

**LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION**  
**5065 Sherbrooke Street,**  
**Lachine, QC. H8T 1H9**  
**514 - 637- 6974**



**APRIL 2021 NEWSLETTER**  
**LIVING OUR UU PRINCIPLES AND VALUES**

The LUUC Sunday Services Committee enthusiastically embraced **Paul Sullivan's** suggestion of highlighting the UUA's monthly Worship Themes for 2020-2021. For the month of April 2021, the themes are *Becoming, Mindfulness, Transformation, and Grace*. We hope you will find those themes reflected in our Sunday Services.

~ **Sheila Laursen**

**APRIL 4, 2021- 10:30 a.m.**

**Recovery and Renewal at Easter**  
**Paul Sullivan, Jean Merrifield and other LUUCers**

“Unless we move the seasons of the self  
 And spring can come for us,  
 The winter will go on and on.  
 And Easter will remain a myth.”

So wrote the Rev. Max Coats, often a guest in our congregation. As we lift ourselves out of the ashes of the pandemic we look towards a rebirth, a renaissance, or in the language of this Easter morn, a resurrection. What have we learned, how will we face these new challenges?

**Service Leader- Paul Sullivan**  
**Musicians - Kerry-Anne Kutz and Michael Cartile**  
**Greeters - Usha Thorne and Nancy Schmidt**  
**Joys and Concerns - Nancy Schmidt**



**APRIL 11, 2021- 10:30 a.m.**

**Touchstones of Hope for Reconciliation  
Cindy Blackstock  
McGill University and First Nations Child and  
Family Caring Society of Canada**

Professor Blackstock will review the 5 Touchstones of Hope needed to improve the lives of Indigenous nations in Canada. The focus is on improving child welfare and the Spirit Bear to witness reconciliation efforts and the need for compensation.

Her book, “Fishing for Knowledge and Catching Dreams” and her presentation “Spirit Bear and Children Make History” will be highlighted. She will summarize progress made on each touchstone in the past decades. The fourth touchstone on structural interventions includes the lack of potable water in more than 100 communities and the reasons why the situation still exists.

**Service Leader - Gary Spiller  
Musicians - Kerry-Anne Kutz and Michael Cartile  
Greeters - Usha Thorne and Nancy Schmidt  
Joys and Concerns - Usha Thorne**

**APRIL 18, 2021- 10:30 a.m.**

**Protecting Canada’s Freshwater Resources  
Francis Scarpaleggia, MP**

Francis Scarpaleggia is the Member of Parliament for the riding of Lac-Saint-Louis and the Chair of the House of Commons Committee on Environment and Sustainable Development. He will describe how Parliament has adapted to working during the pandemic, talk about his work on the Environment Committee and describe what environmental legislation is currently before Parliament.

He will then focus in greater depth on his main area of policy interest -- protecting and managing Canada's freshwater resources.

**Service Leader - Caitlin Berry  
Musicians - Kerry-Anne Kutz and Michael Cartile  
Greeters - Nirupam Silver and Nancy Schmidt  
Joys and Concerns - Nancy Schmidt**

**APRIL 25, 2021- 10:30 a.m. Welcoming people in boats or crossing on foot  
Paul Clarke**

Paul has served as the Executive Director of Action Réfugiés Montréal\Refugee Action Montreal since 2013, and is currently anticipating his retirement later this year.

Paul will discuss the ways in which this small, faith-inspired organization is welcoming refugees to Montreal, including men, women, and children.

**Service Leader - Sheila Laursen**  
**Musicians -Kerry-Anne Kutz and Michael Cartile**  
**Greeters - Nirupam Silver and Nancy Schmidt**  
**Joys and Concerns - Nirupam Silver**

## FEEDBACK

**Your feedback is always welcome... Some comments about our recent services:**

### **February 28 service by Casey Standby on *Riding the Wave***

- Milda Graham - Importance of gathering despite everything, thank you Casey
- Paul Sullivan - Fantastic job Brianne. Proud of you.

### **March 7 service by Linton Garner on the *ABC's of Canadian Black History***

- Rob Lutes - Great service everyone. Very much appreciated this information and I will be reaching out to Linton!
- Nancy Schmidt - Great service. Learned a lot.

### **March 14 service with Anne Bokma - *Lessons from my Year of Living Spiritually***

- Charlotte Kelen - Wonderful service,
- Anne Bokma! Gracias a la Vida beautifully sung by Kerry-Anne, accompanied by Michael Woyciuk. Christopher, I liked all your readings. Thank you to everyone putting together our service today.

### **March 21 service with Rev. Terre Balof - *Does your Personality Determine your Religion?***

- Christopher Thomson -Yes, a great, thought provoking service with music holding us in its arms.
- Gary Spiller - Inspiring service to welcome spring!

\*\* If you missed any of our recent services and would like to see one, just contact **Sheila Laursen** at [sheila.laursen@bell.net](mailto:sheila.laursen@bell.net) **Margaret Godbeer** records the services, and the link can easily be sent to you.

## PRESIDENT'S MESSAGE



*'Everybody knows that pestilences have a way of recurring in the world; yet somehow we find it hard to believe in ones that crash down on our heads from a blue sky. There have been as many plagues as wars in history; yet always plagues and wars take people equally by surprise.'* —**Albert Camus, *The Plague***

The declaration of a pandemic 13 months ago brought everyday life as we knew it to an abrupt halt – with most of us having only the foggiest idea of what would happen next. We had lived through the SARs and H1N1 epidemics. Surely our 21<sup>st</sup> century medical miracles will get us through this one without too much disruption! The notion that a year later our daily routines would be directed through governmental fiat seemed the remotest of possibilities.

**Within a short time, it became obvious that the virus was highly contagious and spreading around the world. Preventing deaths from COVID-19 was becoming the central focus of all levels of government – the battle was between life and death with little debate about costs.**

**But allocation of resources in our socio-economic system is not geared to such imperatives. We invoke political priorities and balanced budgets as the major engine of resource allocation -- but these approaches fail when the prevention of death is the 'product' being purchased. We are forced to ask what value do we place on saving lives? Suddenly the years of debate over the size of deficits seemed irrelevant.**

But the skewed patterns of deaths by categories forced another set of questions onto the agenda. In Canada, the two most distressing outcomes were the death rates in Aboriginal/First Nations communities and those in Long Term Care Facilities. These outcomes cry out for a policy response, but these two cases are classically difficult to accommodate in allocating resources in our budgeting process.

What argument would you suggest is suitable to establish a just allocation of Canada's resources for those who were here first? I think there is no denying that for adequate health-care to be provided in First Nations Communities, a huge reallocation of resources, i.e. federal dollars, including a chunk of our tax dollars – would be needed. Would you advocate for such a reallocation being a priority in the discussions of 'build back better?' I have not heard it being addressed.

Continued/...

Continued/...

Care for the elderly suffers from a different dilemma – there is no public consensus – or even much discussion - about how much public involvement there should be in the provision of elder care.

We have a working consensus on the need to publicly subsidize education. There is a consensus in Canada on the need for publicly subsidized health care. But after retirement, the default expectation seems to be that we will be on our own, with government mandated retirement funds not being adequate for most people in most cases. The pandemic has shown the consequences of this approach. Even privately run retirement residences were often unprepared to deal with a pandemic. What should be our response? Some greater involvement of public financing? The challenge seems great. I think that LUUC, as a community which includes a range of ages and life-conditions should have a discussion group on this topic, considering the shocking results wrought by the pandemic.

**--Susan**

### TO SUSAN

*We do love our leader called Sue  
Who always knows what to do*

*She went away to the States  
Soon will return to her mates*

We welcome her back – that is true.

**~ ed**

### RECENT ARCHAEOLOGICAL FIND



**Judean Desert:** Fragments of scrolls bearing a biblical text were recently found in caves in the Judean Desert and believed to date back to the time of Emperor Hadrian (132-136 AD), together with arrowheads and a stash of silver coins dating from the same period. Also found was an immense woven basket – estimated to be 10,500 years old! Amazing!  
**~ (Associated Press)**

## FROM THE TREASURER



Well, I've been your treasurer for almost a year now and I have survived so far thanks to ongoing support from **Christopher Thomson** who has steadfastly continued to meet with me and patiently (well, most of the time!) explain why things don't balance. Next year, if I continue, I promise graphs but for now you'll have to make do with my silly cartoons.

Most years we run a deficit and withdraw funds from our investment account to cover the deficit. This year is no exception but despite our dire budget predictions and projection of needing a \$15,000 withdrawal it looks like we will only need to withdraw \$10,000. This is good news indeed.

At this time (mid-March) pledges are about \$2,000 less than budgeted and of course we have not been able to pass the Sunday Plate so we have about \$1,000 less income there. On the plus side our lay chaplains have been busy and celebrated a number of weddings this year. Income from marriages is over triple what we had budgeted given the pandemic. Our wonderful landlords, the Norwegian Church Association, did not charge us rent during the summer while renovations were underway and have further reduced our rent while we continue to be in the red zone and cannot use the building.

A huge shout out to all those who helped with our fundraisers either by cooking, donating time or goods or buying. A special thanks to **Selina Ann Rooker** and **Heather Falconer** who spend so much time organizing and to all their helpers (who I hesitate to name as I'm sure I'll forget someone!). We have raised nearly \$4,500 and had fun doing it!

Last but not least some clarification. By law we must issue tax receipts by calendar year not our fiscal year. The receipts that were mailed to you in February reflect donations made from January 1, 2020 to December 31, 2020. We cannot issue tax receipts for goods or services purchased through our fundraisers.

~ **Margaret Godbeer, Treasurer**

### When I Think of Easter



When I think of Easter,  
I think of hot cross buns,  
Of chocolate eggs and holidays,  
Of treasure hunts, what fun!

But then, I start to wonder,  
Why is there all this fuss?  
What does this Easter really mean,  
To others and to us?





## UPCOMING ELECTORAL MEETING

As Treasurer for the LUUC Board, I have been preparing the list of voting members for the upcoming Annual Electoral Meeting which will be held on **Sunday April 25<sup>th</sup>**, immediately following our Sunday Service.

As you know our By-laws state:

### ***Eligibility to vote at a General Meeting of Members:***

*Only those members who have made a recorded financial contribution to the Congregation within the previous twelve months shall be entitled to vote at General Meetings of members. At the same time, the meeting is open to anyone who is interested in attending.*

The financial records of the past twelve months indicate that you have not made a recorded donation to LUUC in the past twelve months. I want to make you aware of this in case you wish to be a full voting member for the April 25<sup>th</sup> meeting or other meetings coming up.

Should you wish to make a donation there are two ways.

- An e transfer can be made to [lakeshoretreasury@gmail.com](mailto:lakeshoretreasury@gmail.com)
- Cheques made out to LUUC and mailed to our address (5065 Sherbrooke, Lachine, H8T 1H9)

I realize that this has been a difficult year for everyone in many ways and that not having the Sunday plate passed around every week has been a big change. Hope you are all keeping well and safe,

~ Margaret Godbeer, Treasurer



### **ARE YOU HOPING TO START GARDENING.....INDOORS**

Seed Change Canada (which used to be called the Unitarian Service Committee) has produced a helpful video for people who are keen to get their fingers in the soil - while we are still indoors, awaiting Spring and the relaxation of pandemic rules.

Here is the link to their 11-minute video on how to start planting tomatoes indoors - a great activity for all ages!

<https://www.facebook.com/weseedchangeorg/videos/219848412764701>

And Seed Change Canada has some wonderful garden images for children to colour: <https://weseedchange.org/seedy-characters/>

~ Sheila

## CARING CORNER



For the months of March and April, your LUUC Caring Committee contact person is:

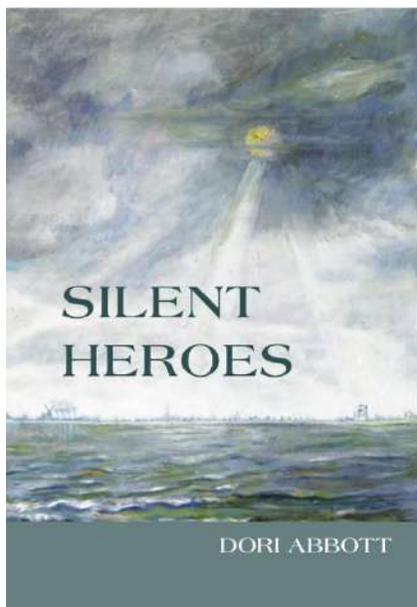
**Sheila Laursen** - 514-697-4195 or by email at [sheila.laursen@bell.net](mailto:sheila.laursen@bell.net)

**Maud Bonnier** has settled into a room (when Physio lets her relax) in Ste Anne's Hospital for her rehabilitation program. Her daughters Kim and Ann are able to visit her, one at a time. From her north-west facing window, she can enjoy the sun setting....

We have been delighted that Maud has been able to join us by phone for a couple of our LUUC services.

- Many LUUCers have now had their first “jab” of the Covid vaccine, and are grateful for that! It sets us to dreaming and hoping for summer gatherings once more.
- **Rev. Heather Fraser Fawcett** has been having increased problems with her eyesight, and is undergoing several treatments. She is determined to adapt to greatly reduced vision with the use of visual aids. Sometime this Spring, Heather will be leading workshops for Beaconsfield United Church's Nigerian Refugee Integration and Support Program. And she is looking forward to presenting a Sunday service for LUUC on June 13th. We send you our best wishes, Heather!
- ZOOM success! Thanks to the support, guidance and patience of **Gary Spiller, Jean Merrifield** is now able to manage Zoom for attending our Sunday services - and she has begun to Zoom into the Knitting group too! Well done, Gary and Jean!
- While recuperating from a skating accident that left **Christine Wooley** off her feet and in a cast for her broken knee, she has still been able to join LUUCers for Sunday services and the Knitting group, thanks to the marvels of Zoom!
- WELCOME BACK! to **Susan Czarnocki** following several months in Florida caring for, and accompanying, her sister Salli on her life's final journey. After Salli's memorial service and internment in the family burial plot, Susan flew back to Canada on March 22, to then begin the required quarantine period.
- **Kerry-Anne Kutz** and **Michael Cartile** were thrilled to be attending the wedding of their son **Simon** and his fiancée over the March 20 weekend. A great celebration of love in spite of the restraints of the pandemic!
- We send good wishes to **John Foulds** who is currently in Lakeshore Hospital recovering from an infection. He has a lot going on right now – his wife's funeral will be on April 10th and he has sold his house. When he is able to leave the hospital, he will return to the home of his daughter Chantal, in Longueuil. ~ **Sheila**

## THE SILENT HEROES



Several years ago, **Dori Abbott** wrote a book called ***The Silent Heroes*** telling of her life in Holland during WW2. Her family was Jewish, so Dori's life was in peril and as a young girl of 10 she, her parents and her brother hid from the invading Nazis. This went on for 5 long years. Away from her family, she was first hidden in plain sight in the home of a wonderful women who looked after mentally challenged children – but the Nazis became suspicious and Dori was suddenly whisked away to Friesland in northern Holland. Most people in that part of the country are tall and fair – Dori was short and dark haired - she stood out like a sore thumb. For her safety, she was confined to the house for most of her stay. The people with whom she stayed were kindly enough, but very religious – so these were not easy times for a lonely young teenager.

The book which was distributed to relations and friends is long out of print – but recently Dori sent a copy of her manuscript to her cousin's friend Carla, who had been imprisoned in Theresienstadt. Then, a most extraordinary thing happened. Carla wrote to say that she already had a copy – she had found it in a second-hand book store in Amsterdam. The book was signed by Dori – “*To my best friend Henriette*” – Henriette passed away a few years ago. Unbelievable!

Despite all these vicissitudes in her youth, Dori, her brother and parents survived. Dori has the amazing capacity to look on the bright side of things and the good news is that she found a loving husband – and lived happily ever after. She and Peter have 4 sons, 13 grandchildren and 1 great grandchild – none of whom would have been born but for that brave little girl who was hidden in Holland 80 years ago. Now, that is what I call a heart-warming story!

~ ed

## CHRISTOPHER'S LENDING LIBRARY

To access - go to the Events list on the Home page of the Lakeshore website: **luuc.org** and the Book Nook is an on-going event till mid-June 2021. There you'll find a list of members' books on offer at no cost. If you'd like to acquire a book, please just write it in the Comment section at the bottom of the Book Nook web page. Your request will be sent to the book's owner and they will contact you about pick up or drop off. It's first come, first served.

~ ed

## **BOOK NOOK**



As a winter/covid project, I decided to read Ken Follett's trilogy – *Fall of Giants*. A 3,000-page marathon depicting the lives of several families throughout the 20<sup>th</sup> century – German aristocrats, Russian peasants, an English lord, Welsh miners and American senators – how they intermarried and interacted throughout those turbulent times and how their fortunes changed forever. I'm coming into the home stretch now – only 100 pages to go. I have found it very interesting – and recommend it as a history lesson – but do leave it for next winter. When I've finished, I'll donate these three books to anyone who is interested – just give me a call 514-630-4206.

~ **Heather Falconer**

## **WE ARE A LITERARY LOT!**

Several of us have had books published – quite surprising for such a small group.

**Dori Abbott's** book, *The Silent Heroes* as described on the previous page.

**Rev. Fred Cappuccino's** book, *Bonnie and her 21 Children* about - what else? - Bonnie and her 21 children.

**Lynette Hopkin's** book, *A Grenadian in Asia*, reviewed in the February newsletter.

**Michael Rookers's** book, *A Brush with Extinction*, a futuristic sci-fi novel telling of life on earth after a devastating natural disaster.

**My** books, *Marching to the Beat of a Different Drummer*, commemorating our congregation's 50-year anniversary and

*Bright with Laughter and Love*, recalling some of my adventures as an LUUC chaplain - including two wonderful trips to Croatia for fairytale weddings.

There may be some copies of these books still available to borrow or to purchase – please call the authors for more information.

~ **ed**



## WEDDING BELLS FOR SIMON AND KIM



Dearest friends/LUUCers,

Our 'little' **Simon** was married to **Corporal Kim Johnson** on Saturday, March 20 at the military base in Borden, Ontario. **Michael and I** were the only guests/witnesses at the wedding from off the base due to COVID restrictions. **Andréa** stayed with Hunter in Montreal and organized a ZOOM meeting so that family members from Alberta to Quebec could watch the ceremony. Kim comes from Cremona, AB but her mom grew up just outside of Quebec City. Kim and her mom are both bilingual!

Kim is currently training to become an MP, a military police officer. Several of her wonderful troop mates attended the wedding all decked out in lumberjack shirts. They apologized for not wearing suits but said they had never imagined they'd be attending a wedding while on course. (They all had their hair cut in the morning however!) They took photos, videoed the ceremony and one of them even played the bagpipes, WELL! All outdoors on a sunbathed March day! It was unforgettable.

**Kim** and **Simon** will be living together in Petawawa when she completes her course in June!

~ **Kerry-Anne**

Congratulations **Simon** and **Kim** - I always get so much pleasure when I hear that one of our LUUC "children" have married and started a new phase of their lives. All happiness and success for your future together. We will all be so happy to meet you **Kim**. ~ **ed**

## THE KNITTING ROOM



Our **LUUC Knitting Group** is having a grand time meeting via Zoom. As you can see, we're busy with projects and learning new things about knitting and crocheting. Everything from toques to mitts to lap blankets to socks are being created for LUUC members, other friends and charities. We feel so much better for meeting and chatting and sharing what's happened over the past week. A special treat is being able to include **Christine Wooley** from out of province! Anyone who wants a free beautifully knitted item, feel free to contact us and put in an

order, and we'll do our best to comply. 😊 New member, ladies or gents, who wish to join, are certainly welcome to join us on Zoom.

Also, **Farlan** has kindly donated a large box of wool from Mary Hunter's supply, pictured above. There is plenty to go around. Feel free to contact me at 514-626-0826 for more information.

~ **Nancy Schmidt**



We meet every Tuesday morning at 10:30 for about an hour. We are currently making lap blankets for seniors and have an order for five or six twizzle mats for seniors in care. Of course, what we knit is our own choice. Today, (the Ides of March) **Christine** was knitting an oversize sock to cover her cast, **Dori**, **Hélène** and **Nancy S** were making squares for the lap blankets, **Toni** was re-learning to crochet, **Margaret** didn't stay long as she had to drive a friend to an appointment, **Shelley** was recovering from her jab, **Constance** was crocheting squares together, **I** was making cat blankets to use up odds and ends of wool – and **Jean**, bless her, was just there!

~ **ed**

## NO SMOKING



Decades ago, when **Rev. Fred Cappuccino** was our minister, he had a No Smoking policy in his home. If you wanted to smoke there - you went outside. Back then in the 1960s and 70s almost everyone smoked – so this idea was not only innovative but considered absolutely insane. A friend of mine said, “I love Fred dearly but he’s wrong about this – and he’ll never get away with it.”

**Fred** wrote in a 1969 newsletter: *“Perhaps I ought to be more tolerant and get myself a face mask and aqua lung to put on when my neighbour lights up. But then, shouldn’t it be incumbent on the smoker to handle his own problem without restricting the freedom of others?”*

*Maybe someone will invent a rather large plastic-cum-rubber glove attachment for those considerate smokers. When someone “just has to have one,” he simply puts the bag over his head, puts his hands into the rubber gloves, and does his smoking inside the bag. When he finishes, he can take his polluted air home where he can enjoy it a second time!”*

I read recently in the Montreal Gazette that, “...smoking will disappear by 2050 from the US, parts of Europe, Australia and Latin America ... but in countries such as China, France and Russia smoking is still likely to be common by 2050.” Good on yer **Fred** – you are always ahead of the pack!

~ ed  
(from one who gave up after my first puff at age 8)

***Do not go where paths may lead, go instead where there is no path and leave a trail.***

~ **Ralph Waldo Emerson**

## TO PAUL:



We all know a carpenter named Paul,  
Creative items he makes large and small,

His use of the tape measure,  
Always gives him great pleasure,

His love of wood benefits us all.

~ **Christine Wooley**



Hello **Toni** – A very happy Birthday on April 10<sup>th</sup> – how’s the crocheting coming along?

Dear **Catherine** – miss you – so glad you have joined the Knitting – we are a very harmonious group. Happy Birthday on the 13<sup>th</sup>.

How is lovely little **Miss Mischa**? You will be walking and talking by now. We all look forward to seeing you again. Happy Birthday on April 13<sup>th</sup>.

Dear **Nabil** – **Sari** tells us that you have taken her tobogganing – and she enjoyed it. Happy Birthday on April 16<sup>th</sup>.

Hello **Reverend Heather** – we wish you well with your worrying medical problems. Happy Birthday on April 21<sup>st</sup>.

Dear **Gary** – Love your idea about Poet’s Corner (see below) – and many thanks for your kind help with my Zoom! Happy Birthday on April 22<sup>nd</sup>.

Hello **Gord** – Long time - no see! Happy Birthday on the 24<sup>th</sup>.

~ ed

## POET’S CORNER

**Gary Spiller** would like to have a Poet’s Corner – where you send in poems you have written or one you enjoy to read. He was walking in the woods the other day – and wrote these charming words:

Early Spring

Dancing waters gleam in sunshine

Icicles drop and join the snowmelt as it feeds the streams

Birds weave a tapestry of colour as they dance around the bird feeders

Snow sculptures and snow banks retreat until next year

We hope!

## FUN FUNDRAISING

Let the springtime air invigorate us throughout April in anticipation of a special event in May. Back by popular demand, it's our **Spring Service Auction!**

This is an important fundraiser for our little congregation and one that showcases LUUCers' resourcefulness and creativity. Let us offer the joy of service to one another. It's the opportunity to share in the restorative energy of service to others and the strengthening of our church as a whole.

What would you like to offer? Kindly fill out the Service Auction Offer Form by Sunday, April 25th:

**You can find this form at the end of this article on page 17 - or via our website, <https://luuc.org/events/service-auction-may/>**

Questions? Email Rob at [roblutes33@yahoo.ca](mailto:roblutes33@yahoo.ca) or Selina Ann at [selrook@gmail.com](mailto:selrook@gmail.com)

**LUUC's fundraising committee thanks you for your generosity May you find inspiration among these past ideas and new suggestions:**

"Happy Meal" Deliveries: single-serve, compact & healthful lunch or supper dishes 🍱 🥗

Personal Grocery Shopper: cumbersome commissions! 🍌 🥤 🛒

Personal Errand Runner 📦 🏠 🚶

Supper Zoom Serenades 🎵 🎶 🎵

Birthday (or Any Day) Zoom Sing-O-Grams! 🎵 🎉 🎵

Spring Garden Prep 🛠️ 🍅

Vegetable Garden Planting 🌱 🍅

Wood Work Repairs (small projects) ☐

Upholstery (chair cushion) Repairs 🧰

Small Item Repairs ☐ (mechanical or other)

Online Songwriting Workshop 🎵

Online Music Lesson 🎹 🎸

Virtual Healing Energy Therapy 🙏

Virtual Meditation & Yoga Session 😊

Learn to Knit or Crochet Online Workshop ☐

A Knitted Treasure 📖

A Baked Delight 🍪

Seamstress Services: Clothing Repairs (& minor sewing jobs) ☐

Family Heirloom Photos: Printing & Restoration 🖨️

Online Art Therapy Session (Sketching or Painting) 🎨

A Listening Ear 👂 Telephone Talk

Read-Me-A-Story: Adults Only Mystery-Solving Evening with Sleuthing Prize 📖 🔍

Teach Me to Cook: Veggie Edition 🥬

Teach Me to Cook: Vegan Edition 🥕

Teach Me to Bake: Healthy Muffins Edition 🍪

Teach Me to Bake: Fluffy Bread Edition 🍞

Bedtime Kids 📺 zoom Puppet Theatre 🎭

Happy Kids Zoom Dance Workshop 🕺 🎶

Sunrise Stretch & Stroll by the Water (6-7 early-birds) in Pointe-Claire 🏠 🌅 🏠

Distanced Nature Walk & Photography along Lachine Lakeshore (for 2-3 photographers) 🌿 📷 🌍 📷

Distanced Walkin' & Talkin' Coffee Tour of Dorval walking (for 4 strollers maximum) 🏠

Distanced Walkin' & Talkin' Coffee Tour of Pointe-Claire Village (for 4 strollers max.) 🏠 🚶

Wine & Cheese Party! BYOW—red, white, or rosé—plus fav cheese for a led discussion at this casual Zoom mixer! (8 guests + wine host aficionado) 🍷 🥑 🏠

Garden Tea Party—socially distanced—one sunny afternoon in a lovely backyard garden (host to determine # of guests) 🌸 ☕ ☐

Backyard Brunch—socially distanced—one mild mid-morning on a sunny backyard deck or patio (host to determine the # of guests) 🍷 🍊 ☕

Cottage getaway weekend for two (or for a family)! 🏠 🏠 🌲

**You decide what type of giving would give you happiness.**

**With gratitude from LUUC's fundraising team.**

**~ Selina**



**LAKESHORE UU CONGREGATION SERVICE AUCTION OFFERS  
EVENT -**

**Name** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

Please fill in your evening phone number.

**WHAT? - Description of offer** (Please fully describe your offer)

**HOW MUCH? - Suggested price** - please complete one choice

**Fixed Price amount \$** \_\_\_\_\_

**Live Auction starting bid \$** \_\_\_\_\_

**HOW MANY?** - Number of times the offer will be made. \_\_\_\_\_

If a group event, for how many participants each time \_\_\_\_\_

**WHEN?**

If an event, please indicate the month, day of the week, time of day

**WHERE?** (How and where my offer will be delivered)

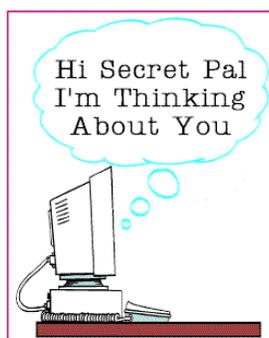
**At LUUC on a Sunday (date)** \_\_\_\_\_

**At my home (see Directory) at a time to be arranged**

**At a time and location to be arranged with bidders**

**THANK YOU FOR SUPPORTING OUR LUUC SERVICE AUCTION!**

## **KEEP IT SECRET!**



What novelty could be peeking out of our LUUC Springtime basket this Easter Sunday?

It's our tried & true, pen-pal congregational activity —Secret Pals!! Shhh...stay tuned for more info.

## **📖👤 Springtime SAS for Storybook Nostalgists 😊🌟**

As seasons blend one into another, subtle changes peek into our daily routines, catching our eyes, easing our breath, embracing our heart, and tickling our soul.

Small moments—the twitter of chickadees on a mild, sunny morning—make life sweet.

As we extend our all-ages story-time into springtime, may we reconnect with the little child jumping for joy within each of us; that lovable rascal who thrills to run through a field of dandelions.



Selina Ann's StoryTime:  
Sunday evenings in April  
from 7:30 till 8 o'clock

Listeners of every age are welcome, non-UU friends & family inclusively. ❤️

Join Zoom Meeting

<https://zoom.us/j/98009081477?pwd=3DRUIzbEtkdmxWVY9UTXJBN29JdGh4dz09>

Meeting ID: 980 0908 1477

Passcode: 793710

Dial in ( Montreal ) [438-809-7799](tel:438-809-7799)

~ **Selina Ann**

**Festival de la Voix - 8th Edition!**  
**“RESILIENCE AND INSPIRATION”**  
**The Beauty and Power of the Human Voice**



The **2021 Festival de la Voix** will be online once again with a fabulous array of artists and musical styles.

From **March 20 to April 3 online: The Best of Broadway - A SING-ALONG!** Sing some of your favourite Broadway hits with vocalists Laura Coulter-Low and Erin Berger and pianist Michael Woytiuk, all from the comfort of your favourite armchair!

From **April 10 to April 24 online:** Rendez-vous with **QUARTOM** male vocal quartet. This outstanding quartet will sing love songs from The Renaissance to Queen and The Beatles! This is truly wonderful singing that you won't want to miss!

The Festival de la Voix will also present three online workshops to which you're invited to participate or to observe. Information can be found on our website **[www.festivaldelavoix.com](http://www.festivaldelavoix.com)**. You can **contribute** to the festival with your deeply appreciated donations through the **website** and by clicking the "Donate" button. Thank you for your continued interest and support!

~ **Kerry-Anne Kutz**

**UPCOMING SE EVENT**

Casey Stainsby is one of the YaYA advisors behind this popular event that aims to reconnect and reenergize our older kids with their cross-country peers:

**CazUUm National Youth Conference!**

**When:** May 14-16

**Where:** Online, on Zoom

**Cost:** Sliding Scale \$5 - \$50

**Registration:** March 15 - May 9

**More info and to register:** [cuc.ca/events](http://cuc.ca/events)

Follow [@canuudle](https://www.instagram.com/canuudle) on Instagram!

*CazUUm is the online counterpart to CanUUdle, the beloved annual national conference for Unitarian Universalist youth (ages 14-19) and their adult advisors.*

*This year's theme is Finding TreasUUre!*

*Together we will uncover the precious gems that are hiding in these difficult times.*

~ **Selina**

## WOMEN'S HISTORY MONTH



**Lynette Rooker** received accolades last month (March) with this notice from the President of the Playmas Montreal Cultural Association: March is Women's History Month and the Spice Island Cultural Day Association would like to honour some of our Grenadian women who are making history.

Lynette was featured along with Hon. Jean Augustine, Mrs. Bertha Pitt-Bonaparte and Celina Ceasar-Chavanne for Women's History Month. Here is Lynette's bio that appeared on the Association's Facebook page:

**Lynette G. Hopkin**, is an author, painter, artist and astute housewife, born in the beautiful island of Grenada. The daughter of Hoteliers Curtis and Audrey Hopkin, she later pursued her studies in London, England where she met her husband, Michael Rooker.

Together they traveled the world and raised three children in Ireland, Jamaica, Ghana and Montreal, her current home. She loves dancing and presently, due to Covid, misses going to her gym six times a week for her Zumba classes.

Writing has always been her greatest hobby, which includes quotations, inspirational thoughts and poems. Two of the latter can be found in her recently published book, "*A GRENADIAN IN ASIA. How I escaped a drug plant, an airport taxi abduction and lived to write this book*". Her book is available in Grenada, and on [amazon.com](https://www.amazon.com); [amazon.ca](https://www.amazon.ca); [barnesandnoble.com](https://www.barnesandnoble.com) and [bookbackgrounder.com](https://www.bookbackgrounder.com)

## FORGOTTEN

**Winterberg Tunnel, northern France:** The bodies of 270 German soldiers (WW1) were recently found in a tunnel – where they lay undisturbed and forgotten for over 100 years. The soldiers were trapped in the tunnel in 1917 when the entrance was bombed and blocked – only three survived to tell the tale. It is not sure what to do about the bodies – the French are not interested and the Germans, so far, haven't made a decision.

**NB:** *I understand that when bodies of Canadian, other Commonwealth and British soldiers are found in the fields of France, clues and details are painstakingly researched, their descendants notified where possible and a dignified burial is arranged.*

~ ed

## **SIGNS OF SPRING**

### **bring thoughts of gardens, and harvests to come**

In her book "Braiding Sweetgrass". Robin Wall Kimmerer shares these powerful words of covenant:

*We are all bound by a covenant of reciprocity.*

*Plant breath for animal breath, winter and summer, predator and prey, grass and fire, night and day, living and dying.*

*Our elders say that ceremony is the way we can remember to remember.*

*In the dance of the giveaway, remember that the earth is a gift we must pass on just as it came to us.*

*When we forget, the dances we'll need will be for mourning, for the passing of polar bears, the silence of cranes, for the death of rivers, and the memory of snow.*



### **GUIDELINES FOR THE HONOURABLE HARVEST**

*Know the ways of the ones who take care of you, so that you may take care of them.*

*Introduce yourself. Be accountable as the one who comes asking for life.*

*Ask permission before taking. Abide by the answer.*

*Never take the first. Never take the last.*

*Take only what you need.*

*Take only that which is given.*

*Never take more than half. Leave some for others.*

*Harvest in a way to minimize harm.*

*Use it respectfully. Never waste what you have taken.*

*Share.*

*Give thanks for what you have been given.*

*Give a gift, in reciprocity for what you have taken.*

*Sustain the ones who sustain you and the earth will last forever.*

**~ Suggested by Sheila**

## ALL RACES EQUITY

**Gentle greetings to you all on this lovely springtime day.**

**Here for you are the March highlights of our 2021 All Races Equity panel:**

In honour of International Women's Day, **Sheila Laursen** spotlighted a formidable woman, Sojourner Truth, one of the most powerful advocates for human rights in the nineteenth century. Read her powerful words for yourself here:

<https://www.nps.gov/articles/sojourner-truth.htm>

**In conjunction with an intuitive q&a period, Talia Sanchez-Rooker presented the following videos from popular web series' "MiddleGround" and "Spectrum":**

"Can BLM advocates and law enforcement see eye-to-eye?"

<https://youtu.be/S6rDvbQ-mz4>

"Do All Native Americans Think the Same?"

<https://youtu.be/A0Cz7XCC00w>

**In addition, Selina submitted a short video from the Canadian web series "First Things First: What does racism look like in Canada?". Cindy Blackstock, executive director of the First Nations Child and Family Caring Society of Canada, will be our guest speaker on April 11th! Her words of wisdom can be heard here:**

<https://fncaringsociety.com/how-change-systemic-racism-canada>

*The ARE panel is an informal gathering where we share material, visual or audio, with a united desire to internalize a renewed understanding of complex or uncomfortable social subjects; to express ourselves without fear of judgement; and to seek out ways to affect positive change in our relationships with fellow citizens.*

Equity panel Zoom meetings continue on **Mondays from 8 - 9pm.**

All are welcome: LUUCers & friends.

Zoom link info:

Topic: A. R. EQUITY Panel

Time: Monday, 8pm

Join Zoom Meeting

<https://zoom.us/j/98210002256?pwd=Yy8yanA2cU1DaFRuNIIXRIJEL0lvUT09>

Meeting ID: 982 1000 2256

Passcode: 123456

Dial in. (438) 809 7799

~ **Selina Rooker-Sanchez**

## **SMALL PHOTO SERVICES BUSINESS: MIKEY PHOTO RESTORATION**

Since February's Newsletter input that you may recall, I've started to publish regular posts on two key social media platforms: – "LinkedIn" and "Instagram". There are two series of these posts; the first for "**Traveler's Tales**" and the second for "**Photo Restoration**".

Here below, for example, is a rearrangement of two travel posts that appear on my "Mikey Photo" business page that I've established on "LinkedIn". This current theme illustrates "spiritual sanctuaries of Myanmar". Themes will change from time to time.



In Yangon, Myanmar, twilight falls on the Swedagon Pagoda. Visitors mingle with friendly monks and local Buddhists in this great spiritual sanctuary.

Statues of the Buddha abound, including in lighted alcoves. The sun has set but there's enough light to reflect strongly off innumerable, gold-clad stupas.

From centuries past, this Pagoda continues to be is one of the great spiritual centres of the world. Friendly locals honour it and keep it clean; the monks oversee spiritual and practical matters. How terrible for all to know how the military are behaving in this backward country!



The fourth type of Buddhist monasteries are dedicated to teaching. There would be no schooling for many of the children in Myanmar but for the brave, dedicated monks.

*"Here they come, out from a burst of light from beyond the pathway, filing slowly forward with hands clasped in companionship and hope – children, in innocence and purity!" Mikey*

The present tragedy in Myanmar includes, of course, its impacts on children's guidance and education. Here is a new generation that badly needs to be saved from the horrors of suppression and from stolen opportunities to grow with the rest of the world.

~ Website: [www.mikeyphoto.ca](http://www.mikeyphoto.ca)

**WELCOME TO LAKESHORE**  
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<b>NEWSLETTER DEADLINE:</b>		<b>April 20<sup>th</sup>, 2021</b>
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<b>OUR WEB-SITE:</b>		<b>www.LUUC.org</b>
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**HAPPY EASTER EVERYONE**

