



**LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION**  
**5065 Sherbrooke Street,**  
**Lachine, QC. H8T 1H9**  
**514-637-6974**

## **MARCH 2019**

**March 3, 2019 - 10:30 a.m.**

**“IN THE DOING, WE BECOME”**  
**re**

From Whom am I led? To Whom do I Serve?

Vivianne will give a glimpse into the journey of where her personal life intersects with her professional life - and in so doing - her spirituality is defined as a political statement. She believes in the power of converging art with spirituality, and that such power has the capacity to bring about transformation: within oneself, and also help build and develop sustainable, healthy communities

Vivianne holds a Master of Pastoral Studies, a Master of Theological Studies, and is in the final stages of thesis writing for a Doctorate of Ministry. (Practical theology).

**Service Leader: Heather Fraser Fawcett**  
**Musician - Kerry-Anne Kutz**  
**Chalice Lighter - Ariel Amstutz**

**Hospitality - Jose Van Amerongen**  
**& James Sisley**

**March 10, 2019 - 10:30 a.m.**

**EVERY MOMENT COUNTS**

**Denise Stillman**

We are responsible for the present moment.

Everyone can change small things in a way that is empowering. Denise Stillman, entrepreneur, mother, and immigrant, will tell us about her spiritual journey, and how she battles her dark feelings by sabotaging them and turning them into positive action

**Service Leader: Karine Deschamps**

**Musician - Kerry-Anne Kutz**

**Chalice Lighter - Brianne Amstutz**

**Hospitality - James Sisley &**

**Jose Van Amerongen**

**\*\* NOTE - A POTLUCK LUNCHEON WILL FOLLOW THIS SERVICE.**

**Please bring a main dish, salad, veggies, bread or dessert to contribute.**

**Potluck Team** – leader - Susan Cz, Dan Amstutz, Karine, Irene and Christopher



**March 17, 2019 - 10:30 a.m.**

**Hidden Hunger in the West Island**

**Sheila Laursen**

Not everyone in the West Island has access to fresh and healthy food for a variety of reasons including reduced mobility and social isolation, which results in food insecurity. And 83.5% of residents of the territory have zero or negligible access to fresh fruits and vegetables within walking distance.

In 2018, the West Island Community Resource Centre (CRC) and the Table de Quartier Sud de l'Ouest-de-l'Île (TQSOI) supported university students to produce a short film called "Hidden Hunger\ Faim cachée" about the West Island. We will watch the film and discuss how we as individuals, and as a UU congregation can reduce food insecurity in our community.

**Service Leader: Toni Smith**

**Musician - Kerry-Anne Kutz**

**Chalice Lighter: Damian Sanchez**

**Hospitality - Tim Byrnes &**

**Gaetane Parent**

**March 24, 2019 - 10:30 a.m.**

**PERSONAL IDENTITY  
Ariel Amstutz**

Ariel's service "will include an interesting twist on the sermon delivery many of us are used to. The structure will be a philosophical congregation-wide discussion regarding the problem of personal identity.

The discussion will touch on the individual's sense of self, as well as how it morphs and progresses through time. As this is a topic philosophers have struggled with for many thousands of years, it will be incredibly interesting to hear all of your thoughts!"

**Service Leader: Erin Berry  
Musician: Hélène Cimon-Auer  
Chalice Lighter - Olivia Gavanski**

**Hospitality: Selina Rooker-Sanchez &  
Michael Rooker**

**PLEASE NOTE - OUR SERVICE AUCTION WILL TAKE PLACE  
FOLLOWING THIS SERVICE.**



**March 31, 2019 - 10:30 a.m.**

**TALES FROM THE BOOK OF LIFE  
Michael Rooker**

This is the third part of Michael's trilogy. The pattern is broadly as before: a set of international tales is used to explore our collective spirituality. The tales are followed by another mysterious spiritual question

Today's tales, sometimes amusing but all intriguing, are from the exotic society of Peninsula Malaysia. They cover a key question: "Can a multicultural population with strong Islamic, Chinese and Hindu fractions, for example, live together in cultural harmony?" This involves several intrigues including equality and women's rights. The spiritual question is on "Inspiration".

After a few brief reflections on the entire trilogy, Michael reaches some interim conclusions that he hopes will resonate with you. A question period is planned.

**Service Leader: Sheila Laursen  
Musician - Kerry-Anne Kutz  
Chalice Lighter – Olivia Gavanski**

**Hospitality – Phil Prince &  
Susan Czarnocki**

## PRESIDENT'S MESSAGE



In our services so far this year, we have not revisited the T&R issue that was a major theme last year. The presentation of the musical Children of God at the Segal Centre was an incredible opportunity to re-inspire attention to this important moral challenge. Ariel Amstutz, who is an usher there, and her sister Brianne, gave it rave reviews, so several of us got tickets. We walked out with our hearts pierced and our quotidian preoccupations pushed up against a realm of pain, having watched in dramatic form, the spirit-crushing treatment meted out to the original inhabitants of this land by those who had used superior force to take it from them.

We are pushed from our 'news-story' knowledge of residential schools, to being submerged in a graphic representation of day-to-day operations of a residential school as remembered by some of the residential school survivors, and told to the Truth and Reconciliation Commission. We watch as persons trained in the Christian faith – “men and women of the cloth” – mete out draconian punishments against kids far from home, forbidden to speak their mother-tongue -- because their teachers believe this will turn them into better citizens of Canada. As for the children, thoughts of escape “dance in their heads” as an outlet for their despair. For some, such thoughts become an overpowering obsession – even if it means escape from life itself.

It was an experience not easily forgotten.



**continued...**

FACTS ABOUT THE RESIDENTIAL SCHOOL SYSTEM were included in the Program. Here are few I hope will 'stick' in your head:

- Over 150,000 First Nations, Metis, Inuit were placed between 1857-1996
- 80,000 survivors are still alive today
- An estimated 50,000 children died while attending residential schools
- It was mandatory for kids to be enrolled from age 7 to 15
- Students were punished for speaking their mother tongue
- Survivors report receiving physical, mental, emotional, spiritual and sexual abuse.
- ROADBLOCKS TO PROGRESS:
- The Indian Act keeps First Nations in thrall to the Federal government, but is rarely a topic for public discussion
- Aboriginal women and girls are still being preyed upon without consequences for the perpetrators.
- Aboriginal title to land and retention of traditional rights are still often 'settled' through strong-arm tactics, not application of 'natural law' and justice.

#### NEXT STEPS:

The challenge is to build reconciliation into Canada's official dealings with aboriginal peoples, and for each of us to challenge our own level of knowledge, and personal attitudes about what constitutes justice for aboriginal peoples: i.e., true reconciliation.

### **APROPOS -- LET'S VISIT THIS EXHIBIT:**

#### **"Shame and Prejudice: A Story of Resilience" A Special Exhibition at the McCord Museum Exhibition until May 5.**



Kent Monkman, an internationally renowned Cree artist, is collaborating with the McCord Museum for this special exhibition of his work. The Montrealer notes that Monkman's art "uses humour and critical insight to portray the 150 years of Canada's existence - a period marked by the adoption of devastating genocidal policies - and honours the resilience of Indigenous peoples today."

McCord President and CEO Suzanne Sauvage described "Shame and Prejudice: A Story of Resilience" as "a deeply disturbing exhibition about the history of Indigenous peoples from here and across Canada, a story that needs to be told and heard.....to initiate encounters, dialogue and reconciliation on a topic that concerns us all and forces us to reflect on ourselves."

If you would like to be part of a group of LUUCers planning to visit this exhibition, contact Sheila Laursen at [sheila.laursen@bell.net](mailto:sheila.laursen@bell.net) or by phone: 514 697-4195.

SEE also: Truth and Reconciliation Explorations through NFB films – p.12



## **SERVICE AUCTION COMING UP SUNDAY MARCH 24** **LET'S ALL CONTRIBUTE!**

- Could you bake a cake, or have a special recipe for delicious soup, or bread, or chili - or something else that you could make for the auction?
- Would you like to prepare and host others for a special supper and congenial evening?
- Could you knit or crochet a hat or scarf for someone?
- Do you enjoy fixing leaking faucets, or doing other home repair tasks? Or could you help paint a room?
- Could you organize a movie afternoon in your home, or a sing-a-long, or a discussion?
- Could you offer lessons- such as singing, dancing, cooking, knitting, etc, etc?
- Could you tutor someone - in math, or language skills, or getting the most from your computer?
- Do you have a guided outing to offer, such as a canoe trip, or a weekend at a cottage, or tickets to the theatre or an event?
- Offer Cleaning Services! Offer to clean something you don't mind doing: detail or wash someone's car, carpet cleaning, windows, fridge, 1 hour or more of yard work, bathrooms or kitchen, 1 hour or more of general cleaning, etc. etc.
- Help organize someone's home! Choose a location you enjoy doing, or set a time limit, and help!

The possibilities of offers for our Service Auction are as endless as our imaginations and talents..... what would you like to offer?

Please make an offer by contacting: Sheila Laursen 514 697-4195, or by email at [sheila.laursen@bell.net](mailto:sheila.laursen@bell.net) or Christopher Thomson 514 634-5916 or by email at [cthomson683@gmail.com](mailto:cthomson683@gmail.com)

**THANK YOU FOR HELPING RAISE FUNDS FOR OUR CONGREGATION  
IN THIS FUN WAY!**



## **CARING COMMITTEE**

For the months of March and April please call Jose Van Amerongen (514-694-9842) as she is the Caring Committee contact for those months.

**Mary Rowan** enjoyed a recent visit from Dori Abbott, who braved the snow and ice to get to Mary's home. Mary is still weak, but on the way to recovery from hip surgery after a fall, followed by a virus infection when in a rehabilitation centre.

**Lois Read** and her daughters recently hosted Dori Abbott, Peg Wooley and Jean Merrifield for a lovely afternoon, with tea and baked treats, in Lois's apartment.

In our contact or visits with individual LUUC members, "Confidentiality" of their private personal conditions is respected as important for our committee. We **do share** information, **if** they would like or appreciate having further contacts with friends and members. If we need extra help, we will let the congregation know.

**We can always use more drivers.** If, from time to time, you are able to offer lifts, please let us know – it is much appreciated! - Dori Abbott - 514-630-4264

## **SE NEWS**



March break is coming and with that some interesting topics that will keep the youth and the children involved and interested.

This month the younger group will be doing activities that will increase their diversity awareness. This will be a follow up on Black History month.

The older group will use their time creating a number of promotional videos that represent various aspects of church life (i.e., youth and children's programs, as well as services and other special events like the talent shows.)



## **REPORT OF THE NOMINATING COMMITTEE**

The 2019 Nominating Committee is pleased to have completed its' work and present the following list of Nominees for the congregations consideration,

### **For the Board of Directors**

The current incumbents can be re-nominated for all 3 open Board positions:  
Vice President - Paul Sullivan for a one year term as he will then have completed 4 years as the elected VP

Treasurer - Christopher Thomson for a two year term.

Director B - Rob Lutes for a two year term

For the Two Elected Positions on the Responsible Membership Committee.

Margaret Godbeer and Annelise Ogle both for a three year term.

Members of the Congregation may nominate other members to any of these positions according to Article IX, Section 3 of the By-Laws which states: "Nominations may be made in writing by any three members to the Secretary of the Congregation. Such nominations must be accompanied by a written consent of the nominee. Such nominations and consent must be in the hands of the Secretary twenty days prior to the Electoral Meeting"

The Electoral Meeting will be held after the Service on April 28th.

Respectfully submitted, John Foulds, Chair





## Treasurer Report

This past month the Treasurer and Administrative Secretary prepared the 2018 Tax Receipts for donors to Lakeshore UU Congregation. All donations of \$ 10 or more are receipted, but note that monies given to Lakeshore for goods and services bought during bazaars, concerts or service auctions do not qualify for tax receipts, according to the rules of the Canada Revenue Agency.

If by March 1st, 2019, you have not received a tax receipt for your 2018 contribution, either by email or by regular mail, please contact the Treasurer (after checking your spam folder first). For the last calendar year, we have issued receipts totalling \$ 22 695, of which \$ 20 755 for contributions mainly received as post-dated cheques or as identified contributions in the Sunday plate. Another \$ 1950 came from contributions for weddings and other ceremonies.

At the end of February, the Ladies had another fundraiser, this time offering glorious frozen soups for sale. And later in March, we have another edition of our Annual Service Auction, enabling us to discover the talents of our fellow Lakeshorers and contributing to our collective coffers. See elsewhere in this issue for more details. This is a major fundraiser, which I hope might enable Lakeshore to finish the current Financial Year (ending April 30th) without drawing down again on our Investment Fund. This, alas, is still on a downward trend due to the current state of the stock markets. Nonetheless, if we do need money to pay our bills, we will draw out another tranche of \$ 5000, leaving the Investment Fund with still over \$ 300 000.

Looking forward to the last month of our Financial Year, April, the Treasurer will make a presentation to the Congregation on Stewardship, giving a synthetic overview of the state of our revenues, expenditures and investments. I hope you are waiting with impatience to see the coloured graphs again this year!

Christopher Thomson, Treasurer



**Mar 3, Peter Abbott**  
**Mar 4, Henry Frost**  
**Mar 6, Michael Cartile**  
**Mar 14, Jessica Burpee**  
**Mar 27, Simone Lutes**

## **FESTIVAL de la VOIX - HOLD THE DATES!**

THE FESTIVAL DE LA VOIX - 6TH EDITION IS SINGING IN THE SPRING!

THE FESTIVAL DE LA VOIX - 6th edition March 16th - 31st  
Concerts featuring the Swedish female vocal quartet KONGERO, Ensemble Caprice, OktoEcho (Middle Eastern music and musicians), La Diva Natalie Choquette, Juno award winner R & B singer Kim Richardson, Sharon Azrieli, soprano, Daniel Benedetti, accordionist, Choeur Vox Aeterna and CHORALISSIMO!

Workshops for everyone who likes to sing and wants to learn more: Singing in Harmony with KONGERO; Fit To Sing (vocal technique and fitness); advanced choral workshop with Andrew Gray from Les petits chanteurs du Mont-Royal and Singing the Spiritual with Floydd Ricketts, Ph.D. candidate McGill University.

Tickets available on-line at [www.brownpapertickets.com](http://www.brownpapertickets.com)  
Festival Passes for four concerts available!  
Scholarships are available for all workshops  
website: [www.festivaldelavoix.com](http://www.festivaldelavoix.com)  
Information: Kerry-Anne Kutz (514) 758-3641





## The Ripple Effect

The Canadian Unitarian Council's National Social Justice Team has launched a new two-year initiative called *The Ripple Effect*, focusing on water: **the essential** resource. Water is also an issue which intersects with First Nation concerns and rights.

The Sharing Our Faith service we held in February on the theme of Water was also part of this effort to bring our attention and concern on all the ways that water impacts our life, our health and our economy. Somewhat similar to the ecology-oriented Pacte pour la Transition launched in the last few months by Québec's artistic community, the Unitarian Universalist campaign, The Ripple Effect, seeks to mobilize our energies on both personal and institutional levels.

It calls us to get involved in our daily life and in political action across local, provincial and national scenes, in collaboration with environmental groups and similar concerned faith communities.

To find out more, visit the site: <https://cuc.ca/social-justice/the-ripple-effect/> .

### **GIVEAWAY DAY**

Several LUUCers have been actively helping to welcome and provide furniture, etc to asylum seeking and refugee families living in the West Island. Now we have organized a special Free Giveaway Day of clothing, shoes, boots for all ages, and other necessary small items to help these vulnerable families

#### WHEN, WHERE

Saturday March 2 from 10:30 a.m. to 3 p.m. at

Transformation Church, 12330 Pierrefonds Blvd, Pierrefonds, QC H9A 1A4 (just west of the corner of Westpark)

#### HOW YOU CAN CONTRIBUTE - by donating, baking and/or volunteering

We will accept donations of clothing, shoes, boots, and small items at the Transformation Church at 9 a.m. on Saturday March 2.

Please sort clothing you bring into the following age categories to help us:

0-5 years, 6 - 12 years, 13-18 years, Adult Women, Adult Men

If you would like to volunteer as a greeter/helper that day, or if you would like to offer muffins or other baked goods for people to enjoy with coffee while there, or for more information, please contact Sheila Laursen by phone 514 697-4195 or email: [sheila.laursen@bell.net](mailto:sheila.laursen@bell.net)

What's Happening



Join 15,000 others at the St. Patrick's Day Parade in Hudson on Sat March 17th. This is a fun event for all ages.

A Workshop Announcement from our speaker, re:  
Saturday March 9<sup>th</sup>: Making Space for Hope  
13h-15h – St. Genevieve United Church      Registration: \$5  
[www.ora-mtl.org](http://www.ora-mtl.org)

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## CUC-- THR: Reconciliation Through Film

The CUC Truth Healing and Reconciliation (THR) Resource Team invites you to engage with themes of colonization and Indigenous resilience through film with our [second edition of online national film screenings](#).

The CUC has partnered with the National Film Board of Canada to present three Indigenous films highlighting the stories that shape the complex relationships between Indigenous and non-Indigenous peoples in Canada.

### Our selections this year include:

[\*Trick or Treaty\*](#) by Alanis Obomsawin. Learn about the history and present reality of treaties between First Nations and the Canadian Government.

*Trick or Treaty: [Registration \(ends March 5\)](#)*

[\*Angry Inuk\*](#) by Alethea Arnaquq-Baril presents an inside perspective to the war on seal hunting.

[\*The Road Forward\*](#) by Marie Clements A musical documentary connecting “a pivotal moment in Canada’s civil rights history by examining the connection between Indian nationalism in the 1930s and First Nations activism today.” (NFB)

**How does it work?** Participants are given 2 weeks to view a film, read supporting materials, and then come together for a scheduled video conference call to debrief. Reflection Groups follow a facilitated sharing circle format that continues the themes and Enduring Understandings developed by the THRRG Task Force.

[Check Out THR: Reconciliation Through Film](#)

# WELCOME TO LAKESHORE!

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**NEWSLETTER DEADLINE:** **FEBRUARY 18<sup>th</sup>, 2019**

**OUR WEB-SITE:** [www.LUUC.org](http://www.LUUC.org)

*TOP OF THE DAY TO YOU – AND HAPPY ST. PATRICK'S DAY*

