

**LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION**  
**5065 Sherbrooke Street,**  
**Lachine, QC. H8T 1H9**  
**514 - 637- 6974**



## **JANUARY 2020 NEWSLETTER**

**JANUARY 5<sup>TH</sup>, 2020 - 10:30 a.m.**

**FROM CHEF TO POLITICAL ACTIVIST**  
**Marlene Hale (Chef Maluh)**

Marlene Hale, also known as Maluh, her childhood nickname in Wet'suwet'en, the northern Athabaskan language of her people, was born in Smithers, British Columbia, at the foot of the Hudson Bay Mountains. She learned to cook at a young age, and as it developed into a passion, she became a chef, and later, taught cooking of healthy food for First Nation organizations.

Then, as she reported to APTN in January 2019, "I was just innocently making bannock, and serving it," said Hale of January 7 – the day 14 people were arrested at the Gidimt'en camp in British Columbia. "and all of a sudden the world just changes on a dime." Marlene felt compelled to contribute to the anti-pipeline struggle back home, and so left Montreal to chase after the upper echelons of the federal government. She will share her story with us.

**Service Leader - Susan Czarnocki**  
**Musician - Kerry-Anne Kutz**

**Hospitality - Sheila and Jane**

**HAPPY NEW YEAR**

**JANUARY 12<sup>TH</sup>, 2020 - 10:30      *DANS LA RUE IS THERE FOR HOMELESS YOUTH*  
Myrlande Myrand**

Founded just over thirty years ago, by Father Emmett Johns, nicknamed 'Pops,' the organization *Dans la rue* holds out a helping hand to homeless youth. Funded 95% by private donations, *Dans la rue* offers an integrated approach to the multiple needs of these youth: its first line service - its famous food van, *la Roulotte*, run entirely by volunteers; an emergency shelter, the Bunker; its Day Center offering various social, educative and family services as well as 17 housing units backed by community support.

Currently, *Dans la rue* has over 65 employees and over one hundred volunteers. Myrlande Myrand manages the staff running these various programs.

**Service leader - Christopher Thomson      Hospitality – Irene and Nancy S.  
Musician - Kerry-Anne Kutz**

**POT LUCK:** Sari is leader with Dan, Michael, Selina, Chris B. as her crew. Please come and enjoy lunch together – and bring something tasty to share.



**JANUARY 19<sup>th</sup>, 2020 - 10:30 a.m.**

**WHO'S IN - WHO'S OUT?  
Rev. Roslyn Macgregor**

Rev. Roslyn Macgregor, a retired Anglican minister and long-time social activist in Montreal, headed the Mile End Mission for many years. She will draw on her experiences to challenge us to consider about what we think of ourselves and about how we relate to others and the world around us.

**Service Leader - Sheila Laursen  
Musician - Kerry-Anne Kutz**

**Hospitality – Dori and Peter**

**INTO THE TWENTIES WE GO!**

**JANUARY 26<sup>th</sup>, 2020 - 10:30 a.m. Fem U: The Promise and Perils of Equity Work in the Canadian University**  
**Kimberley Manning**  
**Principal, Simone de Beauvoir Institute**

The modern North American university was constructed to serve the needs of white, male, married professors. For the past thirty years Canadian university administrators, faculty, funding bodies, and students have struggled to shift longstanding racialized and gendered practices inherent in the academy. Although there is still much progress to be made, “official” equity policies and offices have led to an increase in the numbers of white women being hired, tenured, and promoted.

The hiring of racialized women and men faculty, however, has not only stalled but actually declined over the same period. In this talk I discuss the promise and perils of administrative interventions, as well as initial findings from a bottom-up attempt to transform one institution of higher learning into Canada’s first “Feminist University.”

**Service Leader - Irene Hausknost**  
**Musician – TBA**

**Hospitality – Gaetane and Timothy**

## **GOOD NEWS**



We have a new printer/copier/scanner. It’s marvelous – it does all kinds of clever things – and our Admin Secretary **Catherine Forbes** and choir manager, **Irene Hausknost** – are particularly pleased. A big thank you to **Alain Groleau** and his expertise for being instrumental in advising us on the purchase.

(You should take lessons from Catherine before you use it – it’s easy when you know how.)

**~ ed**

## FROM OUR PRESIDENT

### CONFRONTING A MORAL ISSUE RIGHT HERE, RIGHT NOW



Land-claims once again became ‘top-of-the-news’ for a day on December 20th, when the CBC carried a story on a revelation concerning notes related to the RCMP protection of GasLink workers last January. A blockade was erected, after a court order went against the objections of the Wet’suet’en. They claim that the project violates their traditional rights to the land where GasLink intends to lay a natural-gasline.

The headline on the CBC website reads: “U.K. news outlet suggests police were prepared to shoot protesters blockading pipeline”. <https://www.cbc.ca/news/canada/british-columbia/rcmp-snipers-first-nation-pipeline-protest-guardian-1.5405111>

The Guardian published notes from what was described as an RCMP strategy session, relating to the blockade, stating the RCMP argued for "lethal overwatch"\* of the site and officers were instructed to use "as much violence toward the gate as you want" in order to remove a roadblock erected by the Wet’suet’en protesters.

Is there any place in this world for the proposition that territory actually belongs to those who have occupied it for millennia? Does it simply cease being theirs when sufficient damage is done to them that they can no longer resist against those who have more power? Is that what we mean when we speak of ‘fairness and justice’ for First Nations?

All around the world, aboriginal peoples are claiming that natural justice must offer special standing in their claim to such territory and everywhere that claim is being contested. How can such claims be settled, when the two sides do not share a common body of law on the basis of which these claims could be objectively adjudicated?

We are supposed to be entering an era of ‘truth and reconciliation’. It seems we are still stuck in the era of ‘shoot first and negotiate later’. We should be building new negotiating approaches and language that reinserts recognition of millennia of occupation into international law.

This is perhaps Canadian society's greatest moral challenge. Several conflict-management approaches have been broached in Canada to generate ‘healing and reconciliation’. But comments such as these from the RCMP indicate that the mind-set that land claims are best ‘negotiated’ with force still remains – most likely with major popular support.

On January 5th, Marlene Hale, Chef Maluh, herself a Wet’suet’en, will be speaking to us about the objections of the Wet’suet’en people to the building of a natural gas pipeline across their traditional territory. Join the conversation: come on January 5th and bring your thoughts about finding a way forward.

\* Generally a reference to snipers in law-enforcement parlance.

- Susan

## RAFFLE/BAZAAR



With the artistic help of **Catherine Forbes** and **Olivia Gavanski**, I once again raided my 'present' drawer, filled several baskets – (thank you NOVA) – and created intriguing raffle baskets for LUUC's Bazaar.

The next step was to enlist the help of **Olivia** and **Bella** to sell the tickets – (who can resist those two?) Somewhere along the way we acquired another basket donated by **Jean Merrifield**.

The big draw occurred on December 15<sup>th</sup>, with **Selina Rooker-Sanchez**, **Dori Abbott**, **Margaret Godbeer** and **Kerry-Anne Kutz** as the winners. The raffles raised **\$198.00**. Thank you everyone.

Another thank you to everyone – buyers, bakers and candle-stick makers – everyone – for helping with the Bazaar. We had some delicious baking – and it all sold. The treasure table did well particularly with **Paul Sullivan's** wooden items. They all went of course. Did you notice that the coasters had the LUUC funny-money coins circa 1963 embedded in them? Such fun! Paul said that the main reason he made the paper towel holders was to get rid of the paper towels. You will be happy to know that they are now Gone! Gone! Gone!

The Bazaar and Treasure Tables bought in **\$355.00** and together with the Raffles we raised **\$553.00** for Christopher to stow away into our coffers – enough to buy the new printer perhaps???

~ ed

## REMEMBRANCE

Several **LUUC** members attended a service of reflection and remembrance for the victims of the École Polytechnique massacre. This was organized jointly by the West Island Woman's Center and St. Columba by the Lake church and was held on Friday December 6, 2019. 14 candles were lit as we remembered that terrible day 30 years ago when 14 young women lost their lives because they dared to study engineering. A 15th candle was lit in remembrance of all women who have been victims of violence.



~ **Margaret Godbeer**

## FRUITCAKE FANCIES AND FACTS...

You could almost write a “12 Days of Christmas” song from this....

**Sheila Laursen** and **Sari Kelen** chopped 12 lbs of candied cherries, 6 lbs of candied pineapple and 3 ½ lbs of figs – (and that was just some of the ingredients for the cakes.)

- 3 1/2 lbs of dates, 17 lbs of raisins white and dark, 7 lbs of currants, 2 lbs of citron, 6 lbs of almonds, 7 lbs of mixed peel, plus 6 dozen eggs, 10 lbs of butter, many pounds of sugar and flour and lots of wonderful spices were added (the ingredients cost \$350!)
  - 49 individual pans were lined with greased brown paper to hold the 88 lbs of batter
  - It led to 5 days of mixing and baking, with 15-16 lbs baked at a time
  - All 56 lbs of dark and 32 lbs of light fruitcakes were sold, resulting in a contribution to our LUUC coffers of **\$652** (after expenses)
- 35 happy fruitcake lovers are munching (and sharing) LUUC fruitcake over the holidays!

~ **Sheila Laursen**

**PS: Thank you Sheila and Sari – I’ve already had a nosh on the light fruitcake – it’s delicious.**

- ed



**2020 HERE WE COME!**

## WE'RE IN THE GAZETTE!



In last month's newsletter, I mentioned that Hayley Juhl of the Montreal Gazette contacted us as she was researching a story on getting and keeping children interested in spirituality. After consulting churches of different faiths, her article appeared in Saturday December, 14<sup>th</sup>'s Gazette. This is good coverage for us – and hopefully will get us better known.

LUUC is well represented with quotes from members. Young **Henry Frost's** most perceptive quote was, *"Whoever invented this church was a genius."*

**Selina Rooker-Sanchez's** quote, *"My children may not be what some people would call global citizens, but they are growing into being what Mr. Fred Rodgers would have called good neighbours."*

And **Isabella Gavanski's** quote, written in large letters, headed the Weekend Life section: *"I find that when the topic we are discussing is of personal interest, I am more likely to go to church, where I get to learn something new, and maybe something new about myself....In Unitarianism, everybody's voice is heard which makes for thought-provoking, safe and, as you can imagine, controversial dialogue."*

Do check it out: <https://montrealgazette.com/news/local-news/juhl-are-you-there-god-its-me-the-kid-next-door>

~ ed

## CHRISTMAS EVE SERVICE

As I go to press, I must write a few lines about the Carol Service on Christmas Eve – it was just wonderful. The well-known carols which I love; the **choir** singing; **Kerry-Anne**; the **trumpeters**; **Paul's** essay on "Each night a child is born is a Holy night; **Timothy's** poem; **Ariel's** solo; **Rob, Cormac** and little **Simone** at the piano; **Bella and Olivia's** duet; **Christopher's** T'was the Night Before Christmas; the candle-lit church and singing Silent Night - **EVERYTHING!**

Big special thanks for the care that **José** took making the refreshments – her version of mulled wine was so very good. Thank you all!

**HAPPY 2020 EVERYONE!**



## Treasurer Report

I am happy to report that last month, December 2019, saw a goodly influx of funds, thanks to friends and members of Lakeshore making generous year-end contributions (nearly \$4000) as well as the successful fund-raising efforts undertaken by church members (about \$1500).

Of these \$1500, three hundred were financial contributions to Maple Grove School's Christmas Baskets, which like last year, were funneled through the local St. Vincent de Paul Society. The other twelve hundred odd dollars were raised for our own coffers, and came from **Sheila's fruit cakes to the tune of \$652** (net after deduction of expenses), the **Christmas Bazaar at \$355** and finally, the **Raffle at \$198**.

Bravo with sincere thanks to **Heather, Paul, Constance** and other members who worked on or contributed to the Bazaar and to our young women who so valiantly and successfully flogged the Raffle tickets.

On the outflow or expenditure side, we have adopted the option offered by the *Canadian Unitarian Council* to make our 2020 Annual Program Contribution (APC) in quarterly payments, with NO interest charges. So, for the current 2019-2020 Financial Year, we will pay ONLY ONE instalment of \$606 in February 2020, instead of paying the whole 2020 Calendar year in December 2019 (\$2425 as noted in last month's Newsletter). This is, however, a non-recurrent saving for the current 2019-2020 FY because in every subsequent quarter of every subsequent year, we will send in 25 % of our annual contribution.

~ **Christopher Thomson, Treasurer**



This photo by **Pierre Cappuccino** has nothing to do with anything at LUUC - but if you happen to walk down the street in New Delhi, India on Child Haven business, this is the type of traffic you may run into.

~ ed

## DECEMBER SERVICES

The December services were particularly enjoyable for me. On December 1<sup>st</sup> we had Scott MacLeod present one of his special films – this one about Griffintown. Scott's distinctive way of filming Montreal's history is uniquely his own – and for me, who was not raised in Montreal, such a pleasure.

We were so pleased to welcome our Minister Emeritus – **Rev. Fred Cappuccino** - on December 8<sup>th</sup>. He drove from his home in Maxville, Ont. to speak to us of the *Sacredness of Tears*. The children heard two stories – the first about children in the Child Haven homes in India. **Gary Spiller** videotaped the service – to show to Bonnie. The service included a small candle-lighting ceremony remembering the fourteen women who were massacred thirty years ago at the École Polytechnique. The choir sang two songs – *Angel on the Roof* and *The Storm is Passing Over* - both beautiful. And, being December we all sang well-known carols, with Fred's 93 year-old voice booming above all others. Fred says that he likes to come to LUUC as we always laugh at the right places.

Then we enjoyed the Children's Pageant on December 15<sup>th</sup> ... it was G-R-E-A-T! Unfortunately, our SE co-ordinator, **Erin Berry** was ill at the last minute – and the kids had to scramble to put together the show themselves – and put together a show they did! The younger ones played many parts in the stable setting: **Henry, Emalyn, Simone** and **Cormac** were angels, shepherds, and stable animals – and we, the congregation had to aid and abet them. All this interspersed with carol-singing and the choir, who sang a lively and fun song *Spirit of the Christmas Tree*. The youth, **Ariel, Bella, Damian, Olivia** and **Talia** were the narrators of the play, as well as having speaking parts - all of them so confident and self-assured. It has been a pleasure for me to watch them grow over the years to become such wonderful young people.

~ ed





To our special January LUUCers:

**Kerry Anne Kutz** on January 24<sup>th</sup>

**Philip Prince** two days later on January 26<sup>th</sup>

**Gaetane Parent** on January 28<sup>th</sup>

**Nathalie Hainaut** On January 29<sup>th</sup>.

A very happy birthday to you all and success throughout the New Year!



**Jose van Amerongen** is the caring person for January, she can be contacted at 514-694-9842.

We wish **Dori and Peter Abbott** a smooth move into their apartment and lots of good luck living in beautiful Downtown Pointe Claire.

Our lovely SE director **Erin Berry** has been unwell on and off for several months. We wish you perfect good health in the New Year Erin – we all miss your cheery smile – especially the kids!

~ **ed**

New Year's Day--Now is the accepted time to make your regular annual good resolutions. Next week you can begin paving hell with them as usual.

~ **MARK TWAIN**

**HEALTH AND HAPPINESS TO ALL IN 2020!**

## FOOD IS GOING UP 4% IN 2020

With the news that food prices will be rising in 2020 – people are scrambling to find savings and a different way of grocery shopping. It's projected that an average family of 4 will pay almost \$500 extra on food, bringing the annual total to around \$13,000. What to do?

There are the tried and true methods of coupon shopping, scanning the flyers, comparing prices and shopping for bargains. Take a list to the market and stick to it. By taking cash, you won't be tempted to slip in extra items that increase the bill. Do not shop when you are hungry.

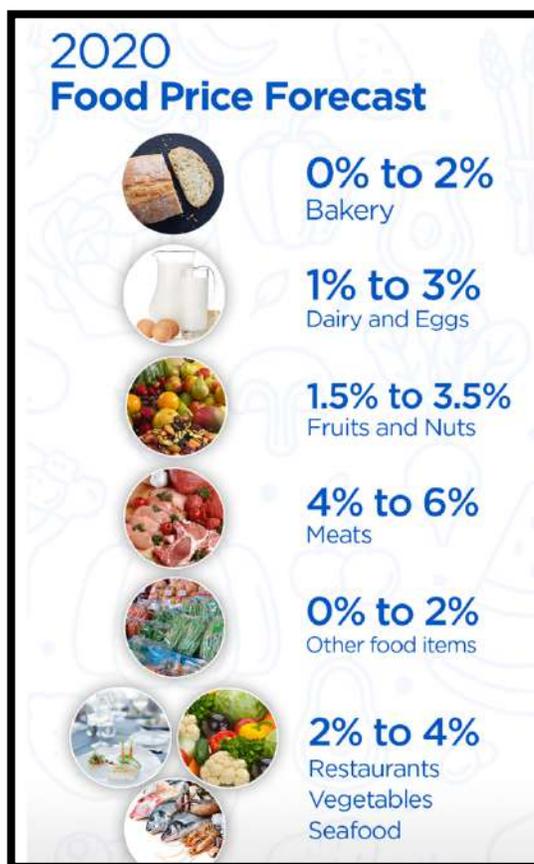
But what we should be thinking about is how to reduce food waste. CTV was suggesting that Canadians throw out and waste 38% of their food. If this is correct – it is a shocking waste of food, production, transportation etc. – and we should make an all-out effort to reduce this. How?

Some suggest the Minimalist Fridge: This means you buy just enough food to last (say one week) so that your fridge is empty at the end of the week. This requires planning/trial and error and calculating down to the last onion – but will pay off in the end. And the bonus is that it is easy to clean the fridge when it's empty.

For some, Food Delivery could be a solution: This is where you receive a carton of food – all the ingredients are fresh and measured and you cook it yourself. As the food you receive is just enough for the provided meals there is no waste. I have not tried this myself – but the trend is popular and growing for busy people.

Let me hear your ideas. Last year we worked on cutting down on plastic waste – with your help - I'd like to tackle food waste this year.

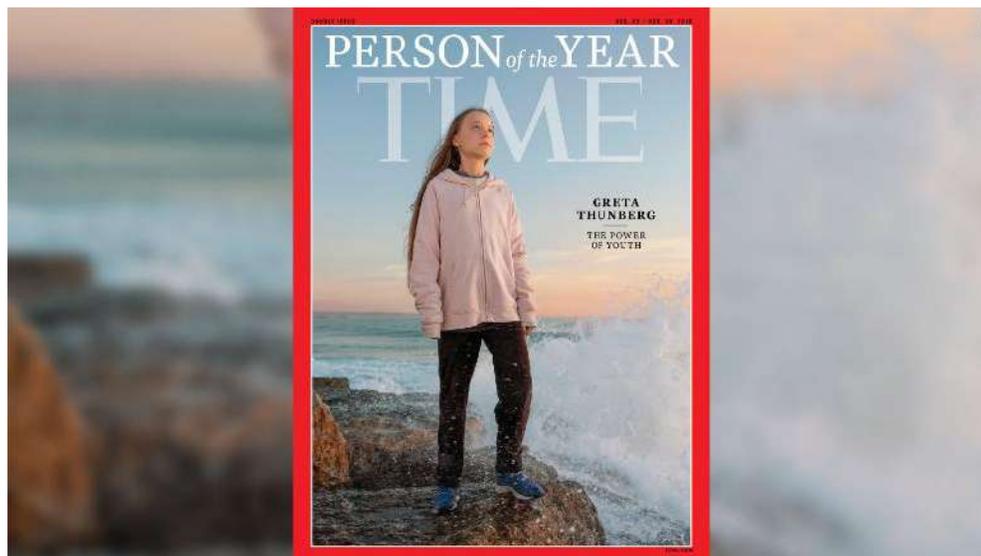
The following was often quoted to me when I was a child: ***Waste not, want not – and you may live to say, 'I wish I ate that piece of cake that once I threw away!'***



**PS:** Just heard on the news that within a few years, there will be more plastic bottles in the sea than fish!!!

~ ed

## GRETA THUNBERG



It was not really a surprise that sixteen-year-old Greta Thunberg was elected Time's *Person of the Year* – but it is indeed remarkable – as is her fluency in English. One year ago, unknown Greta sat outside the legislative building in Sweden every Friday afternoon declaring she was on a Climate Strike. And since then she has sailed both ways across the Atlantic, addressed the United Nations, spoken at various climate rallies, including a huge one in Montreal, which some of our members attended. When she heard the news about Time's award, she was attending the COP25 in Spain, and said, "Wow, this is unbelievable! I share this great honour with everyone in the #FridaysForFuture movement and climate activists everywhere."

Of her Climate Movement she says, "Well, I am telling you there is hope. I have seen it. But it does not come from governments or corporations. It comes from the people."

She is by far the youngest person to be voted *Person of the Year* – the nearest to her age was Charles Lindbergh who was 25 in 1927 when he was Time's first *Man of the Year*.

President Trump, who hinted loudly that he should be named *Man of the Year*, - as opposed to *Person of the Year* - tweeted - "So ridiculous. Greta must work on her Anger Management problem, then go to a good old-fashioned movie with a friend! Chill Greta, Chill!"

Words fail.

~ ed

## THE GRINCH ON THE HA'PENNY BRIDGE

A group of kind-hearted people in Dublin, Ireland donated coats and jackets for the homeless community to help keep them warm during the cold winter nights. They placed the coats on the railings of the Ha'penny Bridge – with a note saying, “*If you need one then please take one. If you want to help, please hang one up #warmforwinter*”.



Enter the Grinch. The Dublin City Council responded to the Warm for Winter initiative by asking people not to leave clothes hanging on the Bridge - (for health reasons) – and then proceeded to take them all down! The Council then suggested that the people donate the coats to a charity shop – “but then,” said the Winter Warmers, “the homeless will have to pay!!!” – so they rehung the coats.

~ ed from **CBC News**

\* \* \* \* \*

## MITTEN TREE



This Christmas you will have noticed that we didn't have a Mitten Tree – but that does not mean that we did not have mittens. The Maple Grove School requested that we give the mittens at the beginning of December, as Winter came early to Lachine. **Susan Czarnocki, Margaret Godbeer** and I took them over in two lots – for a total of 25 pairs of mittens, 28 hats, 3 scarves and 1 pair of socks – all cozy items to keep little people warm.

Many of these items were knitted by an elderly lady - a distant relation of **Dori Abbott's** and we are very grateful to her for donating these lovely warm toasty things for our non-Mitten Tree.

~ ed

## “FRIPPERIE”

What a terrible time for the W.I.A.F. “Fripperie” to go up in smoke! All the presents, toys, warm winter clothes, the Christmas surprises – all gone!

It didn't stop there. On the offices upstairs everything went – storage, records, and of course money! The whole shebang! Emergency Christmas good supplies rushed in and Santa toy quota filled up right away too.



So now our LUUC canned donations have been put on hold in my car – but there is still a huge useful space there – so please BRING CANS to fill it up! We all still eat after the holidays! Extra ‘left overs’ – mushrooms or cranberry sauces or spinach still unopened. Look at the back of your kitchen shelves, there's the forgotten can you don't need.

Our winter is very long for the clients of the W.I.A.F. Bakery and family food shopping is every week. One can from every one of us would make a huge difference!

- Nancy Graham



## MOVIES AROUND TOWN

**Soup and Cine at Union United in Ste. Anne's – Tuesday Jan. 7<sup>th</sup> at 7:00pm**  
*BACK TO BURGUNDY* is a drama: Set in the beautiful wine country of France –

**At the Pointe Claire Library - Tuesday January 7<sup>th</sup> at 1:30 pm**  
*THE WHITE CROW* - The story of Rudolf Nureyev.

**At the Pointe Claire Library - Tuesday January 21<sup>st</sup> at 1:30 pm**  
*MARIANNE & LEONARD: WORDS OF LOVE* -- Leonard Cohen's story.

## WELCOME TO LAKESHORE

**5065 Sherbrooke Street, Lachine, Qc. H8T 1H9 (514) 637-6974**

**MINISTER EMERITUS:** Rev. Fred Cappuccino 613-527-2829

**BOARD MEMBERS:**

**PRESIDENT:** Susan Czarnocki 514-773-1117

**VICE PRESIDENT:** Paul Sullivan 514-457-1793

**TREASURER:** Christopher Thomson 514-634-5916

**SECRETARY:** Heather Falconer 514-630-4206

**DIRECTOR A:** Tim Byrnes 438-884-7470

**DIRECTOR B:** Rob Lutes 514-515-4413

**S.E. CO-ORDINATORS:** Erin Berry 514-944-2974

[erin.berry@mail.mcgill.ca](mailto:erin.berry@mail.mcgill.ca)

Elsa Chavez 514-637-6581

[elit.lorenzana@hotmail.com](mailto:elit.lorenzana@hotmail.com)

**LAY CHAPLAINS:** Kerry-Anne Kutz 514-624-2307

Paul Sullivan 514-457-1793

**ADMIN. SECRETARY** Catherine Forbes 514-637-6974

[Lakeshoreluuc@gmail.com](mailto:Lakeshoreluuc@gmail.com)

**WEBMASTER** Christopher Thomson 514-634-5916

**NEWSLETTER EDITOR:** Heather Falconer 514-630-4206

**ILLUSTRATION ARTIST:** Catherine Forbes [catforbes@gmail.com](mailto:catforbes@gmail.com)

**NEWSLETTER DEADLINE:**

**OUR WEB-SITE:** [www.LUUC.org](http://www.LUUC.org)

**JANUARY BRINGS THE COLD AND SNOW –  
MAKES OUR FEET AND FINGERS GLOW!**

**HAPPY NEW YEAR**