

**LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION**  
**5065 Sherbrooke Street,**  
**Lachine, QC. H8T 1H9**  
**514 - 637- 6974**



## **MARCH 2024 NEWSLETTER**

**AS WE COME MARCHING, MARCHING.....**One of our favourite hymns is #109 with this title and it sums up pretty well how we are faring these days. We are dealing with horrendous news daily on the costly results of war - on lives lost, on physical and mental injuries that will last a lifetime, and on the growing horrors of desperate people fleeing famine, floods, poverty, oppression and war. Around the world, people are marching....some to fight, and others to flee.

The second verse expresses some of the angst we feel in these troubled times:

As we come marching, marching,  
 we battle too for men,  
 for they are women's children,  
 and we mother them again.  
 Our lives shall not be sweated  
 from birth until life closes:  
 hearts starve as well as bodies -  
 give us bread, but give us roses!

The month of March brings International Women's Day on the 8th (and an impressive list of other notable days - see page 14....) Women and men are marching around the world - not just on March 8. Around the world people are marching....to escape from death and destruction, to find food and safety for their children, to flee from war to somewhere that promises justice and human rights for all. It can be hard not to fall into despair with the arrival of the daily news.

To counteract those feelings, remembering the thoughtful words of two special women may bring hope and could serve to guide us.

*"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."*  
 ~ **Margaret Mead**

*“Alone we can do so little; together we can do so much.”*

*~ Helen Keller*

Our Sunday services this month will bring us perspectives from people committed to doing just that, as they are devoted to making a difference ....

*~ Sheila*

**March 3, 2024 - 10:30 a.m.**

***Hybrid service***

***Movers & Shakers***

**Education: Learning from the Past,  
Understanding the Present and  
Planning for the Future  
Jan Langelier**

**Learning from the Past:** I will share my experience as a teacher leader in the 1990s during the Estates General and Reform years and during the changeover from confessional to linguistic school boards.

**Understanding the Present:** I can speak about my more recent experience as the Executive Director of the Association of Administrators of English Schools of Quebec pertaining to the present-day situation in schools – particularly in the English school network.

**Planning for the Future:** I would like to turn things over to the group to participate in a discussion about where we see our school system going in the future and what can we do to influence that.

**Service Leader - Paul Sullivan**

**Musician- Kerry-Anne Kutz**

**Greeters: Chris Bassett & Catherine Berardinucci**

**Refreshments: Sari Kelen**

**Technician: to be determined**

**Zoom Host: Michael Rooker or Gabor Matyas**

**March 10, 2024 - 10:30 a.m.**

***Hybrid service***

***Our Planet, Our Lives***

**Let us respect all religions  
Sara Kreps**

**Sara Kreps** grew up in a household exposed to several religions including Christianity, Islam and Buddhism. She will speak about her spiritual development respecting all religions and the people that follow them. They have more in common than they have differences.

Sara is a school teacher in Montreal and has delivered lessons to young children on different faiths to teach them to respect all religions.

**Service Leader - Gary Spiller**

**Musician- Kerry-Anne Kutz**

**Greeters: Jose Van Amerongen & Sheila Laursen**

**Refreshments: Sari Kelen**

**Technician: to be determined**

**Zoom Host: Michael Rooker or Gabor Matyas**

**PUT YOUR CLOCKS FORWARD ONE HOUR – AND DON'T BE LATE  
FOR CHURCH!**

**March 17, 2024 - 10:30 a.m.**  
**Hybrid service**  
**Movers & Shakers**

**Health Partners International**  
**Raini Aquino**

Raini Aquino will speak about her challenges and joys of her role as Director of Programs at Health Partners International of Canada. LUUC has a longstanding connection with this organization. Find out how!

**Service Leader – Irene Hausknost**  
**Musician- Kerry-Anne Kutz**  
**Greeters: Jose & Sheila**  
**Refreshments: Sari Kelen**  
**Technician Oddbjorn Taraldsvik**  
**Zoom Host: Michael Rooker or Gabor Matyas**

**HAPPY ST. PATRICK'S DAY!**

**March 24, 2024 - 10:30 a.m.** **Sunday Café**  
**Female Vocal Quartet Musaique & singer/songwriter Vivian Kaloxilos**

MUSAÏQUE is a new female vocal quartet featuring some of Quebec's finest singers - Monique Fauteux, singer and pianist with the iconic Quebec band Harmonium, Julie Leblanc and Catherine Léveillé who have sung with Céline Dion, and **Kerry-Anne Kutz** who was a featured soloist with the Royal Canadian Mounted Police Band.

MUSAÏQUE presents their first public performance today featuring four wonderful Québécois and Canadian songs including Both Sides Now by Joni Mitchell and Something To Talk About by Shirley Eikhard.

VIVIAN KALOXILOS, a singer/songwriter/guitarist, will present her thought-provoking songs centering on philosophy, the care of our Earth and caring for each other. Vivian has a background in environmental science and is the founder of DocTerre, which is teaching farmers across North America to farm without harmful chemicals.

**Host- Kerry-Anne Kutz**  
**Greeters: Heather Falconer & Sari Kelen**  
**Technician: Oddbjorn Taraldsvik**  
**Zoom Host: Michael Rooker or Gabor Matyas**



**March 31, 2024 - 10:30 a.m.**

***Hybrid service***

**Healthy Body and Spirit**

**Pithy Words at Easter**

**Rev. Dr. Heather Fraser Fawcett**

As short as a couple of words, as long as a poem needs be, we are grasped by pithy words. They claim us, startle us, remind us. They take us deeper.

An example: "Each morning we must hold out the chalice of our being, to receive, to carry, and to give back."

You are invited to bring the chalice of your being to an Easter service. You can expect pithy words, warm hearts, silence, and celebration.

Rev. Dr. Heather Fraser Fawcett left her family's church in her late teens, studied Zen Buddhism and attained a degree in history and Canadian studies. After attending a Unitarian church in 1994, she went on to get a degree in Theology at McGill and served as a Hospital Chaplain. Rev. Heather is a UU Community Minister, affiliated with Lakeshore UU Congregation.

**Service Leader - Paul Sullivan**

**Musician- Kerry-Anne Kutz**

**Greeters: Mandy Brown, Heather Falconer**

**Refreshments: Sari Kelen & Sara Kreps**

**Technician: Oddbjorn Taraldsvik**

**Zoom Host: Michael Rooker or Gabor Matyas**

**HAPPY EASTER EVERYONE!**



### **KITCHEN ORIENTEERING OPPORTUNITY**

Sari says that from 10:00 am to 10:25 on Sundays - for anyone interested - **she** will be in the kitchen to show people where our UU things are kept.

If you wish to help with refreshments one day, this will be helpful too!

## **NOTES FROM THE PRESIDENT**



Your Board of Directors has been working hard for the past several months to “grow” our LUUC congregation in strength, stability and numbers! We have taken on many new initiatives this year to reach that goal, and while that showed we had much to learn and many challenges to overcome, it has also brought encouraging results.

**Oddbjorn and Paul** have worked together to update and improve our hybrid Sunday services with sound and video systems that bring the best possible reception to those attending our weekly services, whether in the church building or on Zoom.

**Nancy and Anik** have developed greater outreach of our programs and services, and have brought new people to our social media links and website with photos that bring a warm and welcoming feeling to our online presence. These actions have attracted new people to hear, and appreciate, our amazing array of Sunday presenters and musicians.

**Gary and Nancy** have tackled the challenges of supporting **Christina** in enticing families with children to participate in our Spiritual Exploration program. Beginning with an understanding of the 8 Unitarian Universalist principles, special activities have involved LUUCers of all ages, have strengthened our UU community with a social action focus that helps Montrealers experiencing homelessness.

**Susan** has worked closely with our book-keeper, **Darcy**, to ensure that the 2023 financial revenues and expenses are clearly recorded, and that people who made charitable donations to LUUC over the past year will receive their tax receipts in time. Our fundraising efforts have been successful too

**Milda and Selina** are a strong team, and work well together. This is good as they have taken on many tough challenges related to integrating new systems of outreach and communication to our members, friends, and to those who check us out online.

I have had the honour to work with **Kerry-Anne and Paul**, our Lay Chaplains, with **Heather F** regarding our wonderful newsletter, and Heather FF in preparing an introductory series on Unitarian Universalism and LUUC for those interested.

And of course, the Board does not work alone...

Members of our congregation are our backbone, our strength - and so, WE THANK:

- those who come early on Sundays to greet us warmly on entry, and to prepare the refreshments that follow each service (and then stay on to put everything back in place...), and those who do that online

- those who arrange and lead our services - contacting presenters, preparing the order of service and songs and setting up everything before the first attendee arrives... and putting everything away at the end of the service
- those who serve on our committees - Sunday Services, Social Action, Caring and Membership, Fundraising, Nominating, Fun and Frolic, Communications and Publicity, and of course, the Board!
- those whose professional skills support us in every aspect of our congregational life
- those who offer their time and energy setting up and putting away tables and chairs, baking and cooking for special events, raising funds, washing dishes, and a myriad of important tasks I have forgotten....

Pulling it all together can be a real challenge, but with all of us working together, we can look back on the first 9 months of our 2023-2024 church year with some pride, and look forward to the coming months with eager anticipation.

~ *Sheila Laursen*



### **IMPORTANT NOTICE**

For many years, the Unitarian Church of Montreal has had a resident protester with placards, a video camera and a loud voice on the sidewalk leading to their church as people arrive for Sunday services.

A Court judgement pronounced this week has ruled against this person and placed an Interlocutory Injunction judgement that forbids him to come within 300 metres of their church building effective as of February 22, 2024.

We are concerned that this person may now bring his protest to our Lakeshore UU Congregation in Lachine as the Injunction covers only his presence outside the Unitarian Church of Montreal.

If you see this protester when you arrive at our LUUC building in Lachine, we advise you to just walk past him and not respond to him before entering the building.

**If his behaviour makes you feel uncomfortable or unsafe, please ask to speak to one of the LUUC Board members when you come into the building. We will make out an Incident Report for follow up with the Police and the Court.**

We want you to feel welcomed at our LUUC space and need to know if you feel upset or insecure.

Thank you for your understanding,  
**Sheila Laursen, LUUC Board President**

## **ARE YOU CURIOUS ABOUT OUR LAKESHORE UU CONGREGATION?**

You are invited to join us .... **Wednesday March 6 at 7 p.m.** on Zoom  
For Lakeshore Unitarian Universalist Congregation - Our Story

Sheila Laursen, Heather Falconer and other LUUCers will share the story of our congregation's beginnings, its evolution and its history of social justice from 1953 - to today.

Questions and discussions always welcomed!

### **Join Zoom Meeting**

<https://zoom.us/j/96036087305?pwd=a01XRINSSnh6RXR4RnYrRkpVcDU2dz09>

Meeting ID: 960 3608 7305      Passcode: 222333

## **COMMUNICATIONS**

**Communications Update:** A BIG thank you to Anik Vigneault and Selina Ann Rooker, who worked incredibly hard to get our first LUUC email Bulletins out this month. **From now on, you'll receive a "This Week at LUUC" bulletin in your Inbox every Thursday!** It's an attractive summary of the coming Sunday's **speaker or café details that you can forward to family and friends. And please do!**

**Everything in one place:** at the top of the LUUC email Bulletin, you can click on the word **Website** to go to [luuc.org](http://luuc.org) for more information OR click on the word **Facebook** to go to our amazing LUUC Facebook page OR click on the word **Instagram** to see the latest Instagram post.

**Not Subscribed?:** If you are not receiving your weekly LUUC email Bulletin or know someone who wants to sign up for it, there is a **bulletin signup form on the Contact Us page on our website:** [Contact - Lakeshore Unitarian \(luuc.org\)](http://luuc.org). You can also email LUUC and request that you get the weekly bulletin emailed to you from now on.

**Important!:** The bulletin does NOT replace our beloved monthly newsletter; the bulletin is a weekly notice of what's coming up. Enjoy!

~ Nancy S.





## CARING



**Sheila Laursen** will be our Caring Person for March and April – you can contact her at **514-697-4195** or **sheila.laursen@bell.net**

The Ladies are moving! – **José van Amerongen** is moving at the beginning of March - There is no doubt that the residence will be livelier now that José is moving in. She is busy packing – but still manages to spend an hour with the Knit Chicks. José's new address is: 33 Maywood, Apt. 602, Pointe Claire. Qc.

H9R 6B9

**Hélène Cimon** has also decided to move into a residence in Pierrefonds, where she will receive more care. Helene has been unwell for sometime and unable to do the things she was once very capable of doing. Once an active member of the Knitting group, we have missed her of late – she also played the piano during church services when **Kerry-Anne** was away. Her repertoire included wonderful classical pieces - I particularly remember being enchanted when she played Debussy's Arabesque. Good luck to both **Hélène and José** as they embark on a new chapter in their lives. ~ ed



**Hélène and Toni** share a happy afternoon together

## IT'S GOLD FOR NOVA

The Magazine "Best of Montreal 2023" has awarded Thrift Shops for NOVA the GOLD Medal in the category Consignment/Thrift Shops in Montreal - see page 60 of the magazine.

<https://www.bestofmtl.com/2023-magazine.html>





## SUNDAY CAFÉ



February's Sunday Café was a lot of fun. Haitian musician Daniel Bellegarde bought a large array of drums for us to practice on. Sitting in a large semi-circle he taught us the beat of the Caribbean. He was a great teacher, as we all caught on quickly. This included everyone from young Noah to our octogenarians. He taught us how to vary the sound by tapping softly or banging loudly. **Gabriel** really enjoyed that.

The morning ended with a rowing drum solo by our guest musician, hot croissants, coffee and muffins served by **Christine W. and Erin**. Thanks to **Kerry-Anne** for inviting Daniel.

Whoever thought up these Sunday Cafes is a genius!  
~ ed



José and Sheila try their hands    Chris B., Gabriel and Toni having fun    Daniel



## **BREAD AND BEYOND**

We thank all students and parents who participated in the **LUUC Bread and Beyond** sandwich making for the homeless on February 11. Students from Maple Grove Elementary, Lakeside Academy and John Rennie High School helped us make close to 300 sandwiches. The event was a great success.

~ Gary



Gary with his many willing young helpers making the sandwiches

## **A VERY HAPPY ST. PATRICK'S DAY TO YOU ALL!**



Last year, **Selina** held an Irish bake sale and I bought **Sheila's** Irish stew and soda bread. It was delicious. I served it to my family – and received much credit until I admitted that the cooking was entirely Sheila's. This year, without the benefit of Sheila's wonderful culinary arts, I will have to produce much simpler Irish fare –

carrot soup  
baguette  
bangers and mash  
shamrock cookies and  
ice cream splashed with crème de menthe  
cheese  
Irish coffee

That's my 7-course meal.

~ ed





## A Very Happy Birthday to our March LUUCers

Eric Wilson on March 1<sup>st</sup> - nice to see you are the Café with Lise

Peter Abbott on March 3<sup>rd</sup> – have a lovely day with that family of yours

Henry Frost on March 4<sup>th</sup> – haven't seen you lately – Have a great day

Michael Cartile on March 6<sup>th</sup> – H.B. Michael, we so appreciate your  
Music

Milda Graham on March 15<sup>th</sup> – good luck with all those exams

Simone Lutes on March 27<sup>th</sup> – Happy Birthday Simone!

## SPRING FORWARD



**SPRING FORWARD:** I have changed all my clocks – but did it the wrong way!!!! – Do please get it right – you have to put your clocks on 1 hour on March 10<sup>th</sup>.

~ ed

## A VISIT FROM REV. FRED AND BONNIE



Bonnie and Fred with (l – r) Cormac, Rob, Little M, K-A. Clark and Annie Laurie .



Steve, Sari, (front) visitor, Christina and Mandy



Milda and Nancy



Paul, Susan H. Steve and Susan Cz.

## **MARCH 2024 - DAYS TO REMEMBER, AND TO ACT FOR CHANGE**

Wouldn't it be a great challenge for each of us to choose one or two - or a few - of these special days to become more aware and informed of the issues they highlight - and we each take a step or two - or more - towards acting for change on that issue?

- March 1 - Zero Discrimination Day
- March 3 - World Wildlife Day
- March 5 - International Day for Disarmament and Non-Proliferation Awareness
- March 8 - International Women's Day
- March 10 - International Day of Women Judges
- March 15 - International Day to Combat Islamophobia
- March 20 - International Happiness Day & French Language Day
- March 21 - International Day for the Elimination of Racial Discrimination (and World Poetry Day, and International Day of Forests...)
- March 22 - World Water Day
- March 23 - World Meteorological Day
- March 24 - International Day for the Right to the Truth concerning Gross Human Rights Violations and the Dignity of Victims
- March 25 - International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade
- March 30 - International Day of Zero Waste

We won't solve the problems that engulf our world - but we could each take a step towards Making a Difference!



The Lakeshore Light Opera is putting on **Gilbert and Sullivan's The Grand Duke**. There are five performances to choose from, all at Vanier College in Ville St-Laurent (metro Cote Vertu). **Free parking** available at the theatre: Please check out [www.llo.org](http://www.llo.org) for more details and to purchase tickets. All proceeds go to the Lakeshore Hospital.

**Performances: March 8, 9, 15 at 7:30 pm and March 10, 16.**



## **RSVP & COME RAISE A GLASS AT THE LAKESHORE U READ, WINE & CHEESE**



**When:** *Saturday nights of March 2<sup>nd</sup> & 16<sup>th</sup> from 8 - 10 PM at the church.*

**Who:** *You, that's who (a responsible, fun-loving adult)!*

**What:** *A responsible-drinkers' soiree that includes books, bread, wine & cheese!*

**Where:** *Sanctuary sitting circle of cozy armchairs and sofas.*

**Why:** *Get yourself out of the house during these "shut-in" winter months. Share a common love of reading, wine & cheese, and relaxed camaraderie. Expand your repertoire of the written word.*

**How it works:** *Lakeshore U Read, Wine & Cheese Night is part of a LUUC Fun & Frolic Committee activity that takes place bi-weekly on a Saturday night beginning at 8 PM.*

- No coffee or tea tonight! Folks bring their own favourite wine or sparkling cider (regular or low alcohol or non-alcoholic). Cheese will be available to share.
- Participants bring a book containing some of their favourite passages, with the purpose of sharing those words aloud to the group.
- Readers take turns of 5 to 10 minutes to orate their favourite book passages and to share the reason why these particular words resonate with them.
- Avid readers will enjoy being on the lookout for their next favourite book!
- If time allows, there will be a quiet "reading only" time to close up the get-together, when we can spread out on any of the comfy armchairs or sofas available at the back of the sanctuary. Wear your cozy cardi or bring a throw to keep yourself super-duper warm.

**BYOWine** *to enjoy with nibbles of cheese, grapes, baguette & crackers (or bring your own non-alcoholic wine, if preferred, or if driving). Carpool with a designated driver!*

**RSVP ONLY** – *Kindly reserve your spot with Selina by Friday, the day before the event,*  
at: [lakeshoreluuc@gmail.com](mailto:lakeshoreluuc@gmail.com)

## 2024 Festival de la Voix

March 20 - April 13, 2024

*Concerts, workshops, and more!*

The **2024 Festival de la Voix** is coming up, with an incredible program of concerts and workshops featuring renowned singers and musicians from a variety of styles and backgrounds

**For more info: 514-758-3641 – [www.festivaldelavoix.com](http://www.festivaldelavoix.com)**



### YOGA



Join **Usha and I** in the movement and stillness of yoga practice this winter. A seasonal time to go within after honoring the body's ongoing need to move no matter what the weather. For the next Saturdays we will be doing just that together on the 2nd floor as Usha guides us through postures, breath, sounds and meditative awareness.

**Saturday March 2nd at 4pm**

**Saturday March 9th at 4pm**

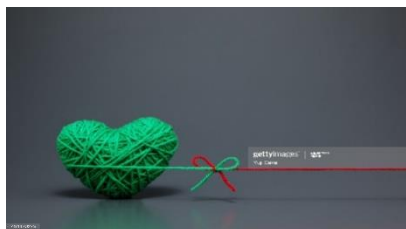
(with more to come)

Please be reminded you may go at your own pace if needed and/or accommodate physical limitations. Suggested contribution is \$50 for 6 sessions or pay as you go what you can. Any questions kindly reach out to me at [sanskritsoccermom@gmail.com](mailto:sanskritsoccermom@gmail.com).

***Namaste, Milda***



## THE KNIT CHICKS



The knitting goes on - members of the Knitting Group meet every Tuesday morning between 10:30 and 11:30 via zoom. A small, but friendly group, we always discuss the previous Sunday's service – and usually agree that we are stimulated by the services that offer such different topics and points of view. We also love the Sunday Cafes and marvel at the variety of musicians that **Kerry-Anne** produces each month. We applaud everyone on the Board and those connected with the services (service leaders, photographers) for working so hard to produce these quality services. This includes **Paul, Nancy S, Gary** – to name a few.

Oh yes, and we do some knitting too.

~ ed

## MICHAEL HAS A BIRTHDAY



Such a happy photo of **Michael** with **Lynette**, blowing out the candles on his blueberry heart-shaped birthday cake she made for him.

Lynette prepared a menu of pumpkin and split pea soup, Cambodian shrimp, spare ribs and Vietnamese chicken, as part of the main dish; two heart shaped blueberry cakes and an Hawaiian banana bread were served for dessert.

A happy evening was spent at home with friends, enjoying the feast that Lynette had prepared and celebrating Michael's Birthday.



**book-clipse** (bōō klips') *n*: a phenomenon in which a book is so engrossing that it completely obscures one's perception of time

definition culled from *Powell's Compendium of Readerly Terms*

## **FRANK GREENE**



Long-time members of LUUC will be saddened to know that that Frank Greene died on Saturday, February 3, at the age of 90.

Rev. Diane Rollert says, "Frank was an incredible pillar of MUC, having served as president and in many other roles. He was a celebrated educator who founded the McGill Reading Centre in 1970 and was recognized for his contributions to literacy and reading education. In 2022, the Quebec minister of education awarded him the Order of Excellence in Education for his groundbreaking work at McGill."

He leaves his wife, Carol of 67 years, his children, grand-children and great grand-children to mourn him.

He was also a friend of LUUC when he lived in Beaconsfield. Several year ago, I held a monthly mini-baking boutique - and to my surprise Frank arrived with several home-made loaves each month. He was not a member of our church and did not attend, but he read our newsletter and kindly contributed to my small fundraising effort. I was so touched with his kindness and generosity.

~ ed



**Wise Words From Clifford Lincoln** appeared in the Montreal Gazette this week – **Sheila** believes they are of interest to us all.

<https://montrealgazette.com/opinion/opinion-quebec-can-ill-afford-to-isolate-itself-from-the-real-world>

**Tenant's Rights** - Thank you again **Sheila** for suggesting this article outlining presentations on tenant's rights-

<https://montrealgazette.com/news/local-news/west-island-gazette/kramberger-west-island-tenants-can-attend-workshops-on-how-to-handle-rental-hikes>



## **MERGING WATERS SOUP-POT CINEMA - FRIDAY MARCH 1<sup>ST</sup> AT 7:00**



Our **March 1st movie 'Tea with Mussolini' (7:00pm, 24 Maple)** features Maggie Smith, Judi Dench, Joan Plowright, Lily Tomlin and Cher. It is a World War II drama with many comical and touching moments, and is loosely based on the life of Franco Zeffirelli, who is the Director of the film. It has beautiful cinematic footage of Italy, including Florence and San Gimignano. <https://images.app.goo.gl/WKmhAwAwau94y2Nj7>

In 1930s fascist Italy, Luca (Charlie Lucas) just lost his mother. His father, a callous businessman, sends him to be taken care of by British expatriate Mary Wallace (Joan Plowright). Mary and her cultured friends -- including artist Arabella (Judi Dench), young widow Elsa (Cher) and archaeologist Georgie (Lily Tomlin) - keep a watchful eye over the boy. But the women's cultivated lives take a dramatic turn when Allied forces declare

war on Mussolini.

We are still living with COVID. When lining up for soup and bread, we ask that you keep a space between each other. If at all concerned for your health, please wear a mask yourself. Please reply if intending to come ([sahawker13@gmail.com](mailto:sahawker13@gmail.com)). Let us know if you can join us, and if you can offer soup. Suggested donation \$10.

**Note:** I plan on seeing this movie —excellent cast and Director - **ed**

### **BEWARE OF SCAMMERS**

a scammer called my grandma  
and said he had all her  
passwords

she got a pen and paper and said  
'thank god for that, what are  
they'

***Suggested by Sheila***



## LUUC CONTINUES TO COLLECT NON-PERISHABLE FOOD



**Sheila says:** Once again, there will be a basket for donations in the LUUC lobby each Sunday. I have checked with the West Island Mission website for its most needed food donations. This is where I deliver our food contributions (and LUUCers have brought at least 4 - 8 items weekly for our basket).

These items are: **cereals, canned tomatoes, tomato sauce, fruit and vegetable juices (1 litre) and canned tuna.**

## 2024-2029 SOCIAL DEVELOPMENT PLAN FOR S. WEST ISLAND



**SOUTHERN WEST ISLAND SOCIAL DEVELOPMENT  
COMMUNITY PLANNING PROCESS 2024-2029**

# SAVE THE DATE

**ISSUES and ACTIONS  
COMMUNITY PLANNING WORKSHOP**

**MARCH 14, 2024**

**5:30PM TO 8:30PM**

**LOCATION: TO BE DETERMINED**

**STAY TUNED FOR  
REGISTRATION UPDATES**

**QUESTIONS?**  
CONTACT: [VVITULLI@TQSOI.ORG](mailto:VVITULLI@TQSOI.ORG), 514-505-0840 #7  
OR VISIT: [WWW.TQSOI.ORG/COMMUNITYPLAN](http://WWW.TQSOI.ORG/COMMUNITYPLAN)




Here is information on how you can contribute to the 2024-2029 Social Development plan for the southern West Island - I will be there and I hoped it would be of interest to you too.

~ **Sheila**





## **ON THE GO AND NEED TO KNOW**



**CHINA – New Year** - The Chinese New Year started on February 12<sup>th</sup> with its colourful Lantern Festivals and ended on February 18<sup>th</sup>. The Year of the Dragon in 2024 is expected to be a time of visionary leaders, innovators and problem solvers. 2024 is also predicted to be a great year to start new projects, explore new opportunities and create value for yourself and others. This year has the potential to usher in good fortune, action and expansion, and you'd better brace yourself, because things will be happening quickly! WOW!



**CALIFORNIA/NEVADA – Death Valley** – Death valley is the lowest point in the US and also the hottest place on earth – yet – due to several atmospheric rivers that have blown that way lately, an ancient lake has reappeared. Known as Lake Manly, kayakers, paddleboarders, waders and swimmers from across California have flocked there before the lake disappears again and to enjoy the stunning views of the mountains in the background.



**HALIFAX, NS – snow** - Halifax Stanfield Airport used snow melting machines to clear the inordinate amount of snow this year. That's right, industrial sized machines can melt snow. It's rather like a large furnace with a hot water holding tank. After the snow is loaded into a truck, it's driven over a manhole and the water empties into the sewer. These machines are manufactured in Nova Scotia and are used in various parts of the world, including Russia, Finland, Japan and the Republic of Georgia.



**RUSSIA – public outcry** - There are so many wicked things going on in this world today, I'm sure it will end in tears for all of us. The saddest of happenings is the death of **Alexi Navalny**, that courageous man who dared to challenge the Russian President. After years of being detained on trumped up charges, he died in a jail somewhere up in the Artic Circle. He spent his last 300 days in solitary confinement and says he was denied medical treatment. This very brave man, **Alexi Navalny** died of 'sudden death syndrome' ??? **The world is**

**outraged.**

**"It's easy to stand in the crowd but it takes courage to stand alone."**

**~ Mahatma Gandhi**

## WELCOME TO LAKESHORE

**5065 Sherbrooke Street, Lachine, Qc. H8T 1H9 (514) 637-6974**

**MINISTER EMERITUS:** Rev. Fred Cappuccino 613-527-2829

**BOARD MEMBERS:**

**PRESIDENT:** Sheila Laursen 514-697-4195

**VICE PRESIDENT:** Gary Spiller 514-697-6257

**TREASURER:** Susan Czarnocki 514-773-1117

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