



## LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION

5065 Sherbrooke Street,  
Lachine, QC. H8T 1H9  
514 - 637- 6974

### MAY 2018

**May 6 - 10:30 a.m.**

**Dealing with Difficult People  
Rev. Fred Cappuccino**

It is always a joy to welcome Fred Cappuccino, our Minister Emeritus, back to our congregation, which he served in the late 1960s and early 1970s. He will share his wisdom and experiences on "DEALING WITH DIFFICULT PEOPLE."

Having recently preached in an Anglican Church, he will tell a few bishop jokes. Also a little about Selma, Alabama, as well as the Koinonia Community in Georgia.

**Service Leader - Paul Sullivan  
Musician - Kerry-Anne Kutz**

**Hospitality -  
Susan Czarnocki & Karine Deschamps**

**REMINDER:** A **Welcoming Celebration for Bilal and his family** is being held at *Summerlea United Church* on Sunday 29 April at 12:30. Members and friends of the four congregations that formed the Coalition are invited to come to it. Contact Sheila Laursen to reserve your place.

**May 13 - 10:30 a.m.**

**My Mom is Superwoman!  
Judi Richards**

Judi Richards, singer songwriter, mother and grandmother, will speak about her childhood in the suburbs of Toronto, her family, and most of all her mother who was her very first model of "Superwoman" in the 1950s. Trained in classical ballet, Judi became a choreographer, comedienne, a singer, and a song-writer, all of which demonstrate her eclectic, and engaged artistic nature.

Judi will talk about her arrival in Montreal, the change of culture and language as well as raising her three girls. All of that peppered with songs. Happy mother's day!

**Service Leader - Karine Deschamps  
Musician - Kerry-Anne Kutz**

**Hospitality -  
Rob Lutes & Heather Falconer**

**The Annual Men's Luncheon Brigade will follow the Mother's Day Service.**

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**May 20 - 10:30 a.m.**

**29 Days on the Reykjanes Peninsula, Iceland  
G. Scott MacLeod**

With "29 Days on the Reykjanes Peninsula Iceland", Canadian artist and filmmaker G. Scott MacLeod will take us through his day-to-day experiences of the Reykjanes Peninsula, a geological wonder and a UNESCO Global Geo-park, with a focus on its diversity of volcanic and geothermal activity, its singular beauty, and its unique culture.

There for an artist residency in June 2017, and guided through the area by locals, MacLeod quickly came to realize that he was experiencing one of the last places on earth with clean air, water and wilderness, a remarkable realization for someone who comes from Canada. Scott turned his artist's eye to this remarkable place, capturing its natural beauty and unique culture in journal entries, paintings, pencil drawings and photos, and will share his works and observations with us.

**Service Leader - Rob Lutes  
Musician - Kerry-Anne Kutz**

**Hospitality -  
Sheila Laursen & Nancy Graham**

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**May 27 - 10:30 a.m.**

**Thriving with a Chronic Illness  
Sébastien Jodoin**

After being diagnosed with relapsing multiple sclerosis at age 33, law professor Sébastien Jodoin embarked on the greatest research project of his life. During his talk, Sébastien will share the story of his recovery, his rigorous and comprehensive approach to optimal brain health, the ways in which he has cultivated acceptance and self-care in his life and community, and the lessons that he has learned about thriving with a chronic illness.

Sébastien holds a Ph.D. in environmental studies from Yale University, an M.Phil. in international relations from the University of Cambridge, an LL.M. in international law from the London School of Economics, and B.C.L. and LL.B. from McGill University. He is an Assistant Professor in the Faculty of Law of McGill University, where he directs the Law, Governance & Society Lab. He is also a member of the McGill Centre for Human Rights and Legal Pluralism, and an Associate Member of the McGill School of Environment.

**Service Leader - Gary Spiller  
Musician - Kerry-Anne Kutz**

**Hospitality -  
Monique Riedel & Annelise Ogle**

## PRESIDENT'S MESSAGE



It's about time! For the sun to come out, that is! I think I can actually seriously consider getting my summer tires mounted back on my car. I'm betting that there will be no more freezing rain before summer!

It's May (almost), and for me that signifies that the 2017-2018 LUUC season is starting to wind down. In no time, the summer break will be upon us... Speaking of summer breaks, if you are interested in hosting a BBQ this summer, please let me know. As someone who doesn't have a backyard, it is something I look forward to every summer! (minus the bugs, of course...)

But before we break for the summer, there are still some fun things happening at LUUC in May, namely:

May 13: The Men's Brigade is rallying together to prepare a brunch after the service. This is an event I always look forward to! It's nice to get pampered a little bit from someone who is not a member of my family... I've just been advised that we need more men to sign-up to help out. If any of you men haven't volunteered to join the brigade, please contact Christopher. He's looking for more help.

May 27: LUUC's Annual Talent Show - Rob Lutes has already sent a preliminary call out to all LUUCers to add their talents to the show's roster. If you didn't get his email and you do want to participate, please contact Rob. It's an activity that's always a lot of fun and not to be missed!

On a final note, we just voted in a new Board last Sunday, namely a new President, Secretary and Director, who will begin their mandate officially at the end of June. I won't say my good-bye yet as I still have a couple of months to go before my mandate is complete. However, I do want to send a shout out to Peter Abbott for his participation on the Board this past year. Your perspective and insights have been invaluable. Thank you for support!

Enjoy the sun and warm temperatures!

*~ Irene*

## SE NEWS



Our little ones have been learning about nature. They have been reading and creating stories that enhance their interest and care for the environment. In May, we will be creating some crafts for Mother's Day as well as other interesting activities.

Selina has been working with our teens, who have been sharing in the discussion of LUUC's "Becoming" guidebook on chapter one to four. They all continue to enjoy their spiritual brainstorming! In May, Monique will pick up where Selina left off with "Becoming" and the Youth will also start working on the End-Of-Year Youth-led service in June.

~ *Elsa Chavez*

## LET US CLEAN OUR PLANET

Little things make a big difference!

The use of plastics is having a major impact on our ocean eco systems. The problem seems to be overwhelming. We can make a difference by starting in our own homes. Reducing the use of plastic wraps, foils and plastic bags can be achieved using food containers and washing out garbage pails instead of using plastic bags.

Please let us know if you have any other ideas. Every little bit helps.

~ *Dori Abbott*



## CARING COMMITTEE

### LUUC Caring Corner

**Maud Bonnier** is currently in the Centre d'hebergement in Ville Lasalle (8686 rue Centrale) where she will probably be for about 2 weeks. She is getting more physio there, and she has her meals in the dining area downstairs with others, so she is being encouraged to walk more. She has her own phone, and would welcome a call from us anytime! You can phone her 514 543-0445

**Mary Rowan** is slowly recovering her health and strength at home, following a heart attack. Her daughters Susan and Carol are making sure she has good care at all times. Mary was VERY thrilled to have a recent visit from Kerry-Anne and her guitar to serenade her - what wonderful therapy that was! Mary would also welcome phone calls and visits.

If you know of someone in the congregation who is ill, lonely, needs help or a drive, please call us. **For the month of May, Sheila Laursen** is the person to phone at 514 697-4195 or e-mail at [sheila.laursen@bell.net](mailto:sheila.laursen@bell.net)

~ *Sheila*



May 6	Chris Basset
May 7	Conny Belanger
May 12	Carl Carson
May 18	Kathy Matyas
May 21	Traci Williams

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### THE KNITTING LADIES

A big thank you to **Gordon Koller** who recently gave us a donation of various sized knitting needles – very useful indeed. The muffs we are currently working on require thick needles – and it was a scramble for all of us to get a pair. We do appreciate your kindness Gordon – merci bien.

The *Knitting Ladies* group is now a sizable entity of LUUCers boasting 10 members. As mentioned before, we meet in each other's houses on most Tuesdays – but also arrange breakfast excursions or trips to the movies.

Over the years there have been many female groups within LUC/LUUC – and the current *Knitting Ladies* is really a re-invention of the same. We may be a dying breed as fewer and fewer women stay home to volunteer their time, but nevertheless, we remain relevant and a useful hardworking group with our many contributions to church life.

~ *Heather Falconer*



#### ***Mary Writes...***

To make ice cream cone cakes, use flat-bottom cones. Fill three quarters full, then bake. Use cake mix or make from scratch. Icing is optional afterwards. These are very portable, for a picnic or perhaps a potluck! I learned this from my cousin.

Watermelon cake: Bake a cake with chocolate chips in it. Tint the cake pink. Ice with green icing.

Karine Deschamps sang a song about fish. It reminded me of a book, "Peter the Sea Trout," written by Mel Thistle, a friend of my late father's. It was all about a fish named Peter. Mr. Thistle autographed a copy for Dad, and Dad was fond of reading it to me. I asked Mr. Thistle what happened to Sammy [I incorrectly said Fifi at church]. It is a very positive story about a fish and I recommend it to everyone, young and old. Dad was fond of reading to me, as was his mother, to her grandchildren. She told me, when I was older, that it relaxes a little child's mind, so that he or she can sleep better. When we were little, if my sister - now deceased - and I fell asleep on the couch, Grandma and Grandpa would take off our shoes and carry us upstairs.

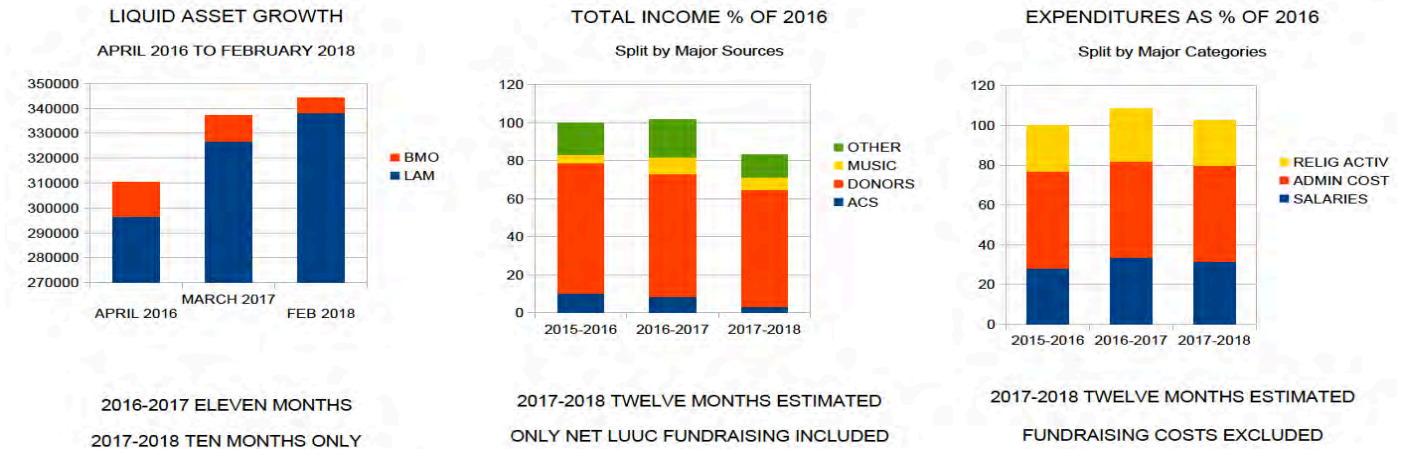
I really enjoyed this morning's sermon.



# THE 2018 STEWARDSHIP REPORT

Last month, I confidently announced that the Treasurer would make a succinct presentation of the Financial Outlook of the Congregation after the 15 April service. Confronted by the low attendance at that service, we then decided to make the presentation later. However, given the heavy agenda planned for the 22 April service, with Board elections and potluck following the service, I took the approach of distributing a one-page colour overview in the 22 April Order of Service. For those who may have missed this handout, the rest of this article covers essentially the same material.

In Financial Year 2017-2018, our **investments** went **up** while **income** and **expenditures** went **down**.



The **major factors influencing our investment results** include a shorter reference period (to February) this year due to earlier date of presentation and slower growth in LAM investment fund 3,5% this year vs. 7% last year (BLUE bar). Note that both years had **identical withdrawal of 5000 \$ from the investment fund** (BLUE bar). A worrying trend is lower amounts at each year end in the BMO chequing account (RED bar); this could mean that in this coming year, the Board *might have to* withdraw more than the usual 5000 \$.

**Our income went down to 83% of 2015-2016**, largely because of declines from **last year's highs**: wedding fees (down 2000 \$) and choir fees (down 1000 \$) (BLUE bar); 2018 service auction raised near 1700 \$ vs. near 2900 \$ last year (in GREEN bar); no special project (youth, music) funding vs. 2100 \$ last year; and other earmarked funding this year down to 800 \$ from 2100 \$ (both in RED bar).

The **Good News** is that you responded very well to last year's Stewardship Campaign, with regular pledge income up to near 21 000 \$ vs 18 000 \$ last year (in RED bar).

Fortunately, **expenditures are down from last year, though modestly (6%)**, notably as S.E. salaries were about half of last year (in BLUE bar) and lower than budgeted religious expenses, including less conference spending, caring costs and lower payments to the Canadian Unitarian Council, a consequence of fewer weddings and slightly fewer members (YELLOW bar).

Our major property acquisitions were a new office computer and a wireless mike.

The Board hopes the members will sustain their contributions in **treasure, talent and time** to help make our community continue to flourish. To this end, pledge forms have been distributed after services at the end of April. Even if you cannot make a firm financial committee, please let us know which activities you care to contribute your energy and talents to.

Please return the completed form to the Treasurer. If you don't yet have a pledge form, go to the posts on the Home page of [luuc.org](http://luuc.org) and in the version of the 2018 Stewardship Report there, you will find a downloadable form which you can either print or email to the Treasurer. Many thanks for all your contributions to our community in presence, in care and, when possible, in financial support.

~ Christopher Thomson, Treasurer, Finances & Fundraising Chair

## SUPPORTTING OUR TALENTED COMMUNITY



### KERRY-ANNE KUTZ

For the month of May, the *Lakeshore Community Choir* will be singing at our service on Mother's Day, May 13th.

Sandra Hunt will be performing a recital with her son Matthew Hunt Russell who is doing a doctoral degree in trombone in New Jersey, at the Unitarian Church of Montreal that same afternoon. I believe that concert begins at 2:00 pm.

And a reminder that if you won the auction item of the sing-along at Kerry-Anne's in Pierrefonds, it will take place on June 1st in the early evening.

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### ROB LUTES & ROB MACDONALD

Hudson Music Festival Barn Series

WHEN: Sunday May 6<sup>th</sup> from 7:00 pm – 10:00 pm EDT

LOCATION: 2 Barn Owls space, 420 Main Rd, Hudson, Quebec

On his seventh album, *Walk in the Dark*, Rob Lutes does what he has done for years: kicks up a little dust, wades into some deep waters and tackles the realities of the world with depth, humour and a unique musical style. Over two decades of playing together, the two Robs have developed the rare ability to seamlessly blend their individual sounds -- Lutes's acoustic fingerstyle and husky baritone and MacDonald's resophonic guitar accompaniment -- into one that is exceptionally intricate and intense.

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**KARINE DESCHAMPS**, Keri Anderson Lyne Ste-Marie Teresa Estrada Musicians:  
Antony Chliaropoulos Mike Simpson Ed Lareau Naveen U'dani Artists cover:

### A tribute to women in music!

Madonna, Celine Dion, Tina Turner, Stevie Nicks, Whitney Houston, Bonnie Tyler, Janis Joplin, Pat Benatar, Nanette Workman, Aretha Franklin, Patti Labelle, Annie Lennox, Melissa Ethridge, Heart, Adèle, Amy Winehouse, Shania Twain, Donna Summers, Blondie, Joan Jett. And much more!!!

WHEN: Saturday **April 28<sup>th</sup>** from 9 pm - 3 am

LOCATION: Château du Lac, 460 Main Road, Hudson, Quebec

TICKETS: \$9/Online and \$12/Door

## COME TO THE MOVIES

At the Pointe Claire Central Library (no admission charge)

**Tuesday May 8 at 1:30 p.m. (English)**

**The Shape of Water**

An otherworldly fairy tale set against the backdrop of Cold War-era America circa 1962. In the hidden, high security government laboratory where she works, a lonely woman is trapped in a life of isolation. Her life is changed forever when she and a co-worker discover a secret classified experiment.

*Winner of over 100 prizes, including 4 Oscars, 2 Golden Globes and 2 BAFTA Film Awards.*

*(Directed by Guillermo del Toro - 123 minutes)*

**Tuesday May 15 at 1:30 p.m. (English)**

**I, Tonya**

Based on the unbelievable, but true events. This darkly comedic tale of American figure skater Tonya Harding is one of the most sensational scandals in sports history. This is an absurd, irreverent, and piercing portrayal of Harding's life and career in all of its unchecked and checkered glory.

*Winner of 17 prizes, including 1 Oscar, 1 Golden Globe and 1 BAFTA Film Award.*

*(Directed by Craig Gillespie - 120 minutes)*

**Vendredi 11 mai - 13 h 30 (Français)**

**Maud**

Basé sur une histoire vraie, Maudie dresse le portrait du couple improbable formé par Maud Lewis, une artiste-peintre naïve qui s'épanouit tardivement et Everett Lewis, un homme vivant reclus dans sa petite maison.

*(116 min.) Réalisé par Aisling Walsh*

*NOTE - This film is being shown in English on May 9 at 7 p.m. at Union Church's Soup Pot Cinema*

**Mercredi 16 mai - 19 h (Français)**

**Les mauvaises herbes**

La projection sera suivie d'une discussion avec un artisan du film animée par Daniel Racine.

*Réalisé par Louis Bélanger. Présenté par le Conseil des arts de Montréal en tournée et Québec cinéma*

**Jeudi 24 mai - 13 h 30 (Français)**

**Debout**

Inspiré d'une histoire vécue, l'histoire d'un Bostonais de la classe ouvrière qui a perdu ses deux jambes lors de l'explosion d'une bombe au fil d'arrivée du marathon de sa ville en 2013.

*(119 min.) Réalisé par David Gordon Green*

### At the Soup Pot Cinema at Union Church in Ste Anne de Bellevue

**Wednesday May 9th - 7:00 p.m.**

**Maudie**

Based on a true story, this film depicts the unlikely romance between the reclusive Everett Lewis (Ethan Hawke) and a fragile but determined woman named Maudie (Sally Hawkins) whom he hires to be his housekeeper. Maudie, bright-eyed but crippled with arthritic hands, yearns to be independent, to live away from her unsupportive family, and ... yearns passionately to create art. As she gradually transforms their tiny cabin, her art begins to gain popularity, and she becomes known beyond the local community and she gains recognition.

*Biography, Drama, Romance (2016) 7.7 stars 1h55min PG*

*13 wins, 13 nominations with Sally Hawkins, Ethan Hawke, Zachary Bennett*

#### **Soup-pot Cinema details:**

We meet in Adair Hall (Union Church), 24 Maple, Ste-Anne-de-Bellevue. Volunteers offer soup or bread. Come early 6:40 to set up or bring your soup or bread and chat with others. Soup line-up starts around 7:00. When everyone is seated, we give a short intro, and then start the movie. Washrooms are downstairs. Dirty dishes are to be put into the bins in the back. We appreciate everyone's efforts to wipe down and fold the tablecloths, put away tables and chairs, and wash dishes. Bringing your own water bottle and change of shoes is also appreciated.

**If you can volunteer soup or bread, please let Susan Hawker know at 514 457-1793**

Suggested donation of \$7 (not if you volunteer part of the supper)





## **FONDS DE DÉPANNAGE**

Once again LUUC delivered!

All our cans and dry goods went up to the “Bakery”, the big store window full of bushes and trees, Ralph, the manager, is the “green thumb” guy. Our supplies are really well appreciated, I got a big hug!

So keep your “extras” Sunday mornings to pile up inside the LUUC front doors! When we close for summer, if anyone would like to help me deliver our last load in June, please phone.

~ Nancy

## **Cedar Park United Church's family arrived on April 10th for their new life in Montreal.**

**Sheila asked Andrea Nugent for details, and here is her report:**

"Four of our five-member Team (Cathie Weldon was vacationing in Paris!) met the newly arrived family at Trudeau airport, along with two of their four female cousins who have lived in Montreal for over 20 years. It took less than two hours, I believe, to get through Immigration.

Then we all went back to the West Island home of one of the cousins for an incredible Syrian chicken dinner.

Of the five-member arriving family, the parents speak excellent English and are absolutely warm and delightful people. Their three boys (age circa 20, 16, and 13) were entertaining a good half dozen young Montreal-born cousins during dinner, so I don't know how much English they speak.

Currently, the family is staying at the West Island home of a relative. Since Day 1, they have been apartment hunting, checking out schools, and getting a bank account, cell phones, etc. Our welcoming teams are somewhat hard pressed to keep up with these energetic go-getters.

While still in Turkey, the father spent many hours on the internet studying Montreal geography, customs, laws, schooling, etc. His Montreal cousins were astonished and delighted to learn that he knows more about the city and province than they do.

We have lots of furnishings and furniture for the forthcoming apartment (hopefully on the West Island), thanks to an appeal to our congregation and to the many Pointe Claire residents who take part in a variety of secular programs that Cedar Park United organizes for the neighbours.

We're having a welcoming dinner at the church next week to introduce our new family to everyone. Should be a blast.

More to come.... Andrea"

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**NEWSLETTER DEADLINE:** May 21st, 2018

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