

LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION
5065 Sherbrooke Street,
Lachine, QC. H8T 1H9
514 - 637- 6974



MARCH 2020
NEWSLETTER

REFLECTIONS ON THE PRINCIPLES OF UNITARIAN UNIVERSALISM

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides. During the month of March, we will begin to examine UU Principles 5 and 6:

- The right of conscience and the use of the democratic process within our congregations and in society at large, and
 - The goal of world community with peace, liberty and justice for all.
- And then, Rev. Heather Fraser Fawcett will help us reflect on Principles 3 and 4:
- Acceptance of one another and encouragement to spiritual growth in our congregations, and
 - A free and responsible search for truth and meaning.

MARCH 1st, 2020 - 10:30 a.m.

“FAHRENHEIT 451”
Federico Sanchez

Federico is a Montreal journalist with the French language media. His talk is inspired by the sci-fi novel, Fahrenheit 451, by Ray Bradbury, and its uncanny prediction of our present. The subject will tie to current issues, such as Bill 21, and will have something to do with books, empathy and the ability to see the world through someone else’s eyes.

Service Leader - Paul Sullivan
Music - Kerry-Anne Kutz

Hospitality – Dori & Peter Abbott

MARCH 8th, 2020 - 10:30 a.m.

**“WRITE FOR RIGHTS!”
Carol Rowan**

Carol will mark International Women’s Day by speaking about the concept of rights, and consider rights-based conventions, especially for Indigenous people.

Rights is a complicated topic as is made clear by Mi’kmaq scholar Pam Palmater, who writes about “the right to vote,” and Gitksan children’s rights activist Cindy Blackstock.

Cindy’s children’s book titled *Spirit Bear and Children Make History* tells the story about the First Nations Child and Family Caring Society of Canada’s rights-based fight with the Canadian Government.

Inuk environmental activist and former International Chair of the Inuit Circumpolar Conference Sheila Watt-Cloutier has written about the “Right to be Cold.”

**Service Leader - Christopher Thomson
Music - H  l  ne Cimon Auer**

Hospitality – Jose and Toni

SPECIAL PASTA LUNCH TODAY : Do join us for the Pasta Bar Lunch (5\$) that the Youth Group has organized for today - and stay for the Square Dancing (10\$)

Irene - crew chef, with Dan, Selina, Monique, Rob, Catherine and Annie



DAYLIGHT SAVINGS DAY!!

**SPRING FORWARD - SPRING FORWARD - SPRING FORWARD – MARCH 8TH
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**March 15TH, 2020 - 10:30 a.m. “THE GLOBAL ENVIRONMENTAL JUSTICE ATLAS”
Leah Temper**

The global indigenous population of 370 million is greater than the population of the USA, yet Indigenous peoples are among the most affected by environmental injustices globally. Environmental justice theory has not yet meaningfully addressed de-colonization and the resistance of Indigenous communities against extractivism in the settler-colonial context.

A de-colonizing and transformative approach to environmental justice should be based on self-governing authority and the expansion of ecological rights. Bolivia and Ecuador, for example, have honoured their indigenous cultures' view of nature as a changing and living entity that should not be exploited solely for human success by enshrining the “Rights of Nature” in their constitutions.

**Service Leader – Gary Spiller
Music - Kerry-Anne Kutz**

Hospitality – Sari and Susan



**MARCH 22nd, 2020 - 10:30 a.m. “Indigenous History and the Federal
Politics of Reconciliation”
Robert Green**

Westmount High School history teacher and 2019 Green Party candidate for NDG-Westmount, Robert Green will share his perspective about the meaning of reconciliation with regards to both federal politics and the provincial history curriculum.

Robert will look at the evolving relationship between Indigenous Peoples and the Federal Government and consider some of the reasons that aspirational words from federal politicians have not been followed by concrete actions. He will touch on the history of the Indian Act, and the efforts to reform it, and speak about how we as citizens can become allies of Indigenous Peoples in the struggle to finally end Canada's colonial approach to Indigenous relations and establish a new relationship based on a nation-to-nation approach and respect for the principles outlined in the UN Declaration of the Rights of Indigenous Peoples. He will also share his perspective as a history teacher on the latest reform to Quebec's history curriculum and the struggle to have the Truth and Reconciliation Commission's Calls to Action implemented by Quebec's Ministry of Ed.

**Service Leader - Sheila Laursen
Music - Kerry-Anne Kutz**

Hospitality – Chris & Margaret

MARCH 29th, 2020 - 10:30 a.m.

“GROWING EDGES”

Rev. Dr. Heather Fraser Fawcett

Using a term from the art and science of Professional Chaplaincy, “growing edges,” Heather will reflect on some of the growing edges of religion, spirituality and health, and how these intertwine. She’ll consider the necessity of knowing our own growing edges, and the growing edges of our communities. And will touch on lifelong learning, aging, fears and phobias of the mind and heart, spiritual deepening, new science and new theology, healing and mindfulness.

This is an overview of some important growing edges in our time, with some questions as homework to take us all forward. A spring into spring!

Service Leader – Susan Czarnocki
Music - Hélène Cimon Auer

Hospitality – Sheila and Jessica



THE BOARD INVITES YOU TO LUNCH

This year, on Sunday April 12, the **Board will offer a catered lunch for the members** during which the Treasurer will make the annual **Stewardship Presentation** to acquaint members and friends of Lakeshore with the financial outlook of the congregation. At the end of the lunch, he will answer any questions from the floor about income, expenditures and investments. Members are invited to fill in a Pledge indicating how they will contribute their talents, time and treasure to supporting our programs and activities in the coming financial year. Looking forward to seeing you there!



~ Christopher Thomson

FROM OUR PRESIDENT

THE BIG PUSH IS ON!



WOW! We have five of our youth members who are interested in attending the CanUuddle CUC Youth Conference in Halifax in May. I think this is a 21st century record! Here is how we intend to make it happen: LUUC will be supporting them through our Youth Conference Support Fund; they will be applying to the CUC's Youth and Young Adult Subsidy Fund, and they have already been fundraising on their own behalf, as well as to replenish our Youth Conference Support fund for the future. They are excited and they have noticed that you are too! They have really appreciated the encouraging words and pecuniary support they have been getting from the membership!

The BIG EVENT planned for March is Square Dancing and a Pasta Bar Lunch, happening on Sunday, March 8th. We really want a big crowd, so invite every one you know. They don't need to DO square dancing – it's lots of fun to watch other people. Take me as an example: I have trouble knowing left from right, especially when hearing verbal commands – and I really have to pay a lot of attention to get it right. Except that when I am having fun, I can barely pay attention at all. So, I am usually out of step, going the wrong way! The perfect definition of having a good time.

So be there or be square!

- *Susan*



DAYLIGHT SAVING TIME

SPRING FORWARD - SPRING FORWARD - SPRING FORWARD – MARCH 8TH
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SPRING FORWARD - SPRING FORWARD - SPRING FORWARD – MARCH 8TH

SERVICE AUCTION COMING UP MARCH 29!



YOU can help to make our LUUC Service Auction another great success by offering something special that could be bid on - and by participating in the bidding! The Service Auction will be held following the Sunday service on March 29 - so please let us know soon what you can offer and we will promote it.

Here are some offers that have been enjoyed in previous years....

- a cake, cookies or other cooked or baked goods (to take home that day...)
- a lesson (in writing songs, computer skills, or cooking...)
- a special meal that you prepare for a group (we ALL love to eat with others...)
- a skill that you can share (such as building, cleaning, or fixing things....)
- an outing or experience (visit to a cottage, an afternoon canoeing, etc...)
- an event you host (afternoon tea, movie night, musical performance...)
- a service you could provide (child-minding, cleaning, yard work....)

Use your own imagination and ingenuity - and please make an offer!

Please contact **Sheila Laursen** (514 697-4195) or **Christopher Thomson** (514 634-5916) BEFORE March 27th so your offer can be on the list!

THANK YOU CATHERINE

It is a pleasure for me and the rest of the Board to welcome **Catherine Forbes** to the SE program. Already there is a revitalization with the youth – it's positively palpable – as they prepare to go to their Conference in Halifax. Let's support the kids all we can. Many thanks to Catherine for taking on this very vital project.



~ ed

OUR CHILDREN - SQUARE DANCING AND PASTA BAR



Dear LUUC Members and Friends,

As you may have read in the February Newsletter, the LUUC Youth are trying to raise money to go to the CUC Conference in Halifax this May. We have a number of FUNdraisers planned starting with a hot chocolate sale this coming Sunday.

Then on March 8th, we are organizing a Square Dancing event that we're excited to invite you to! This is a fun event for all ages, with dancing, a delicious pasta bar, our big raffle of prizes, and the chance to meet some wonderful people.

We have tried to add all of you who have Facebook to the online FB event and ask you to please RSVP that you are going (RSVPing will help create more enthusiasm for the event!). Thanks to those of you who have already responded!! If you have Facebook, please RSVP here: <https://www.facebook.com/events/616918308853350/>

Please let us know if you are going or interested so that we can plan accordingly! You can pay at the door, it's 10\$ for the square dancing and only an extra 5\$ for access to the pasta bar. Don't worry if you don't know how to square dance, there will be square dancing "angels" to take us through the basics and lead us along our dancing journey.

Feel free to invite your friends and family.

Also, a HUGE THANK YOU to those of you who have volunteered to make Pasta Sauce for the event!! If anyone else has a delicious sauce they'd like to bring, please let Olivia and Talia know (oliviagav1@gmail.com and talia.sr22@gmail.com).

We hope to see you all there!

Thank you for your support!!!
The LUUC Youth Group

UPDATE FROM CATHERINE:

The Youth Group was utterly overwhelmed by your incredible support of their first fundraising effort – the hot chocolate sale on February 16th! They want to thank each of you for your generosity in helping them get one step closer to their dreams of attending CanUUdle in May.

Dust off your dancing shoes! YEEHAW!!!

Our Wonderful Previous SE Teachers – Where are they now?

Caitlin Berry (2007-2009 and 2010/2011 Kids SE Leader)



After leaving LUUC, I graduated from McGill with a degree in Civil Engineering & an Environmental Engineering Minor and was offered a job at General Electric – the department specializing in waste and drinking water treatment. Since then, I have had several promotions within GE and have traveled across North America. I am now working for Suez as a Sales Manager in the Food and Beverage industry. I still swim competitively and this year I'll be going to a swim meet in Columbia!

I come to Montreal to visit family a few times a year and have visited LUUC on a few of those trips. I love seeing the children I used to teach who have all turned into beautiful, kind and caring young adults. Looking forward to more visits in the future!

Fredella Weil (2009/2010 Kid's SE Leader)

During my time as RE teacher at the LUUC I was working on my first degree, Zoology from McGill. After graduation, I started working for Hagen pet products, before being hired at Sherwood Park Animal Hospital. After two years, I decided to go back to school and get my mechanical engineering degree! I'm happy at Realterm Energy, helping municipalities become green.



I married Eddie in 2018. Over the past 7 months, I've been enjoying my newest role as mother to the happiest baby boy, Erwin. Erwin made us a family June 26th 2019. It is exhausting and amazing all at once. We live in Verdun and plan to raise Erwin UU -- the memories of which will always be a special part of my life.

Casey Stainsby (2011/2015 DRE, Kids & Youth Leader)



I now call Victoria, BC home. I attend the First Unitarian Church of Victoria, where I volunteer with the kids some Sundays and coordinate the Our Whole Lives (OWL) Sexuality Education programs. I've been working for the Canadian Unitarian Council as the Youth and Young Adult Program and Events Coordinator for a year and a half now, and feel blessed by the opportunity to continue to support young people in finding and building community. I've also gotten into gardening, weaving and swing dancing! I'm sending lots of love back to everyone at LUUC!

(Casey has kept up with our LUUC youth and is excited to see some of them at CanUUdle, the CUC youth conference, in Halifax in May.)

Karli Warren (2012 – 2016 Childcare and Kid’s SE Leader)

Since I left LUUC, I finished high school, went into hairdressing, got my diploma for that. And for the last year I’ve been working at a restaurant in Lachine. And recently became manager. I still live in Lachine. Got into a small car accident in November, My spine slightly went out of place, so I’ve been going to physio for that. But otherwise I’ve been good, thought about coming by one day to see everyone. (sent by Text)



Vanessa Soldano (2015 – 2017 Kid’s SE Leader)



I’m at Concordia doing a BSc in psychology. I’m working part time at Seriously Addictive Maths on the West Island teaching math and I tutor as well. I’m also the coordinator of the Concordia vision lab. I’m planning on applying to the masters programs next year. For fun, in my spare time I try to spend time with friends and family and watch Netflix documentaries. I still try to make time to cook and do my nails. Sending my best to everyone at LUUC! (sent by Text)

Ivy O’Reilly (2015/2016, DRE, Youth Leader)

Well hello there! It has been a while. I’m currently living in Victoria, BC and CJ was reunited with her Mom after staying with me for a year. All is well. I’m teaching the UU kids on the little Island of Salt Spring, which is close to the one I live on and they are great. I lead Sunday services from time to time at Capital UU where I live.

(Ivy sent a series of videos to the kids and youth that we enjoyed watching together – THANK YOU IVY!) (sent by Text)



Erin Berry (2016-2019 SE Coordinator, Youth Group Leader)



After completing my master's in August, I was hired as a full-time grade 5 teacher at the Mackay center school. I worked in the position until the end of November and then was switched to teach a grade 1 class in the same school.

I am currently teaching grade 1 and hope to keep my contract to finish off the school year.

The parents send a big THANK YOU to each of you, along with all the LUUCers who have supported our children & youth in the SE Program over the years.

You’ve made a difference in their lives. Really, you have!!

We hope to see you again soon! Until then, we wish you all the very best.

~ Catherine Forbes, SE Director

FESTIVAL DE LA VOIX 2020 "ENCHANTING!"

March 21 - April 5

Concerts and Workshops for everyone in Dorval, Lachine, Pointe-Claire, Beaconsfield, & Hudson!

Don't miss these wonderful artists: QUARTOM (Male vocal quartet), PATSY GALLANT, ALINE KUTAN, soprano, ANGELA GALUPPO, jazz singer, Le CHOEUR de CHAMBRE du QUÉBEC, SINFONIA DE L'OUEST, FLOYDD RICKETTS and ENSEMBLE NOIR, LAVANYA: East Indian fusion and ADITYA VERMA: world renown sarod player in GLOBAL VISIONS, ENSEMBLE CAPRICE and ENSEMBLE VOCAL-ARTS du QUÉBEC plus 7 community choirs including the **LAKESHORE COMMUNITY CHOIR!** As well, for 1600 elementary and high school students: NORMAN ACHNEEPINESKUM, THE BUFFALO HAT SINGERS, SAM OJEDA, First Nations singers and dancers, FATIMAH WILSON STEEL PAN DRUMS, GENEVIÈVE GUIMOND, cellist and LES FUSILIERS DE MONT-ROYAL!

All concert and workshops details are on-line at www.festivaldelavoix.com Tickets can be purchased through Kerry-Anne Kutz or at the same website. You can also sign up for workshops on-line. Looking forward to seeing you there!



~ Kerry-Anne Kutz

THANK YOU MARGARET



Many thanks to **Margaret** for filling in for me as newsletter editor last month, while I took a little time to enjoy the sun. Margaret is a really good sport and multi-talented – and offers to do many odd jobs around LUUC. Last Sunday she took Paul's place as the sound engineer! Thank you Margaret.

~ ed

STOP THE PRESSES – SOUP SALE

A quick note to you all about the **Soup Sale**. Thank you all for providing such delicious and varied soup – so many more than I anticipated. We made 190\$. We ran out of customers and have about a dozen soups left over. These are safely stored in the freezer – and will be available for sale next week. Thank you all.

~ ed



Happy Birthday to **Eric Wilson** on March 1st. We hope you have a wonderful day **Eric**.

It's **Peter Abbott's** birthday on March 3rd. We hope you are enjoying life in your lovely apartment – lots of room to celebrate. Happy Birthday **Peter!**

March 4th is **Henry's** birthday. What a joy he is on Sunday mornings – and how we would like some of his boundless energy. Happy Birthday **Henry** – have a really fun day.

Our favourite trumpeter! It's **Michael Cartile's** birthday on March 6th. It is always a special event when you play for us on Sundays. Many thanks to you Michael – and Happy Birthday.

March 27th is **Simone Lute's** birthday – and she is growing up fast. We hope you have a lot of fun on your special day. Happy Birthday **Simone**.

OH DEAR, OH DEAR!

I fear that my carefully planned Hospitality Schedules lie in ruins – and I will have to start again from Square One. I knew I was in trouble at the Board Meeting last month when there were a few mumblings, bumbings and grumbings – and it went downhill from there. The last pot luck crew wasn't as planned at all – so many swapped and even re-swapped their shift, arrived late or didn't show up – with the result that there was no milk or juice provided, the lunch was late - and all was **CONFUSION!** Fortunately, this didn't bother LUUCers – they all pitched in to help - the food was the best ever and enjoyed by everyone. Thank you all.



I have been trying to schedule so that everyone who is able, will be on duty every other month – but we just do not have enough people for that luxury any longer, especially during the winter months. For the month of March, I need 15 people for hospitality – and we have only 16 able-bodied LUUCers – plus some 'irregulars' - so it means we will all have to take our turn on a once a month basis. So Back to the drawing board!

- **Heather Falconer**



CARING

Constance Bélanger will be our Caring Person for the months of March and April. She can be reached at 514-542-3381.

Jose van Amerongen was inspired on one cold and frosty Sunday in February, when she greeted **Jean Merrifield** to the Service. There was Jean, undeterred by the deep freeze, striding up the slippery path, braving the elements to bring her trifle to the pot luck lunch. We did have a low attendance that day – but Jose felt that if Jean could attend on a cold wintery day – then everyone else could.

PS: that trifle had an extra strong dose of sherry in it to keep out the cold - Good on yer Jean!

Dori and Peter Abbott are now happily installed in their lovely bright apartment. Dori hosted the knitting group the other day – happy smiles all around. Dori is attempting to install a composter system in her new building as **Sari Kelen** has done in her apartment building. (LUUCers will ‘fix’ this world yet!) ~ ed

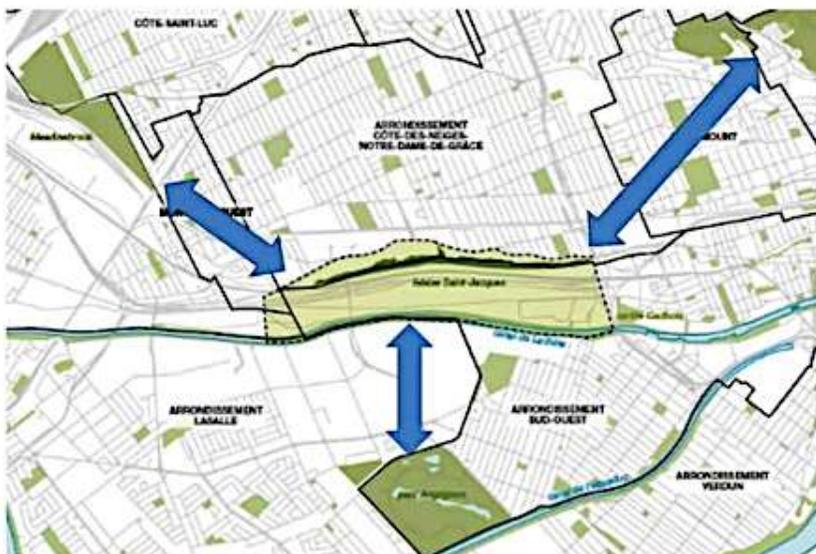
SATURDAY MARCH 28 - 7 P.M @ LUUC



Barbara Diabo, professional dancer and choreographer, and was one of only 8 dancers across North America to be invited to perform at the Gathering of Nations - the world's largest Pow Wow. Barbara Diabo will be performing at our Lakeshore Unitarian Universalist Congregation on Saturday, March 28, 2020, at 7:00 p.m. There will be a \$5.00 charge for this event.

PROTECTING MONTREAL GREEN SPACES

This thin ribbon of trees – just below the businesses on the South side of St. Jacques Street in NDG – stretches 4 km from Westmount to Montreal West, ending at Pullman Steet near the Canadian Tire. Immediately south of the falaise are the Turcot Yards, where the Ministry of Transport (MTQ) is working on the \$3.7 billion Turcot highway project. Beyond that is the Southwest Borough.



The falaise is key to linking green spaces in Westmount, NDG, Montreal West, Lachine, the Southwest, and LaSalle. Its strategic importance for a greenbelt is accepted by every environmental group on Montreal Island. Some 65 species of birds can be found in this 20-hectare green space, many of which follow the falaise as part of their

migratory flight path.

On February 2nd Lisa Mintz co-founder of *Sauvons la Falaise* spoke to us about protecting green spaces and the birds and animals who live there. The primary mission of *Sauvons la Falaise* is to ensure protection of the St. Jacques Escarpment Eco-territory, and connection with other existing green spaces including the future Meadowbrook park. She discussed the history and biology of the Falaise as well as the efforts by a number of groups to protect this area and many other green spaces on the island including the *Technoparc* (an area in the borough of St. Laurent bordered by the airport and Dorval).

The history of the *Falaise* was very interesting. It runs through NDG and borders the Southwest borough for about 3 kms. The Turcot yards were originally Lac St. Pierre until the Lachine Canal was built in the early 1800's. It became (and still is) a dumping ground. There are serious concerns that we may lose more of this valuable space as trees are presently being marked in the area.

The hope is to create a “green corridor” linking this area with Meadowbrooke and Angrignon parks. <http://sauvonslafalaise.ca/en>



- **Margaret Godbeer**

What's Happening



WHAT'S ON

Lakeshore Light Opera's 2020 presentation of Gilbert and Sullivan's "Iolanthe", with four evening performances starting at 8 pm on March 6th., 7th., 12th. and 13th and two matinée performances starting at 2 pm on March 8th. and 14th. Ticket info at www.llo.org. Performances at Lakeside Academy opposite our building.

Movies at Pointe Claire Library:

Monday March 9th – **Luce** – story of an adopted child from war-torn Eritrea – 1:30pm
 Tuesday March 17th – **The Art of Racing in the Rain** – dog movie – 1:30 pm

Soup and Cine at Union, Ste. Anne:

Tuesday March 3rd – **A Man and His Cow** - a movie about an Algerian man who brings his cow to the Paris Agricultural Fair. 6:40pm (\$7)

Quebec Family History Society: Discover Your British Roots Conference -

Saturday March 28th from 9:am to 3pm. 40\$/members, 50\$/non-members. 514-695-1502

~ ed



March 3rd – A Man and His Cow - Movie and Soup at Union, Ste. Anne de Bellevue

March 8th - Square Dancing and Pasta Bar Lunch – LUUC Youth Group fundraiser

March 8th - Clocks Forward

March 9th – *Luce* – movie at P.C. Library

March 17th – *The Art of Racing the Rain* - Movie at P.C. Library

March 21st – April 5th – Festival de la Voix with Kerry-Anne

March 28th – Barbara Diabo - Dancer - Geography Club Event at LUUC

March 29th - Service Auction

April 12th – Canvas Sunday Luncheon

~ ed

FOR SALE

Electric Blanket: It's still cold out there – and I have a cozy solution. For sale – double size electric blanket – used one week. \$20.00. for more details call 514-630-4206.

WELCOME TO LAKESHORE
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NEWSLETTER DEADLINE: **March 21st, 2020**

OUR WEB-SITE: www.LUUC.org

HAPPY ST. PATRICK'S DAY

