

LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION



AS WE ZOOM ALONG

APRIL 19TH – 10:30am
Meet & Greet at 10:00 am

INTRODUCTION TO LIVING SOILS

Vivian Kaloxilos

Join the **Zoom** Meeting on your device:
<https://us04web.zoom.us/j/490921797>.

Or **Zoom** by phone 438 809 7799
 Meeting ID is 490 921 797 # (and # if prompted)

Vivian grew up in the West Island and graduated from McGill University's School of Environment with ecological field experience at the Smithsonian Tropical Research Institute. She is a musician, singer/songwriter, and photographer as well as an environmentalist and permaculturalist. Vivian lives now in the Eastern Townships, where in 2015, she started a company called DocTerre, an affiliated Soil Foodweb Inc laboratory and consultation service. They assist farmers and compost companies across Quebec and Ontario in the regeneration of soil ecosystem services.

Her **Introduction to Living Soils** will be about the life beneath our feet and how these microbes are vital to a healthy planet, resilience to changing climates, to growing highly nutritious food without synthetic fertilizers, to restoring the water and carbon cycles, and supporting biodiversity. Life in the soil has been and is being depleted all over the world due to bad land management practices and exploitative industries. But today farmers and people around the world are choosing to team up with life by using regenerative land management practices as a service towards the environment and towards our shared future on planet earth.

Service Leader - Sheila Laursen.

Musician - Kerry-Anne Kutz



Sunday April 26th, 2020 - 10:30 a.m. “THE GLOBAL ENVIRONMENTAL JUSTICE ATLAS” Leah Temper

The global indigenous population of 370 million is greater than the population of the USA, yet Indigenous peoples are among the most affected by environmental injustices globally. Environmental justice theory has not yet meaningfully addressed de-colonization and the resistance of Indigenous communities against extractivism in the settler-colonial context.

A de-colonizing and transformative approach to environmental justice should be based on self-governing authority and the expansion of ecological rights. Bolivia and Ecuador, for example, have honoured their indigenous cultures' view of nature as a changing and living entity that should not be exploited solely for human success by enshrining the “Rights of Nature” in their constitutions.

Service Leader – Gary Spiller

Music – Kerry-Anne Kutz

HIGH QUALITY CARE COSTS MONEY



I've just spent a couple of hours listening to the reports on the distressing state of long-term care residences for the elderly across Canada. They are the perfect vector for COVID-19 transmission, along, of course, with homeless shelters, women's shelters and jails.

Is it not shocking that regardless of several waves of rapidly spreading diseases washing over us in the last few decades, public health agencies have not required such institutions and residences to have well-developed plans for these emergencies? Such plans should require close observation, testing, and evacuations of infected individuals to pre-designated sites, from any setting where individuals live together in close proximity, and have no local space for isolating infected individuals. And how about a 'hotline' where PPE (personal protective equipment) could be ordered at subsidized prices, and delivered quickly?

These places tend to house the 'voiceless'. Is that the cause of our failure to notice the threat to them lurking in plain sight?

The horrific death-toll precipitated by lack of such plans makes this the perfect moment for advocating filling this gap in our pandemic-planning.

Is there support for LUUC sending a letter to those who have influence in these matters to suggest this -- and a couple of volunteers to get it done?

- **Susan, President**

THE WORLD WILL NEVER BE THE SAME AGAIN

Rubbish: As less restaurant/take-out eating is occurring, the cities have found that there is a lot less rubbish on the streets for the garbage collectors to pick up. You may think that this is a good thing ... but...it poses a problem for the city critters who rely on these healthy scraps to augment their diet. The raccoons and wee mousies are hungry!

The UK hedgehogs, however, are happy that the country lanes have a lot less traffic at night. Now they can cross the road without fear of getting squashed. (BBC has the darndest news!)

Corona Cuts: Now that the toilet paper problem has been solved – it's hair clippers and hair dye that is disappearing fast from the shelves. Cutting hair at a salon is impossible at the moment, but what to do? I noticed that even our Prime Minister's hair is longer than usual and he now wears that windswept rakish look.

The big bell rings out: It is a year since the tragic fire that destroyed part of Notre Dame Cathedral in Paris. Earlier this week the great 13-ton bell was tolled to honour France's embattled health care heroes. Work has ceased on the restoration for now, but President Macron assures that all will be finished on time in 2024.

Caremongering is a brand-new word, which didn't exist three weeks ago and has flown through social media like lightning. The word refers to groups of people who are willing to do errands for those who have to stay inside, i.e. seniors.

"The sun will shine on you again and the clouds will go away" says **Captain Thomas Moore** a 99 year old WW11 veteran. Known as Captain Tom, he is a former British Military Officer who served in India and in the Burma campaign. He later became an instructor in armoured warfare. On 6th April 2020, at the age of 99, he said he would walk around his garden 100 times before his 100th birthday on April 30th – to raise money for the NHS – the National Health Service in the UK. So, with the help of his walker and his medals pinned proudly on his chest, he began his walks with the goal of raising £1,000. So far, he has raised over £17 million – (\$29,800,000.) That's why his generation is known as the Great Generation. Ask **Jean**, she's one of them. - ed



Captain Tom on completion of his 100 garden walks

THIS AND THAT

COV-ID 19 AND BREXIT: From a commentary by a Guardian columnist, “Leave or remain now feels like an ancient divide, made suddenly irrelevant when the only distinction that matters is alive or dead. / Jonathan Freedland.

https://www.theguardian.com/world/2020/apr/08/coronavirus-crisis-has-transformed-our-viewofwhatsimportant?utm_term=RWRpdG9yaWFsX0d1YXJkaWFuVG9kYXIVS19XZWVrZGF5cy0yMDA0MDk%3D&utm_source=esp&utm_medium=Email&CMP=GTUK_email&utm_campaign=GuardianTodayUK

UU PRINCIPLES: On April 7-9 The Vancouver Unitarians highlighted a virtual ‘get-together’ entitled “Being Together”, organized by Unitarians in the UK. The program is described on this website:

<https://www.unitarian.org.uk/beingtogether?fbclid=IwAR2v-0kTiDYADhhEtDP2oClkc7beYbyOvB74aVXyh981DwTZ5SMZCw-APC4>

From that location, I checked out their approach to “being Unitarian”.

Voila, the UK version of UU principles, which has many correspondences to our North American’ 7 principles:

“Shared values”

“Despite the wide variety of beliefs you will find among [UK} Unitarians there is broad agreement on what constitutes our shared values:

- the nurture of life's spiritual dimension;
- the use of reason and honest doubt in the search for truth;
- mutual respect and goodwill in personal relations;
- constructive tolerance and openness towards the sincerely-held beliefs of others;
- peace, compassion, justice and democracy in human affairs;
- reverence for the earth and the whole natural system of which we are part.

We find that these values form a more effective foundation for true community than insistence on uniformity of belief and doctrine.”

<https://www.unitarian.org.uk/pages/faith>

~ *both articles courtesy, Susan Czarnocki*

LOVE YOUR NEIGHBOURS I am part of the Table de quartier group that initiated this way to support our community - it was started before the pandemic, and this list of 10 Ways to Love Your Neighbours is even more important now! Here is the link for the list

<https://www.facebook.com/JMVLYN/photos/rpp.102511261393959/110816463896772/?type=3&theater>

~ *Sheila Laursen*

STAY SAFE – PRACTICE P-H-Y-S-I-C-A-L DISTANCING – WASH YOUR HANDS

IN TIMES OF CORONA

Our Sunday Service Committee is hard at work preparing the service for the coming Sunday – a heck of a lot more work than usual and especially with the new technology they have had to acquaint themselves with. (I know one shouldn't end a sentence with a preposition – please forgive.) We are all very grateful for their herculean efforts – as is reflected in the attendance numbers.

Reflection from Dori: In the beautiful Easter service, **Gary** mentioned also our war experiences. How we coped during those difficult times. I feel that the only similarity with our war experience and what we are going through now is, that we don't know when all this is going to end. We have to live the best we can with this uncertainty and just keep hoping that the end will be in sight soon.

From the Ed: In his talk last Sunday, **Gary Spiller** mentioned that the masks we are now required to wear are not unlike those issued during WW11 in Britain. He said that masks were required for everyone, including babies – although he couldn't understand how such a mask would work for a baby. The baby masks were rather like small incubators. The baby was placed inside and there was a hand pump for air. I remember my Mother putting my sister in hers during a practice session, and Mum said that she hoped never to have to use the darn thing – it was clumsy and awkward. As children, we carried our masks in little cardboard boxes back and forth to school, particularly at the beginning of the war until the hostilities turned in favour of the Allies. Churchill called that time, "*the end of the beginning.*"

Many of us have had to re-acquaint ourselves with our vacuum cleaners.

Eighty-four cent gas - I have a tank full of gas priced at 84c per litre – but nowhere to go. Although I did take a ride along the Lakeshore Road as far as Beaconsfield. Whoopi! It started out as a pleasant day – and passing **John's** house I noticed the row of dogwood bushes that march up his front path – they were shining ruby red in the sunlight - so pretty. The water was high at Fritz Farm and spilling over into the park. A heck of a noise was going on as the resident geese were honking at the newly arrived ducks – who were quacking loudly in reply. The skies were clouding over - but **Paul's** red truck was sitting in his driveway in Baie d'Urfe – that is always a comforting sight – then into Ste. Anne's and the amazing carpet of heavenly blue scillas and crocus displayed on the lawn of the old Hudson Bay House – so beautiful – but by now it was snowing across the River and into the Town. Canada!



My granddaughter **Savannah**, recently returned from Thailand and now out of isolation, has taken to growing orchids. This is her first bloom.

~ ed

“HOPE”

“Hope” is a thing with feathers
That perches in the soul
And sings the tune without the words
And never stops - at all -

And sweetest - in the Gale - is heard
And sore must be the storm
That could abash the little bird
That kept so many warm

I’ve heard it in the chillest land
And on the strangest Sea
Yet – never – in extremity
It asked a crumb – of me

by Emily Dickinson

With its sweet message and singable rhythm, this tribute to hope is arguably Dickinson’s best-known work. Prettier and somewhat more palatable than many of her later meditations on pain and death, it appears on plenty of greeting cards and posters you can buy online.

The poem spins out a straightforward extended metaphor: hope as a bird — selfless, persistent, and warm. Rendered with a feather-light touch, this imagery sticks in the brain because it rings true and gives the reader, well, hope. ~ **submitted by Sara Kelen**



My granddaughter **Chelsea**, recently returned from 2 years in Australia, made this beautiful rainbow and put it in the front window of her house.

~ **ed**