

LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION
5065 Sherbrooke Street,
Lachine, QC. H8T 1H9
514 - 637- 6974



OCTOBER 2023 NEWSLETTER

WE'RE ON OUR NEW WAY!

Our Fall 2023 season of Sundays has begun with NEW themes of “Healthy Body, Healthy Spirit”, “Our Planet, Our Lives”, “Movers and Shakers”, and the “Sunday Cafés with Music” bringing us NEW people to enrich and inform our lives, and inspire us with NEW ways we can respond to the challenges we face in our communities.

October's Sundays are filled with those opportunities and more. We hope that you will discover much to be thankful for within our UU community of “seekers and doers”.

~ Sheila Laursen

LUUC SOUP SALE ON OCTOBER 29TH

One of my favorite memories of Autumn is of sipping soups made by our talented LUUC soup-makers and their fabulous soups! So, the mighty LUUC Fundraising Committee (I think at the moment it's just me) is excited to call out for another.

The more participants, the more we re-fill our shrinking coffers. I'll be calling soon to take your orders or you call (514-773-1117) or write (susan.czarnocki@mcgill.ca) with your offers! [hey, it rhymes!]



October 1, 2023 - 10:30 a.m.

“ We are all more human than otherwise”

Healthy Body and Spirit

Rev. Richard S. Gilbert

Hybrid Service

In a world so filled with harsh judgments – among people – among nations – among religious - can Unitarian Universalism present a radical affirmation of all people? With so much anger – so much judgment among people – can we learn to get along? Can we really understand that we are all more human than otherwise?

Hiroiyuki Kohno, Pope Francis, Harry Stack Sullivan, a church youth camp, Selma, Kurt Vonnegut, a fireman's death, an international multi-faith conference in India – my encounters with each of them has convinced me that we are all more human than otherwise. I'll share some of my experiences of 87 years – 65 of them as a minister.

Service Leader - Paul Sullivan

Musician - Matthew Hunt Russell

Zoom Host and Technician - Oddbjorn Taraldsvik

On site Greeters & Refreshments - Christine Wooley & Caitlin Berry

October 8, 2024 - 10:30 a.m.

Helping Others Help Themselves

Movers & Shakers

Dorothy Latta

Hybrid Service

Muhammad Yumas founded the Grameen Bank with the mission of providing small loans to people in poverty to promote individual self- sufficiency. His initiative is credited for lifting millions out of poverty.

Dorothy will share his story and how he has impacted and inspired her life. Dorothy Latta is a long term member of the Unitarian Universalist Fellowship of Plattsburgh and over the last several years, she has served as a Commissioned Lay Minister for her congregation. Dorothy also considers herself to be a longtime friend of the Lakeshore UU Congregation, and we are happy to welcome her back.

Service Leader - Sheila Laursen

Musician - Dori Abbott

Zoom Host and Technician - Oddbjorn Taraldsvik

Greeters & Refreshments - Christine Wooley & Caitlin Berry

October 15, 2023- 10:30 a.m.

Our Planet, Our Lives

Hybrid Service

**Ecological transition. Partnerships,
Recycling & Waste Management in Montreal
Sandrine Tessier**

GRAME is an Environmental Non-government Organization based in Lachine. It seeks to catalyze ecological transition through direct action, environmental education and influencing decision-makers.

Sandrine Tessier will speak about GRAME's efforts to help our society change and improve recycling and waste management. She will discuss the importance of partnering with like-minded organizations using innovative approaches to environmental and energy management including accessing geothermal energy for heating buildings and encouraging producers to refund deposits for glass and plastic bottles and jars to encourage consumers to return them.

Service Leader - Gary Spiller

Musician - Nancy Schmidt

Zoom Host and Technician - Oddbjorn Taraldsvik

Greeter - Michael Rooker

Refreshments – Heather Falconer

FALL FAIR/POT LUCK FOLLOWS SERVICE

October 22, 2023 - 10:30 a.m.

Healthy Body and Spirit

Hybrid Service

Love Your Neighbour as Yourself

Rev. George Buchanan

Jesus of Nazareth teaches us: "Love your neighbour as yourself." What might this teaching mean for us in today's world? As we gather in community we will consider this together.

It is a great pleasure to welcome Rev. George Buchanan back to LUUC. George grew up in Pointe Claire, and attended Sunday school at our Lakeshore Unitarian Church on Cedar Avenue. His parents, John and Conny Buchanan, were active members of our congregation at that time. George served as the Minister of Religious Education for two congregations in Ohio, and as Minister of the UU Congregation in Fredonia, NY before retirement. George and his wife now live in Perth, Ontario.

Service Leader - Irene Hausknost

Musician - Kerry-Anne Kutz

Zoom Host and Technician - Oddbjorn Taraldsvik

On site Greeters & Refreshments - Christopher Thomson & Gary Spiller

October 29, 2023 Sunday Café
Musical Performance
Hybrid Event

Stories of Songs
Rob Lutes



Award winning songwriter/singer/guitarist Rob Lutes will share some well-known songs and the stories behind them along with some of his unforgettable original songs.

"Rob Lutes will soon be counted amongst the ranks of the best in the industry. Insightful and meaty... gutty and gritty... A rare talent that keeps getting better with each project released, one listen will prove that he is more than a passing fancy; this guy is here to stay."- Matt Large, Montreal Folk Festival.

Host - Kerry-Anne Kutz
Musician - Rob Lutes
Zoom Host and Technician - Paul Sullivan
Greeter - Sheila Laursen

FOLLOWED BY THE SOUP SALE

CHILD HAVEN MONTREAL FUNDRAISING EVENT

SATURDAY NOVEMBER 18, 2023 - 2 P.M.
Location to be announced

YOU ARE INVITED TO MONTREAL'S 28th CHILD HAVEN FUNDRAISER



We are hoping many LUUCers will come IN PERSON to celebrate and support the wonderful work of Child Haven International.

You can look forward to:

- Greetings from **Rev. Fred, Bonnie and Robin Cappuccino**
- A virtual tour of the Child Haven Homes with Tour Guide Robin Cappuccino
- An online performance by Child Haven children with wonderful songs and dances
- An online auction of treasures from India, Nepal, Tibet and Bangladesh the weeks ahead of the event
- A special appeal to raise funds for items on the Child Haven Needs List

For more information on the Montreal Child Haven event and how to buy an event "ticket" contact **Sheila Laursen** 514-697-4195 or by email at sheila.laursen@bell.net

NOTES FROM THE PRESIDENT



I am happy to say we are off to a great start this year - thanks to dedicated hard work by members of LUUC, supported by a lot of specialized helpers!

It was a joy on Sunday September 10 to welcome 5 newcomers - a family with 2 children and another person who found us on Google. Another couple who have been attending our services last year requested Membership forms to complete.

Our new Spiritual Exploration Co-ordinator, **Christina Koulouris**, was on hand to greet the children and to head off to the 2nd floor SE room to get to know each other. When Christina was not able to come on Sept 17 as her leg was injured, our last year's SE Coordinator, **Emilia Cazares**, was on hand to fill in welcoming the children that week. Both young women are wonderful and enjoy being with children and their families. Christina will be at LUUC throughout this year. In spite of Emilia's heavier school schedule, she is willing to help out if needed by Christina in the coming months.

With the skilled support of our Social Media Consultant, Anik Vigneault, the beautiful, eye-catching posters created by our Communications and Publicity Committee have been sent out far and wide - on various social media networks, and tacked onto West Island public bulletin boards wherever possible. **Christopher Thomson** gratefully turned over to Anik the challenges involved in renewing and refreshing our website. You can check out its new look at luuc.org

Two very important, but less "visible" roles are that of our Office and Online Administrator, **Selina Rooker-Sanchez**, and **Heather Falconer**, our Newsletter Editor, with whom we now have service contracts. As I am writing this, Heather is busy finding many creative and informative pieces for our October newsletter as she waits for those of us trying to complete our contributions on time.... Over the past few weeks, Selina has been trained and assisted by **Nathalie Hainaut** in the many duties both on and off-line. We are so grateful to Nathalie for her service over the past few years, and welcome Selina in the crucial "behind the scenes" Office and Online Administrator role.

Also, very much "behind the scenes", are two more important people providing LUUC with essential support. **Oddbjorn Taraldsvik** is with us every Sunday, as he ensures that our Zoom connections and sound systems are in good working order. With us each Sunday since the beginning of our hybrid services, Oddbjorn has become a friend as well. The second person is our new book-keeper, **Darcy Larivière**, who is helping **Susan** with all the details regarding keeping our financial accounting correct and in good order.

We are grateful for the continued role that **Kerry-Anne** has taken on, and developed, as our Music Director over many years. She always surprises, delights, and moves us with musical components of our services, and helps us to learn, love and sing hymns and other songs each Sunday. Kerry-Anne's leadership of the Lakeshore Community Choir has seen it grow, and her contacts are bringing us exciting Sunday Cafés with Music this year. While Kerry-Anne is away for 3 weeks for a well-deserved vacation in October, we will welcome Matthew Hunt Russell, **Nancy Schmidt** and **Dori Abbott** and family as our Sunday musicians.

We have so much to be grateful for this Thanksgiving month!

~ **Sheila Laursen**



FRUITCAKE SEASON IS ON ITS WAY!

Baking-friendly weather is back and the holidays will soon follow!

Sheila Laursen and other LUUC “elves” will be shopping, chopping, mixing, blending and baking during the month of November to create delicious dark or light fruitcakes “to order” for you to enjoy, or to give as gifts!

This homemade fruitcake has become a traditional treat for many families and friends to enjoy over the holiday season – and you don’t have to spend hours making it yourself!

All profits support our LUUC fundraising efforts. Prices for 2023 are:

1 lb. - \$16.00

2 lb. - \$30.00

3 lb. - \$40.00

Please contact Sheila (514-697-4195 or sheila.laursen@bell.net) before October 25 to place your order for light or dark fruitcake in the size you prefer.



FALL FAIR



We are planning a **Fall Fair** on **October 15 from Noon to 3pm**. We will have GRAME Director (Femke Bergsma), who attended our Sunday Cafe and she has agreed to participate in the **Fall Fair** with a table to promote their activities. **Captain Catalyst** (Steve Rosenstein) will be there with his Bird and Bugs show and will help organize some games for the kids.

The **Fall Fair** will include a pot luck with people bringing food from different countries. We will need people to RSVP so we have an idea of the number of participants before the event. Families will be asked to pay \$5 to attend this event. Children admitted FREE. No charge if a family can bring an international dish to share at the potluck. Tickets are available on Eventbrite.

We have also planned some international dance demonstrations where participants can join in. We have some recorded music to support the international dancing.

The Fall Fair will be inside with dancing and food in the hall. Some games will be outside weather permitting. The GRAME director has offered to play her recorder at the **Fair**.

We want to make sure that families in the area are aware of the **Fall Fair** and that children are welcome!

~ Gary



Captain Catalyst at a previous LUUC Bird and Bug Show

SUNDAY CAFÉ



The first Sunday Cafe, was a success with 16 members and 14 guests. **Christina** our SE Co-ordinator is distributing posters to the local schools to promote the next Sunday Cafe



The Raging Grannies last sang for us in May. They will be returning soon by popular demand. **Sheila** features at the far right. ~ Gary

MISSION STATEMENTS

The consensus for the most suitable Mission Statement that could apply to us, seems to be a combination of the Kingston Mission Statement and that of the Hamilton Church.

Kingston: The mission of the Kingston Unitarian Fellowship is for all those in the Kingston area who support Unitarian Universalist principles to join together in a caring community for the development of spiritual and personal growth, in a welcoming environment where all are respected and diversity is celebrated, as we strive to make our world a better place through all our actions.

Hamilton: To nurture each other, serve the community and inspire action that heals the world.

LUUCERS HAVING FUN



Several LUUCers attended the Montreal Children's Theatre's musical – *Beauty and the Beast*. Here we are pictured with our two favourite cast members **Bella and Olivia**. What a pleasure it was to see them perform – they are such talented young women.

Left-right: Bella, Gary, Sari, Olivia, Susan and Heather.

Bella wrote: **Olivia and I** wanted to tell you how much it meant to us knowing you were in the audience last night. It was heartwarming being reunited with you all. We were so happy to see such friendly faces when we came down afterwards as well. It was great catching up a bit and we hope to see you all again very soon. Thank you so much for always supporting us and encouraging our creativity.

Love, **Bella and Olivia**

SOME OF US WENT TO PARC SAFARI



We had a lovely day at Parc Safari visiting the giraffes - **Toni, Gary, Muriel, Sari, Susan and Heather** – we also enjoyed a wonderful picnic – kindly supplied by **Offie**.

Left: Sari presenting Offie some thank you flowers, and right: Toni and Susan waiting for their ride home.

Photos by Gary



BIG BAND CONCERT

Several LUUCers attended the Big Band concert (delayed because of covid from last spring's Festival de la Voix) – and we were spell bound. Sounds of Benny Goodman and Glen Miller echoed throughout the concert hall – two vocalists belted out the old classic songs – **Michael (Cartile)** blew his horn as part of the 20-man band – and the glamorous **Kerry-Anne** introduced the show. It was a W-o-n-d-e-r-f-u-l evening.

TALKING OF KERRY-ANNE AND MICHAEL...



Kerry-Anne writes: We've just returned from Petawawa where we visited our granddaughter **Lilia Cartile** for the first time!

Lilia was born Wednesday, September 6th in Pembroke, Ontario. She weighed 9 lbs 1 oz and measured 22.4 inches! Her mom Kim Johnson is doing very well and **Simon** has quickly become a gentle and handy Dad.

NANCY AND JOHN VISIT THE LAKE DISTRICT



Nancy S. waves “Hi” from Keswick, England – as she travels around the U.K. visiting some of the many beauty spots. Keswick is a very small town in Cumbria – up at the Scottish Border – for literary-minded **Nancy** it is the area where Beatrice Potter lived and the Lake poets wrote their incredible poems.

It is also the place where **Dori and Peter Abbott** first met – **Nancy writes:** “What an incredibly beautiful area the Lake Country of Britain is! While we are here, I wanted to pay tribute to your beautiful romance that started in this area so long ago and continues to this day.”

...and for **me**, (*ed*) it is where, as a child, I spent 6 weeks trying to avoid being hit by the German rockets that were being hurled at us.
~ **ed**

CARING

Jose van Amerongen will be our Caring person for October – you can contact her at (514-694-9842 or e-mail at friedajose@gmail.com)



Once again, our **Chaplain Paul** has dedicated a great-grandchild of **Dori** and **Peter Abbott**. Here is young **Theo Abbott**, age 10 months being so good in his father's arms.

Parents Danny Abbott and his wife Melissa with god-parents, friends Kristina and Vincent.

A happy reception of 60 people followed in our church hall.

(PS: There are still the twins to do!)



Linda Kneeland has now moved to Kirkland Manor and is getting comfortably settled in.

YOGA



Milda writes:

The next mini yoga session will have Saturday afternoon practices at 4pm outdoors with weather permitting.

The session goes until Saturday October 21st.

Welcome back!

Contact me at sanskritsoccermom@gmail.com for further information. Namaste, **Milda**

SARI AND CHRISTOPHER HELP ACTION REFUGIES MONTREAL EXCEED ITS FUNDRAISING GOAL



With 106 participants biking or walking on Saturday 23 September 2023 in its **Ride for Rescue** campaign, this year **Action Réfugiés Montréal (ARM)** raised 34 304 \$, way over its 25 000 \$ goal! Both Sari and Christopher has a pleasant ride along the bike path that runs between LaSalle Blvd. and the river. (See photo.)

Together **Sari and Christopher** gathered **1840 \$ in contributions**, thanks to members of Lakeshore UU Congregation and other generous friends. We are proud to have been able to sustain the vital work that ARM does here in Montréal, in aid of refugees. A big thank you to all the kind, supportive and generous donors in our Lakeshore community!

~ Christopher

...OOOPS! – CONFESSIONS OF THE REFRESHMENT PERSON



Coffee too weak – tea too strong,
Oh my gosh, I got it wrong.

Along came Gary – along came Chris (topher)
And asked me kindly, “What’s amiss?”

I told them my long tale of woe
That anemic coffee was my foe.

“No problem,” said they, “we’ll fix that up”
And spooned some instant in each cup.

~ ed

(PS: I learned that it is essential that the centre rod of the coffee pot is firmly placed in its slot – otherwise - watery coffee!)



HAPPY BIRTHDAY TO OUR 'OCTOBER' LUUCERS

Damian Sanchez-Rooker on October 5th.

Christine Wooley on October 6th .

Jessica Shirley on October 7th .

Luna Santos-Deschamps on October 8th.

James Sisley – on October 9th.

Derek Prince on October 18th.

* * * * *

PLEASE TAKE NOTE

Nancy Graham has changed her telephone numbers – kindly alter your 2023 Directories:
Her new cell is **(514) 953-8141** New landline is **(514) 538-0750.**

* * * * *



Fair Trade Rug event October 12th – 25th at D'Ici D'Ailleurs, 278 Lakeshore Drive, Pointe Claire 515-606-2747.

Preview rugs at Bunyaad.com

Formerly Dix Mille Village, this shop sells Persian, Tribal and Bokhara rugs.

~ Submitted by Sheila

~WATCH FOR OUR BAZAAR IN NOVEMBER~

FAIVIEW FOREST IS NOT YET SAVED

Please join us for a picnic Sat. Sept. 30th! (Our 150th Saturday!)

As many of you know, for almost three years, I have been supporting efforts to protect the forest to the west of Fairview Mall from development.

We have much community and political support, but so far Cadillac Fairview, who owns it, still wants to cut down the forest and build condos. As you all know, our forests are so essential to combat the climate crisis. They help to reduce air and noise pollution and the effect of torrential rain storms, strong winds and excessive heat. The temperature inside a forest during a hot summer day can be 20 degrees C cooler. They help allow for biodiversity. It is crucial that we preserve the forests we currently have. Let's do what we can to provide a healthy environment for future generations.

Saturday September 30th will be our **150th Saturday** of a presence at the forest, and we are planning a joyous gathering in support of the forest. From 11-12, we will be at the forest, and then from 12 -1, a picnic at Hermitage Park (a block and a half north of Reno-Depot). There will be snacks, games, and the Raging Grannies. I have attached an official invite :-)

In addition, I have given myself a personal challenge: To walk 100 km by Nov. 1st, all in support of Fairview Forest. So far, I have walked 40 km. Hoping you will consider making a donation towards Fairview Forest, through the Legacy Fund for the Environment and Canada Helps. You will receive a tax receipt for donations of \$20 and more. Your support will be another step towards preserving a significant green space in the heart of the busy link: <https://www.canadahelps.org/me/6cwCeXkx>

See you at the corner of Brunswick and Fairview Avenue Saturday Sept. 30th?

~ Susan Hawker's facebook

LUUC WILL BE COLLECTING NON-PERISHABLE FOOD AGAIN



Once again, we will be collecting non-perishable food items on a weekly basis. There is currently a great demand for pasta sauce, fruit juice, cereals, canned tomatoes and white rice. Those, or other items such as tinned fish would be happily received to add to local Food Bank shelves. There will be a basket for donations in the LUUC lobby each Sunday.

~ Sheila

WHAT DOES IT TAKE TO MOVE 1,000 PEOPLE?

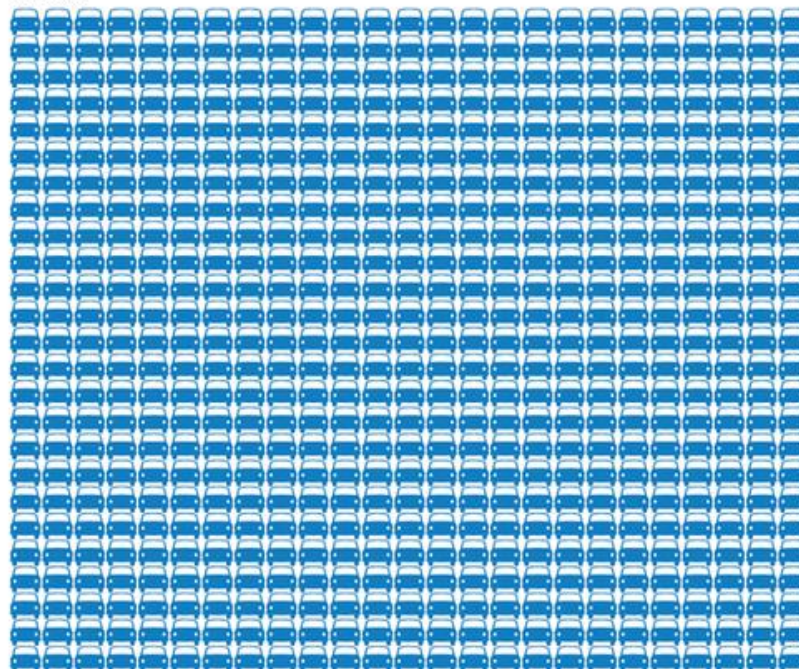
One Link train (4 cars)



15 Buses



625 Cars*



* Car option also requires over five acres of parking at both start and destination

~ Gleaned from Susan Hawker's facebook page.

HELSINKI LEADS THE WAY

We have a huge homeless population here in Canada – due in part to the high cost of rentals. Gary suggests that you click below to see how Finland is coping.

<https://world-habitat.org/news/our-blog/helsinki-is-still-leading-the-way-in-ending-homelessness-but-how-are-they-doing-it-2/#:~:text=The%20municipality%20of%20Helsinki%20owns,around%206%2C000%20units%20a%20year>

2/#:~:text=The%20municipality%20of%20Helsinki%20owns,around%206%2C000%20units%20a%20year

HELPING AFGHAN REFUGEES - FINALLY GOOD NEWS!



were targeted by the Taliban. (**Shahla** is pictured on the left with Cam Gray, the film director and **Sheila**.)

Several members of LUUC along with other West Islanders have been supporting the 3 siblings since January 2022 with enough money contributed each month to cover rent, food and living expenses in Islamabad - where they are not allowed to work or study.

After a long and anxious delay, we received word on September 21 that Quebec has approved the sponsorship application for all 3 siblings, and the applications now go to the federal government for their approval process.

While this process will still take more time than we would wish, it has brought joy and excitement to all involved - and especially to the two sisters and their younger brother, who can now believe that coming to Canada will become a reality! More news will follow in the coming months....

~ **Sheila**

ON A SHORELINE NEAR YOU – EXHIBITION



From August 15th – October 18th the Pointe Claire Public Library is hosting *On a Shoreline Near You* - a contemporary visual and multimedia art exhibition created entirely from plastic and media materials collected from shorelines all over Quebec and Canada. Its creator Anne-Marie Asselin, founder of the Blue Organization is also a marine biologist. She will be with us in September and October to orchestrate the cleanup of our embankments and give a series of conferences in schools and at the library. To learn more about the Bue Organization's mission and projects, visit their [website](#) or follow their [Facebook page](#).

~ **submitted by Sheila**

SYRIAN REFUGEE FAMILY FIRMLY ON THEIR FEET

In 2016, the Lakeshore UU Congregation, in partnership with Summerlea United Church and Merging Waters (Beaurepaire United and Union Church in Ste Anne's) formed a coalition to sponsor a Syrian refugee family to come to Montreal.

Working for 2 years on this project with a family member already here, and with the support (financial and physical) of members of all 4 congregations, we were delighted to finally meet, and welcome Bilal, Farah and their 4 young children at Dorval Airport in March 2018.

Refugee sponsorship comes with the obligation to fully support the family for a full year while they get settled in their new home and new country. The 4 congregations did that, and by year's end, the family had become self-sufficient and went on to help other family members find safety in Canada. During the pandemic, the parents took full-time French classes, as the 4 children had already learned through their school immersion program. In July 2022, we gathered for a picnic in a park to celebrate the entire family having become Canadian citizens. And on a recent visit, we were delighted to have a wonderful, flowing conversation with Farah completely in French as she told us how well the 4 children are doing in school.

~ Sheila

WEST ISLAND COMMUNITY SECTOR

We invite you to take a few minutes to read the September edition of the Community Connect newsletter ([click here](#) or see PDF below) you can discover...

New programs or initiatives that you can CONNECT someone to, so that they can benefit from the multitude of services in the sector.

Fundraisers that you can PROMOTE to your friends and family to help bring much needed funds to our sector.

Trainings or services available to SUPPORT and develop your team and organization. We are each part of our own organizations, but we are also part of a bigger team- The West Island Community Sector. The more we know about what other organizations are up to, the more we can all help to CONNECT, PROMOTE and SUPPORT the West Island Community Sector.



CRC Community
Connect-Sept 2023.1

The West Island Community Sector... Rooted in Unity. Empowering Community.

UPCOMING SPECIAL EVENT AT LUUC!

Thursday November 2, 2023 - 7:30 p.m.

Dr. Maureen Mayhew

Lakeshore Unitarian Universalist Congregation

5065 Sherbrooke St., Lachine H8T 1H9



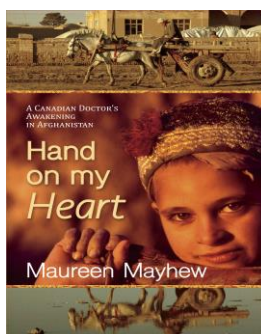
FROM MONTREAL TO AFGHANISTAN: A journey of healing: In cooperation with the Geography Teacher's Association of Quebec, LUUC is pleased to invite you and your friends to a free public presentation by Dr. Maureen Mayhew, author of "Hand on My Heart". It will be held in the Hall of LUUC - with time for discussion, questions and refreshments following the presentation.

Author and physician, Dr. Mayhew will recall her time in Taliban-occupied Afghanistan and talk about her personal journey as a professional woman during that time.

Everyone is welcome to attend this free public presentation arranged by the Lakeshore Unitarian Universalist Congregation, in cooperation with the Quebec Association of Geography Teachers. There will be time for discussion, questions, and refreshments following the presentation.

PLEASE NOTE – Clio Bookstore in Pointe-Claire Plaza has copies of Dr. Mayhew's book, "Hand on my Heart".

If you purchase a copy of her book there (for \$26) in advance and bring it to this presentation, she will be pleased to sign your copy. A portion of the sale price will go towards the support of three Afghan refugees in Pakistan. The author will also have a small number of books available for purchase at the event. For more information, contact Sheila at 514-697-4195



Goodness is the only investment that never fails. - **Henry David Thoreau**

FILMS SHOWING LOCALLY

At the Pointe Claire Library - free

Are You There God?

It's Me, Margaret.

(2023—106 min)

Directed by Kelly Fremon Craig

Tuesday, October 10

1:30 p.m. (English)

When her family moves from the city to the suburbs, 11-year-old Margaret navigates new friends, feelings, and the beginning of adolescence.

Based on the novel by Judy Blume.



Women Talking

(2022—104 min)

Directed by Sarah Polley

Tuesday, October 31

1:30 p.m. (English)

In 2010, the women of an isolated religious community grapple with reconciling a brutal reality with their faith, after a series of sexual assaults is committed by the men of their colony.

Based on the novel by Miriam Toews.



At Union Church, 24 Maple, Ste. Anne's - Tuesday Oct. 10th, 7:00 p.m



The **Peanut Butter Falcon** is an adventure story set in the world of a modern Mark Twain that begins when Zak (22), a young man with Down syndrome, runs away from the nursing home where he lives to chase his dream of becoming a professional wrestler by attending the wrestling school The Salt Water Redneck. Through circumstances beyond their control Tyler (32), a small-time outlaw on the run, becomes Zak's unlikely coach and ally. Together they wind through deltas, elude capture, drink whisky, find God, catch fish, and convince Eleanor (28), a kind nursing home employee with a story of her own, to join them on their journey.

Trailer: <https://www.imdb.com/title/tt4364194/>

As we are still living with COVID, we will ask you to wear a mask unless seated and eating. When lining up for soup and bread, we ask that you keep a space between each other. We are aiming at limiting it to 30 participants, so please reply if intending to come (sahawker13@gmail.com). First come, first served. Suggested donation \$10.

We welcome donations of 5 soup, and 2 individuals for bread (2 loaves each and butter/margarine). Email me (sahawker13@gmail.com) if you would like to join us.

~ **Susan Hawker, Merging Waters**

SUPPORTING EVERY PERSON'S RIGHT TO INDIVIDUATE!



Photos from LGBTQ+ protest on Wed the 20th

McGill takes to the streets to support 2SLGBTQ+ rights. I did not see the counter protesters as this was early morning Sept 20th, but a heavy police presence was already on site. At what age does parental control over a child end? So, they can be themselves – (in Quebec it is age 14) schools intersect in this transition to adulthood and are at the center of this storm. “Parental rights” is now an umbrella term for justifying objectionable behavior such as confronting youth in the street and ranting on social media about gender neutral toilets. (most of us are able to share the toilet in our homes without a gender discussion?!)

Dear North American parents, please get involved in your community civilly and civically to set educational standards, including sex-ed and gender fluidity. Not everyone will ever be pleased. In the meantime, place stalls in the bathrooms. Get educated on human psychological health and human rights. Why do you not act as the adults? ~ **Milda**

THE LAKESHORE COMMUNITY CHOIR



Our Lakeshore Community Choir is looking for new members to start in the New Year - and welcomes everyone who loves to sing.

Families with children 12 years of age and older are welcome to join!

The Lakeshore Community Choir rehearses on Sundays from 12:30 to 2:30 at the Lakeshore Unitarian Congregation, 5065 Sherbrooke Street in Lachine. Contact Kerry-Anne at

kkutz@videotron.ca for more information.

~ **Kerry-Anne Kutz**

ON THE GO AND NEED TO KNOW



HOLLAND – every river should have one - The Ocean Cleanup project is tackling the plastic pollution problem upstream by cleaning up rivers with the Interceptor, a **solar-powered barge system that collects floating plastic**. The Interceptor, outfitted with a conveyor system, garbage bins, and floating obstacles, has made river cleanup a top priority to stop plastic garbage from entering the oceans. By tackling rivers first, the Dutch non-profit hopes to make it easier to clean the Great Pacific garbage patch and marine debris from the world's oceans.



LONDON – Can it be true? - The most expensive bowl of soup commercially available costs £108 (\$190) and is featured on the menu at the Kai Mayfair restaurant, London, UK. The soup is called Buddha Jumps Over the Wall and contains shark's fin, abalone, Japanese flower mushroom, sea cucumber, dried scallops, chicken, huan ham, pork and ginseng. Due to its unique nature, the dish has to be pre-ordered 5 days in advance. **Please note:** This will NOT be available at our Soup Sale on the 29th.



NEW YORK – WOW - Before her marriage to the now King Charles, Princess Diana wore this 'black sheep' sweater to a polo match. It sold recently at Sotheby's, New York for \$1,143,000 US - that's \$22,000 per sheep! – making it the most expensive sweater ever sold at auction. The sweater has been revived and is now available under the label *Warm and Wonderful*. (\$395 Can).



OTTAWA – colossal gaff – colossal disgrace - The Speaker of the Canadian Parliament introduced a guest while Ukrainian President Volodymyr Zelenskyy was visiting. This guest was a 98-year-old Ukrainian, now Canadian who had fought in WW2. The Speaker proudly stated that he had fought against the Russians, calling him a hero!!!! This resulted in great applause and a standing ovation. In that WW2 conflict the Russians fought on the side of the Allies. Not one of the 'learned' members of that House twigged that this old soldier had fought for the Nazis! President Zelenskyy, of Jewish ancestry, was expecting a friendly reception in Canada, the Polish Gov. is seeking extradition, Russian is jubilant and Canada's reputation is in tatters.

~ ed

IMPORTANT DATES TO REMEMBER

October 15th

Fall Fair follows Service – with Pot Luck

October 29th

Rob Lutes at LUUC – Soup and Baking sale

WELCOME TO LAKESHORE
5065 Sherbrooke Street, Lachine, Qc. H8T 1H9 (514) 637-6974

MINISTER EMERITUS: Rev. Fred Cappuccino 613-527-2829

BOARD MEMBERS:

PRESIDENT:	Sheila Laursen	514-697-4195
VICE PRESIDENT:	Gary Spiller	514-697-6257
TREASURER:	Susan Czarnocki	514-773-1117
SECRETARY:	Milda Graham	514-296-9369
DIRECTOR A:	Nancy Schmidt	514-626-0826
DIRECTOR B:	Paul Sullivan	514-457-1793

S.E. FACILITATOR: Christina Koulouris

LAY CHAPLAINS: Kerry-Anne Kutz 514-758-3641
 Paul Sullivan 514-457-1793

OFFICE & ONLINE ADMINISTRATOR: Selina Ann Rooker 514-637-6974
Lakeshoreluuc@gmail.com

NEWSLETTER EDITOR/ ILLUSTRATION ARTIST: Heather Falconer 514-630-4206
miss.heather.falconer@gmail.com

NEWSLETTER DEADLINE: **October 24th, 2023**

OUR WEB-SITE: LUUC.org



HAVE A SAFE AND HAPPY HALLOWEEN