Miracles

Rev. Fred Cappuccino



Some miracles exist in all religions and are insignificant. Fred will elucidate on his idea of the greater miracles.

Rev. Fred Cappuccino is Lakeshore Unitarian Universalist Congregation's Minister Emeritus - from first serving us in the 1970s. Now that he is 98 and retired, we are delighted that Fred wants to share his thoughts, his wit, wisdom and maybe, his great singing voice with us all.

Service Leader - Sheila Laursen

Musician - Kerry-Anne Kutz

Greeters - Sari Kelen & Sara Kreps

Refreshments - Jose Van Amerongen, Nancy Schmidt & Potluck team

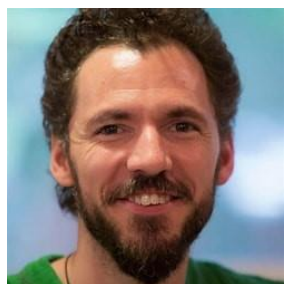
Technician - Oddbjorn Taraldsvik

Zoom Host - Gabor Matyas or Michael Rooker

**** A POTLUCK LUNCHEON WILL FOLLOW THIS SERVICE SO WE CAN ENJOY FRED & BONNIE'S COMPANY. PLEASE BRING A VEGETARIAN DISH TO SHARE.**

September 29, 2025 - 10:30 a.m.
Music, Croissants and Café

LUUC Sunday Café
Craig Girardin



"A multi-instrumentalist by trade (percussions, guitar, vocals, etc.), Craig Girardin hones a vast repertoire of traditional musique styles across the globe. With a long-running expertise in American Pop music styles (Blue, Gospel, Pop, and Reggae), Girardin further expanded his expertise across continents, mastering styles found in North and West Africa, Australia, and Western, Eastern and Central Europe, as well as touring within Canada with band Ümanz.

His passion for classic percussions taking shape during his most formative years, Girardin is self-taught and continues to absorb and master new repertoires of traditional styles of music, playing on a multitude of different percussion instruments. His passion is greatly felt in his teaching, inspiring his students one beat at a time.

All are welcome at his percussion workshop. Whether trying djembe, dounoun or conga for the first time (or bringing your own instrument), Girardin will surely get you in the groove with bright, colourful songs that are wonderful for all ages!

Host - Kerry-Anne Kutz

Table Greeter - Nancy Schmidt

Kitchen - Sari Kelen & Christopher Thomson

Technician - Oddbjorn Taraldsvik

NOTES FROM THE PRESIDENT



August brought not only wild weather, but also complex discussions and difficult decisions for our LUUC Board of Directors.

The Administrative Services role has changed dramatically since our pre-pandemic days. Since the job description for this important support position was sadly out of date, the Board committed to update that description and the role for accuracy. This would recognize and clarify the tasks, time and skills needed for that role to expand our outreach in order to achieve growth in attendance and membership, as well as to manage regular office duties as well as the management of hybrid Sunday services.

That review and revision was done this summer, and by early August, the Board had a draft proposal of a relevant and more accurate job description for that important and key support role for our congregation for its deliberation and approval. The intention of the Board had been to have a job description ready to disseminate publicly in August, inviting those qualified and interested to reply with their application.

Selina Rooker was an active participant in the review and revision of the job description and expressed her desire to be contracted to fill that role from September 1, 2024 to June 30, 2025 before the proposed job description and contract had come before the Board for official review and approval.

While the Board recognizes and is deeply grateful for Selina's efforts and dedication over the past year in the position of Office and Online Administrator, we also knew of her struggles with the many technological changes, demands and challenges of LUUC'S Communications and Outreach Plan.

At its August 9 Board meeting, the five members present (**Milda** was in Germany and not available) decided to not offer the position automatically to Selina, but to post the job publicly as had originally been planned.

~ **Sheila Laursen**



Do look at these beautiful lisianthus – **Sari** treated herself to a bunch of these delicate flowers.

MAUD HAD A BIRTHDAY – AND IS BEAUTIFUL AT 102!



Maud's daughter Kim wrote: "It was a nice turnout. My Mum saw some old faces and friends she hadn't seen in a long while. There was great entertainment: **Dori** was playing the piano, old show tunes and everyone sang along. We took photos of her in front of huge silver balloons that showed her age - 102!"

Thank you to all who participated in bringing food. It was enjoyed by everyone! It wouldn't have been a party without a cake, we were all able to partake in a happy birthday party.

Maud was overwhelmed by the generosity and love shown by all. Thank you, everyone,
~ **Kim**

for sharing her special day with her."

Sari wrote: A couple of days after the party, Maud called to say that she appreciated seeing everyone and enjoyed herself tremendously. She effusively thanked me for organizing the party. "Kim was a big part of it, too, of course", I replied. For me, it was an honour and a pleasure. She misses our community very much, and remembers old friends who are no longer with us.



Maud looking absolutely beautiful in top pic at 102 with **Jose and Indigo**.

Bottom l-r: **Nancy S, Jose, Susan Cz, Nancy G., Sari, Maud, Paul and Constance** in front row and **Kim, Dori, Sheila, Susan H. and Gary** at the back. ~ **Photos from Sari**.

LUUC SPIRITUAL EXPLORATION 2024-5

Every Month a Special Theme: Tell Your Friends!

This year at LUUC there'll be different activities every week, based on a monthly theme. We have great staff and our 8 UU Children's Principles at the heart of each class. Tell your friends and neighbours. It's free, positive, fun and always ends with refreshments! –

~

~ **(LUUC Gary Spiller, Nancy Schmidt (LUUC SE Board Reps)**

Our amazing Spiritual Exploration Teachers: **Christina Koulouris** and **Chiara Ciccotosto-Pawsey**.



The SE Themes for 2024-5 are:

- | | |
|------------------------------|--------------------------|
| 1. September: Friendship | 6. February: Love |
| 2. October: What is Fashion? | 7. March: Music |
| 3. November: Family | 8. April: Animals |
| 4. December: Holidays | 9. May: Nature |
| 5. January: Resolutions | 10. June: Sharing/Giving |

Our Spiritual Education Program starts at 10:30 a.m. on Sundays at LUUC

Note: For the Sept. 8, service, children and youth are warmly invited to join the adults for our Welcome Back Service in the hall. The LUUC's Spiritual Exploration program will begin on Sept. 15.

- Sept. 15

Icebreakers!

Our first Spiritual Exploration Day of the new year! Games and stories. Get ready to move! UU Principle #8: We work to build a loving community that treats everyone fairly, whatever their appearance or group. Note: Bread and Beyond sandwich-making for kids, parents and youth will take place after the class.

- Sept. 22

Sharing Day! Help the charity Bread and Beyond by bringing items for people who are in need (we'll post a list on our website and Facebook and Instagram pages). YOU can

make a difference! We'll do helping projects. UU Principle #6: We work for peace and justice.

- Sept. 29

Bring a Friend Day!

You're invited to a PERCUSSION Café! Great treats and learn to play all kinds of percussion instruments. Bring your friends! Professional percussionist: Craig Girardin. If you like to drum, be there! UU Principle #1: Each and every person is important.

Note: Bread and Beyond sandwich-making for kids, parents and youth will take place after the class.

The 8 Principles for Children



Lakeshore Unitarian

CHILDREN'S ACTIVITIES



We are planning a Bread and Beyond sandwich making activity on September 29th and once per month afterwards.
~ Gary

LET'S GIVE NICK A HELPING HAND



One of our new young LUUC members, **Nicholas Gavin Rocheleau**, has had a rough August.

Salongo (www.salongo.ca), Nick's hair salon in Vaudreuil was flooded. To add to the problem, Nick also sprained his wrist.

For those who don't know, Nick is both a hair salon owner and a real estate broker with Keller Williams Urbain.

Please mark your calendar and go and support Nick at the **Salongo Grand Reopening, September 14, 2024!** Location: **201**

St. Charles Ave., Vaudreuil.

Nick says: "We would really love it if members could support us by stopping by and enjoying a drink or hot beverage on us! After Hurricane Debbie, we will be back bigger and better than before. Now located in the unit at 201 St. Charles Ave. in Vaudreuil; we invite all those interested to come by and have your hair done during the day and enjoy some wine and snacks, as well as our new and improved retail space where you will have major selection of professional hair products for you to choose from! Or come by and enjoy a relaxed evening with us from 6pm until 9pm where we can sit down and enjoy our new space together! Invite everyone you know!

From the flooding a few weeks ago, like many others, me and my colleagues lost almost everything in terms of equipment and products. Thankfully, we are insured however, the payout is taking some time and the rebuilding of the salon must move on regardless of time frame. Any word of encouragement or show of support would be gladly welcomed.

MORE FLOODING FROM DEBBIE



We had torrential rain in August – resulting in many a flooded basement, as witnessed by all the garbage out on the roadside recently.

Carol Rowan's house in Beaconsfield narrowly escaped flooding due to her family's swift action – but her garden was a lake and her street (pictured on the left) was a river.

~ Photo by Carol

SUSAN'S B.B.Q.

Thanks to **Susan Czarnocki**, whose backyard was a welcome oasis on August 19 for an evening of sharing food and friendship. As usual, at **Susan's** everything was laid back, the food great and camaraderie reigned! Those who attended were delighted to see **Isabella and Olivia Gavanski** there, and to catch up on the lives of these two wonderful young adults! **Phil Prince** also put in a surprise appearance ... hope to see you folks more often in the future.



Susan, Olivia, Bella and partner Matthew



Sari and Susan showing off their T-shirts



Gary after the flood



Phil smiling between Indigo and Jose

~ photos by Sari

Thank you, for taking me to the Van Gogh Museum in Amsterdam. I had trouble getting home because I didn't have de Monet to pay for de Gas to make de Van Go 🌷❤️🌷

THE ARRIVAL OF THE 3 AFGHAN SIBLINGS!

Here are a couple of the photos taken on Thursday August 8 of the arrival of Laila, Enjila and Dawood in Montreal - and into the waiting arms of their big sister Shahla, her husband Malwand and their 4 children.....and some of their many supporters and sponsors.

It was a joyous and tearful event - which ended by us singing "O Canada" loud and proud in the terminal!

Below: The 3 Afghani siblings (Dawood, Enjila and Laila) with Moya Whitley of MP Francis Scarpaleggia's office and Angela Tessier of the Unitarian Church of Montreal.



They are an amazing, resilient, intelligent and loving family! What an honour for us to meet them, and along with their sister Shahla, her husband Maiwand and their children, do our part to support their integration. Laila and Enjila speak excellent English. Dawood has more challenges with the language, but he perseveres very seriously. We hope that all three will begin Francization classes at the end of September.

With thanks to everyone's whose solid support over these past 3 years kept them relatively safe, housed and fed in Pakistan while the sponsorship applications submitted by the Unitarian Church of Montreal were slowly processed. Without our combined contributions and determination regarding their well-being, this happy arrival in Canada would not have been possible.

Thanks also to everyone who contributed items, they were able to move into an apartment across from their sister's building, fully furnished, with beds made, curtains hung, and cupboards filled with bedding, dishes, pots and pans, and a stock of food.

You will all be invited to their Welcoming Party - we will let you know when that will take place.
~ **Sheila Laursen**

CAN YOU HELP?

The Afghan siblings we have helped to bring to Montreal are in need of 2 household items we had not found for their apartment.

One is a **pressure cooker**, and the other is a **vacuum cleaner**.

If you can offer one, or know someone who can, please let me know. **Sheila Laursen**
514-697-4195

OF INTEREST TO LUUCERS

We all remember **Ade** – the Black Santa from BUC. He tells us that CBC gave him an award as **2024 Black Changemaker?** For more information click:

<https://www.cbc.ca/amp/1.7209836>. And as well as all that, he is now a student minister at Riverside United Church! A "mover and shaker" indeed!

ALSO; This article by Harvey Shepherd was in the Montreal Gazette recently - a lovely homage to **Rev. Diane Rollert**.

<https://www.pressreader.com/canada/montreal-gazette/20240706/281689735021798>

~

~ **Sheila**

FUN AND GAMES AT KERRY-ANNE & MICHAEL'S COTTAGE



That's one impressive looking cake - Birthday girl, **Susan Czarnocki** about to enjoy her beautiful and scrumptious birthday cake.

Many thanks to **Kerry-Anne Kutz and Michael Cartile**, who offered to host two wonderful outings to their Lac MacDonald cottage - one for the members of our Lakeshore Community Choir, and the other for all LUUCers. Great conversations, plentiful food, good weather and warm hospitality greeted all who came. Seeing many hummingbirds at their feeder, watching loons swimming close to the shore, and spotting a deer browsing in the bushes near the cottage were extra bonuses!



Having fun at **Michael and Kerry-Anne's** cottage oasis: **Chris Bassett, Catherine Berardinucci, Gabriel Shaar, (seated), John Schmidt, Susan Czarnocki and Sheila Laursen**
~ *Photos by Nancy Schmid*

MARK YOUR CALENDARS NOW!



CHILD HAVEN FUNDRAISING TEA!
Saturday October 19 from 2- 4 p.m.
at the Unitarian Church of Montreal,
5035 de Maisonneuve West, Montreal, H4A 1Y5

For 30 years, Montreal UUs and friends have supported Child Haven International (<https://www.childhaven.ca/>), an international charity led by **Rev. Fred and Bonnie Cappuccino**.

This year's event will be an Afternoon Tea, with delicious sandwiches and sweet treats, and will feature a Silent Auction and Eastern Bazaar tables filled with exotic treasures from India, Nepal, Bangladesh and Tibet. We will learn more about this international charity's work with orphaned children in those countries and will have an opportunity to support their important humanitarian work.

For more information, please contact **Sheila Laursen** (514-697-4195 sheila.laursen@bell.net). If you can help support this event with baking squares and cookies, or setting up and assisting that day, please let Sheila know.

NEW HORIZONS FOR SENIORS PROGRAM COMMUNITY-BASED STREAM FOR 2024-2025

The community-based stream of the New Horizons for Seniors Program (NHSP) is a federal grant that supports community-based projects designed by seniors for seniors. This program funds projects that empower seniors in their communities and contribute to improving their health and well-being.

Starting August 1, 2024, organizations can apply for the grant until the application deadline on September 12, 2024, at 3:00PM EST. Further program information and eligibility criteria can be found at the link the [NHSP funding Page](#).

Sincerely,

A handwritten signature in blue ink, appearing to read 'Francis Scarpaleggia', followed by a long horizontal line.

Francis Scarpaleggia

CARING



Jose van Amerongen is the Care Person for September and October. You can reach her at 438-462-0305 or friedajose@gmail.com

The BBQ planned for August 24 at the home of **Nathalie Hainaut** and Terry Murphy had to be cancelled because of a family funeral. We send our thoughts and best wishes to their whole family during this sad time.



Congratulations to **Erin and Presely** on the birth of their son **Xanda** born on July 26th.

He's doing well, is a good baby for his Mum and the favourite of Little Miss Maggie.

Proud grand-parents are Christine and Paul - and Auntie Caitlin is thrilled too.



A very happy Birthday to **Bella Gavanski** on September 3rd. LUUCers were thrilled when she and **Olivia** attended **Susan Cz's** BBQ this summer. Bella has been keeping busy over the past year finishing up her Master's degree at McGill in Child Psychology. She finished her research thesis on the effects of mother's depression and anxiety while pregnant on their children's wellbeing, looking at potential biological pathways. She was accepted to the PhD program which she started this September. On the rare occasions that she finds herself with free time, she loves dancing salsa and bachata, and spending time with her family and friends.

Happy Birthday to **Brianne Amstutz** on September 7th and to **Cormac Lutes** on September 28th. We hope you enjoy your special day.

RIDE FOR REFUGE CAMPAIGN – SATURDAY 5 OCTOBER



the refugee and hosting process.

The UCM and Lakeshore UU Congregation as well as supporting United church partners were overjoyed to be able to bring this August Afghan refugees Laila, Enjila and Dawood Senkandari from Islamabad to a new home in Montréal. This is - by far - not the first time our churches have helped bring refugees to Québec. A vital part of the ecosystem of organizations that help and support refugees as well as host organizations is Action Réfugiés Montréal (ARM), a critical source of intelligence and guidance about

ARM has held for a number of years, as its sole public fundraiser, an annual bike- and walkathon. **Christopher Thomson**, a member of both Lakeshore and UCM, has for a few years now been organizing a small team to bike or walk in the Fall for the ARM campaign Ride for Refuge. Would you be interested in joining on bike or foot Christopher and **Sari Kelen** as a Member of Équipe / team Christopher et ami.e.s ? Or would you like to encourage one of the riders or walkers with a financial contribution? In either case, please go to this Quick link and join and / or contribute:

<https://ride.w-ith.me/Christopher> Our heartfelt thanks for any level of participation or support you can give.

- Christopher Thomson

TRIBUTE TO NEIL CHOTEM CONCERT



The tribute to Neil Chotem was a gorgeous concert held at LUUC on August 11th. Back in the 70's, for the progressive rock band, Harmonium, Neil Chotem wrote, arranged and conducted the orchestral score for their album L'Heptade"(1976), for which he received the Prix de la Guide from the Guilde des musiciens du Québec.

Neil Chotem's son, Tony Chotem, acted as MC for this beautiful tribute to his father. The ensemble consisted of Tony Chotem on guitar and guitar synthesizer, **Kerry-Anne Kutz** on vocals and percussion, two former collaborators of

Harmonium, Monique Fauteux on keyboards and vocals, and Louis Valois on bass and vocals.

I felt transported by the music and was delighted that each person in the ensemble had a special part, individually and blending together so wonderfully. I hope they can come back some day!

~ Sari

WE'VE MOVED!



Constance Belanger and I, **Heather Falconer** (pictured on left) moved into the Villa Beaurepaire Senior Residence in August. We haven't fully unpacked yet – but have been here long enough to know that we are going to enjoy ourselves. The food is good, the place is spotless, the grounds are picturesque, the people – residents as well as staff – are friendly and helpful – and we are happy.

I'm on the 2nd floor, and my view is known as *the forest* – I am high up in the beautiful maple trees, where the squirrels scamper, the birds sing and 3 cheeky little racoon cubs play hide and seek among the leaves. Constance views a cedar hedge near the garden area and also enjoys the antics of the squirrels, rabbits, birds and other local wild life. We are about a block and a half from the Lake, and a few steps away from Beaurepaire village. **Charlie and Little Beau** (our cats) sit on their window sills and wish.

~ ed

Please update our addresses in your new Directories:

Constance Belanger
Apt. 1, 23 Fieldfare Ave,
Beaconsfield, QC H9W 4W4.

Same phone number and e-mail

Heather Falconer
Apt. 211, 23 Fieldfare Ave,
Beaconsfield, QC H9W 4W4.
Phone 514-505-4206

Email address remains unchanged.

Also Erin Berry's phone number is 514-944-2974

A DORI STORY

Dori Abbott usually uses her credit card to operate the washing machine in her apartment block - but for some reason the card would not work.

So she called the janitor to help her. Being a practical man, he advised her to rub the card in her hair! She thought he was absolutely mad – but without any better ideas, she complied. – and low and behold – the card worked and she got on with her washing without further delay. Now two of Dori's grandchildren are bankers – so she relayed her experience to them. They had never heard of this method of making a bank/credit card work – but will now pass on this valuable information to their customers.

SENIORS ACTION QUEBEC'S UPCOMING 2024 WEBINARS (ON ZOOM)

1) Tuesday September 17, 2024 10:00 a.m. - noon

How to Navigate the Healthcare System: What is a CIUSS and its role? How do You Process a Complaint? How do You Find a Family Doctor?

This webinar is for anyone who is struggling with navigating the healthcare system and who wants to be better informed on how to tackle tricky bureaucratic tasks.

Topics will include: steps on how to find a family doctor; different healthcare options that are available to the public, such as **811** and **Guichet d'accès premier ligne**; tips on how your medical records are stored within the healthcare system and information and steps on how best to file an official complaint with a healthcare provider.

Presenters:

Mr. Emmanuel Morin MSc: Commissaire aux plaintes a la qualité CIUSSS de l'Ouest-de-l'Île-de-Montréal

Ms. Farad Joachim BSc N.: Cheffe première ligne CIUSSS de l'Ouest-de-l'Île-de-Montréal

2) Tuesday October 15, 2024 - 10:00 a.m. - noon

Cancelling Your Lease Due to Special Needs: Understanding Your Rights and Obligations

Are you someone who has special needs and is having issues with your rental apartment? This webinar will tackle this complex issue, by providing information on what medical ailments qualify as special needs, what are the steps and documentation required to prove this, what are tenant responsibilities versus landlord rights, and the rules relating to visitors and access to apartments.

Presenter: Mr. Richard Goldman, Lawyer and Plain Language Specialist with Éducaloi

3) Tuesday, November 19, 2024 - 10:00 a.m. - noon

Bill 25: Protecting Your Personal Information - The Impact on Not-for-Profits and the Legal Implications

The Quebec government adopted Bill-25 *An Act to modernize legislative provisions as regards the protection of personal information* on September 21, 2021.

Since then, many questions have been raised on steps that not-for-profit organizations and community groups need to take to implement this new law. This webinar will aim to provide all the appropriate information on this topic to aid groups understand the steps to

Presenters:

Marlo Turner Ritchie: Founder and Primary Consultant, Social Impact Consulting Maitre Michael Bergman of Bergman Lawyers

Maitre Michael Bergman, of Bergman Lawyers

4) Tuesday December 10, 2024 - 10:00 a.m. - noon

Legal Aid: Understanding Who Qualifies and the Process

Have you ever wondered what the term legal aid really means? Then this is the webinar for you. Information will be provided on what are the criteria for eligibility, services that are and not covered by legal aid, the layout of the legal aid network in the province and other alternative legal services.

Presenter:

Maître Salomé Dufour-Simard. Lawyer with Services juridiques communautaires de Pointe-Saint-Charles et Petite-Bourgogne

To register, please email Ruth Pelletier (ruthkathleenpelletier@gmail.com) with the date of the webinar(s) you wish to attend by Zoom. Please include a phone number where she can reach you. Ruth will take registration now for all the ones you wish to attend. The Zoom link will only be sent the day before each webinar.

NANCY DOES HER THING



The very photogenic **Nancy Graham**, is a long-time member of LUUC. She always reminds me of that old Frank Sinatra song, “Nancy With the Smiling Face” – I think that description applies to our Nancy G.

Her daughter **Milda** reports that Nancy knitted a baby blanket and donated it to the Dorval Mosque.

She’s pictured here with Mr. Mehmet, Director of the Mosque.

~ photo by Milda

A rare worn down pencil, belonging to William Shakespeare has been unearthed in Stratford-upon-Avon, England. Experts are not sure if the pencil is 2B or not 2B.

NEWS ABOUT NEW DIRECTIONS FOR CUC YOUTH & YOUNG ADULT STAFF TEAM



Casey Stainsby-Thorne was our wonderful RE Coordinator at LUUC when she was a Concordia University student. Most recently, Casey was the Youth and Young Adult Program Manager for the Canadian Unitarian Council. In its August newsletter, the CUC announced; “Casey will be transitioning into being a full-time student. She has been working on a Masters in Divinity part-time for three years now, and is ready to pick up the pace of her studies! This is all with the goal of becoming an ordained Unitarian Universalist minister. Casey will be wrapping up her CUC role before the end of August.”



Rev Danie Webber had served for three years as the CUC's Youth and Young Adult Ministry Specialist. She has now been called as the settled minister for the First Unitarian Church of Hamilton.

Farewell & Appreciation for Casey and Danie - You are invited!

The CUC Staff Team invites all of you to help us celebrate Casey and Danie, and share some stories about their impact on their CUC roles and to offer our appreciation.

Join us on [Zoom](#) Thursday, September 19 at 7:00 pm ET as we celebrate these Youth and Young Adult leaders. Please register [here](#), and sign the cards for [Danie](#) and [Casey](#).

YOGA IN THE PARK



This photo was taken by the waterfront on the last day of Yoga before the summer break.

Back row: **Peter**, (Elizabeth's son), **Nancy G**, and two friends Andrea and Marilyne. Front row, **Elizabeth**, **Usha** and **Milda**.

For information on the fall session of Yoga, contact Milda at:

sanskritsoccermom@gmail.com

Canadian Unitarian Council Congregational Conversations Fall Schedule - All fall Conversations will be at 1:00 pm ET

- **Sat Sept. 14 or Wed Sept 18 – Emerging Needs (repeat session – pick 1)**
Join us for a conversation about your needs: What's going on for you right now and what do you most want to connect around this fall?
- **Fri Oct. 25 – Pastoral Care for Lay Led Congregations**
Open to everyone, this session will focus specifically on the unique challenges of pastoral care when there is not full-time professional ministry available. What are your strengths? What help do you need? Where can help be found? What creative options have you tried?
- **Wed Oct. 30 – Topic to be determined following September sessions**
(watch the eNews and registration page for updates)
- **Wed Nov. 20 – Communications Needs & Resources**
Communication tools can help your congregation to build community, be more visible in the wider community, and make a difference in the lives of others. What's working, what's challenging, and where can you find help?
- **Sat Nov. 23 – Topic to be determined following September sessions**
(watch the eNews and registration page for updates)
- **Wed Dec. 4 – Challenges of Being a Congregational Leader**
The more you do, the more complicated your congregational experience and relationships can become – and we don't always notice it happening until it becomes a problem. Join us for a conversation about some of the unique challenges of congregational leadership.
- **Sat Dec. 7 – Topic to be determined following September sessions**
(watch the eNews and registration page for updates)

[Register Here](#)

Église Merging Waters

Vente de plantes d'intérieur



House Plant Sale

samedi 7 septembre @10h00 – 14h00

sur la pelouse/on the lawn

24 avenue Maple

Ste-Anne-de-Bellevue

Boutique 24 will be open!

ON THE GO AND NEED TO KNOW



PARIS – golden girl – Summer McIntosh did Canada proud – 3 golds and 1 silver at the Paris Olympics and world records for her swimming. All our athletes did well – I particularly enjoyed seeing the men's 100 x 4 relay win their gold medals: the Canadian quartet of **Aaron Brown, Jerome Blake, Brendon Rodney** and **Andre De Grasse** have once again established themselves as Olympic Champions – a very popular win among the Paris crowd.



LUXEMBOURG – Innovative - Public transport is a fast, clean and **free** way of getting about in Luxembourg. Yes, you heard it right: it's free! Since 2020, all modes of public transport - buses, trains and the tram - have been free of charge throughout Luxembourg. And with a network that is constantly adapting to the passengers' needs and the addition of the tram, this form of transport is increasingly popular with residents and visitors alike.



ANKARA, TURKEY – reclaim - recycle and reuse - This well stocked library of 6,000 volumes is housed in a previously vacant brick factory - an ideal place for a library with its long corridors. The books, covering a huge variety of subjects, have been retrieved from the garbage by the sanitation workers of Ankara, Turkey. At first the library was for the sanitation workers' use only, but as of September last year, it became a public library. How's that for first class recycling!



LONDON – much mystery - Have you heard of Banksy – the British graffiti artist who plasters vacant walls/satellite dishes etc. with his distinctive style of street art? Nobody seems to know who he is – and no one actually sees him – as he does his art work during the night. Recently new pictures appeared seven days in a row in seven different locations around London – all of animals. The translucent piranhas swimming around an old police sentry box (very cheeky!) form the seventh piece in a surprise animal-themed art series. This one is unusual in that it is coloured - Banksy's images are often black and white stencils. The police emergency sentry box has been taken away by council officials to a safe

location, amid fears that it could otherwise be stolen.

~ ed

WELCOME TO LAKESHORE

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OUR WEB-SITE: LUUC.org

The Lakota shaman Black Elk once said, "We don't have to heal the Earth, she can heal herself. All we have to do is stop making her sick." To this simple truth I would add that the Earth can heal us too.

- Eliot Cowan -

