



**LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION**  
 5065 Sherbrooke Street,  
 Lachine, Qc. H8T 1H9  
 (514) 637-6974

## **APRIL 2017**

**APRIL 2<sup>ND</sup> - 10:30 am.**

**INCLUSION OF CHILDREN WITH DISABILITIES  
 IN PHYSICAL EDUCATION** Erin Berry

Erin will speak about her research project which looks at the inclusion of children with disabilities in physical education classes, examining the relationship between physical educators and teachers aides and trying to determine the best practices for inclusion.

This relates to the first UU principle: the inherent worth and dignity of every person. Part of the project gives a rationale for the right of every child to receive free and appropriate education despite any individual differences. Also in terms of the second principle: justice, equity and compassion in human relations, the project studies the relationship between the professionals, mainly how they communicate and cooperate with each other as well as the children in the classroom.

**Service Leader: Susan Czarnocki**

**Hospitality: Kathy and Gabor Matyas**

**Musician: Kerry-Anne Kutz**

**PART 2 OF THE WILDLY SUCCESSFUL BID AUCTION TO TAKE PLACE AFTER  
 THE SERVICE.**

**APRIL 9<sup>TH</sup> – 10:30am.**

**THE ADVENTURE OF SELF-DISCOVERY:  
CULTIVATING CONSCIOUSNESS & COMPASSION  
Stephen K Sims**

Montrealer Steve Sims is the author of two books titled RIVER OF AWARENESS and THE WISDOM OF AUTHENTICITY. In this presentation, Steve will explore themes that focus on self-awareness, the search for authenticity, and the wisdom of personal transformation. True human potential finds expression in unlimited generosity, boundless ingenuity, and unconditional love. For each of us, an epic journey of learning and loving unfolds out of life's endless summons to transformation - the invitation to live more consciously, more creatively, more compassionately.

**Service Leader: Paul Sullivan  
Musician: Kerry-Anne Kutz**

**Hospitality: Timothy Byrnes  
Gaetane Parent**

**APRIL 16<sup>TH</sup> – 10:30 am.**

**HEALING INTO JOY - STORIES OF LOSS AND  
RENEWAL FROM A JEWISH MYSTIC  
Rabbi Sherril Gilbert**

*"There is nothing more whole than a heart broken open"* is a famous Jewish mystical teaching about healing. The central aim of Jewish spiritual healing is to restore joy, wholeness, and connections to a world in which brokenness seems inevitable. Weaving personal stories of loss and renewal with teachings from Jewish mysticism and ancient wisdom literature, Rabbi Sherril takes us on a journey of transformation that exemplifies what is possible when we tap into the spiritual energy that lies within.

**Service Leader: Christopher Thomson  
Musician: Kerry-Anne Kutz**

**Hospitality: James Sisley  
José Van Amerongen**

**HAPPY EASTER EVERYONE!**

**APRIL 23<sup>RD</sup> - 10:30 am.**

**CHANGE IS FREEDOM  
Nathalie Hainault**

We all have gone through amazing changes in our lives. Small changes, big changes....However, no matter who we are, what our story is, where we come from, there are those changes that for some reason we seem to endlessly delay or we just cannot take the positive actions to initiate those changes. Together we will look at the source of our limiting beliefs, travel in space and hey! Why not...start our Jedi training! My name is Nathalie Hainault, I am a member of LUUC and I believe Change is Freedom.

**Service Leader: Tim Byrnes  
Musician: Kerry-Anne Kutz**

**Hospitality: Peg Wooley  
Samantha Lustig**

**Potluck Lunch:** Please bring food for us all to enjoy together.

**Crew: Sari Kelen, José Van Amerongen, Huntly McNiven and Paul Sullivan**

**Financial Campaign:** During the potluck, **Christopher** will present an overview of how we finance our major activities, such as services, music, youth and transfers to other charities; this will be followed by an open-ended question and answer period.

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**APRIL 30<sup>TH</sup> - 10:30 am.**

**NO SERVICE AT THE 5065 SHERBROOKE SITE**

We are invited to attend the Unitarian Church of Montreal's service, featuring Toronto's Neighbourhood UU Congregation Spirit Choir, UCM's Parts for Peace and the Lakeshore Community Choir.

Susanne Maziarz will be bringing her choir from the Neighbourhood Congregation in Toronto to sing part of a concert presented by our Lakeshore Community Choir at LUUC. As well, the Parts in Peace choir from UCM will also be participating with their new director Maider Martineau. Sandra Hunt will be playing piano.

As part of the concert at LUUC Maider Martineau is also proposing that her basque ensemble play a few numbers in the concert. They may also show us a few dances before heading off to a Ceili. This promises to be a fantastic evening of song and dance!!

**NO SERVICE AT THE 5065 SHERBROOKE SITE**

### **PRESIDENT'S MESSAGE**

I just received an email from Sheila with the tally from the Service Auction held yesterday, and I am absolutely blown away by the amazing response! Since we have so much to auction off still, there will be a Part 2.

In the meanwhile, I would like to give everyone who contributed and placed bids on auction items a big THANK YOU. We're not a big bunch, but this is not the first time I've seen members and friends rally in such a profound way to benefit our Congregation (ex: the Northern Lights campaign last year). I am very moved and proud to be part of such an amazing group!

April will be a busy month yet again. Aside from the stewardship campaign, new Board Members will be voted in as well. Also, and most exciting maybe, a choir from Toronto will be visiting us at the end of the month. LUUC will host a joint music workshop and concert on Saturday, April 29 with the visiting Toronto choir and the UCM. This is a rare event not to be missed!

Meanwhile, enjoy the warmer, longer days and melting snow.

**- Irene**

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### **LINE-DANCING AND PASTA LUNCH FUNDRAISER**

I heard that the pasta lunch and line-dancing escapade on February 12<sup>th</sup> was a success – and that everyone enjoyed themselves. I was able to stay for the pasta lunch only where I had a choice of several yummy-looking sauces. I chose the one with bacon – absolutely delicious! We added **\$161.00** to our coffers. **-ed**



**- Irene**

### **WHY A STEWARDSHIP CAMPAIGN?**

I have been attending Lakeshore for about two and a half years now and I was struck during the first couple of years by the very modest effort made to acquaint new members with the financial basis of our community's life. This was strikingly different from my experience in other UU congregations where a discussion of stewardship and pledging was a significant event in the spring calendar. So this year's Board, aided in its reflection by a workshop held by last autumn's CUC Eastern Regional Gathering (which we hosted), decided to give the question of Stewardship a bit greater prominence than it has had here recently.

Let's be clear, while some costs are increasing, notably salaries and rent, our Congregation's finances are not facing some sort of crisis. We are not asking everyone to give more, but we wish members be more informed about what it takes to keep our self-governing and self-financing community going and accomplishing its common purposes. We only hope to create a better understanding of the material basis of our community's continued existence. Based on this information, members may make their own estimation of what is an appropriate and sustainable level of financial contribution for the coming year.

Sure the stewardship campaign, like any other charity's financial campaign, asks our members to give in support of our organization. How members choose to respond to the Congregation's need is a very personal matter, and the Board is very cognizant of this fact. We are grateful for all the support we receive, no matter how big or small, because only you can determine how much you can give. So no pressure! Just information.

From April 2 through 16, there will be a very short testimonial during each service by a member talking about the importance of LUUC in their lives. Then, during the potluck after the 23 April service, I will present an overview of how we finance our major activities, such as services, music, youth and transfers to other charities; this will be followed by an open-ended question and answer period. The current financial year ends on 30 April 2017, and a more detailed report on Lakeshore finances will be given at the next Annual General Meeting (AGM) in June.

***- Christopher Thomson, Treasurer***

### OUR LITTLE MAESTROS

Three weeks ago **Karine Deschamps'** husband Reidel filmed a video of our Little Maestros in action. This film will be reduced to a short one-minute video montage to be used for publicity on social media. Karine is a member of an on-line Mom's group of 2,000 West Island Moms – and this Facebook site is the principle place where the video will be shown – and of course anywhere else Karine and the other Maestro Moms can post it.

The idea is to get the word out about our wonderful Little Maestros – and give more children the opportunity to participate in this unique musical experience directed by **Kerry-Anne Kutz**.

The video will be posted soon – hopefully to bring in new recruits this Spring – and repeated in August for when we start again in September. Many thanks to Karine for this innovative initiative to boost our Little Maestros.

- **Karine Deschamps/ed**



### LES FLEURS

Some people at LUUC work quietly behind the scenes – without fanfare – and do their bit to improve the life of LUUC. **José van Amerongen** is one of those people. From her ample supply of silk flowers and vases which she keeps at her home, she spends time each week selecting and arranging bouquets of flowers – and then carts them to church every Sunday and places them on the altar. Thank you José – we appreciate your many efforts to brighten up the church with your presence and your flowers.

- **ed**

## WORLD WATER DAY

**Gary Spiller** spoke on the occasion of World Water Day and of a different angle on how to conserve water. We all know that we should fix a leaky tap and take shorter showers, but Gary told us how much water it takes to produce food – and that we can help conserve water by changing our eating habits.

He mentioned a book entitled *Your Water Footprint* by Stephen Leahy. It includes some surprising facts such as one cup of coffee requires 140 litres of virtual water to get beans to the grinder while a cup of tea requires only 35 litres of water to grow, process and brew. Agriculture accounts for 92% of our hidden footprint.

Gary also recommends a book by Vermont author Judith D. Schwartz, *Water in Plain Sight* published in 2016.

And good news - the Canadian Government has approved an initiative to provide the 300 indigenous communities, who currently do not have drinkable water, with clean water. Gary warns that this will not happen overnight as, for complicated reasons, this is a very vulnerable matter. I thoroughly enjoyed an interesting and informative morning for World Water Day.

- ed

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## VIEW FROM WESTMINSTER BRIDGE

Earth has not anything to show more fair:  
Dull would he be of soul who could pass by a sight so touching in its majesty.

.....  
Dear God! The very houses seem asleep;  
And all that mighty heart is lying still.

- *William Wordsworth*

On March 22<sup>nd</sup> a murderous terrorist shattered the peace in London - smashing his vehicle into pedestrians on Westminster Bridge, killing four people and injuring approx. forty. Londoners responded by keeping calm and carrying on with 'millions of acts of normality.'

- ed



As I write, **Catherine Forbes** is in Vancouver visiting her mother in a hospice bed. I hope all is well with Mrs. Forbes. Happy Birthday wishes **Catherine** on April 13<sup>th</sup>.

**Rev Heather Fraser Fawcett** has a birthday on April 21<sup>st</sup>. Heather's apartment building is under renovations – and there is so much dust – that it sets the fire alarms off. Hope the repairs are finished soon - Happy Birthday Heather – and enjoy your day.

Dear **Ogden**, we miss you at LUUC – and hope that you can visit us when you are in the city. Happy Birthday to you **Ogden Gavanski** on April 23<sup>rd</sup>.

It's **Gordon Koller's** big day on April 24<sup>th</sup> – good to see you and Happy Birthday.

Belated Happy 100 Birthday wishes to **Vera Lynn** on March 20<sup>th</sup> – iconic WW2 British singer. Her image was projected onto the chalky White Cliffs at Dover, England – the subject of one of her best-known songs.

### CARING CORNER

We send our condolences to **Nancy** and **John Schmidt** on the death of John's father, John Schmidt Sr., in his 90<sup>th</sup> year.

The **Abbotts, Dori** and **Peter** have sold their beloved country home in the US – and are now in the midst of clearing out the place ready for the new owners. We wish them luck.

**Jean Merrifield** was back at church on March 19<sup>th</sup>, looking well after her bout with pneumonia.

A great pleasure to see **Joyce** at the church on Sunday when **Gary Spiller** gave his World Water Day presentation. - ed

### **SPRING IS IN THE AIR**

I don't make New Year's resolutions any more – simply because I can't seem to keep them – but I do make Spring resolutions – it's called spring cleaning! Rule one is de-clutter, rule two is de-clutter and rule three is de-clutter.

De-clutter your house one cupboard at a time. Get rid of the clothes that don't fit, kitchen gadgets you never use and the books that constantly need dusting. Don't throw them away in the garbage, as that just fills up the dumps – be smart and donate them to NOVA or another charity. We all win then. Your cupboards are tidy, the charity shop has something to sell, who in turn donates the proceeds to the good works of NOVA, formerly the Victorian Order of Nurses, the landfills are not so full – and spring is coming!...now there's a happy thought.

- ed



### **DISSENSION IN THE RANKS**

As editor, I never know how many people actually read the newsletter – until I get a reaction. I got reactions after March's newsletter. For everyone who writes or phones, apparently there are x amount of people who feel similarly, but don't voice their opinion publicly. This refers to our Treasurer's messages about the LUUC's finances, the members' replies, the number of requests for money and dipping into investments. Four callers commended me for printing people's feedback in the newsletter and agreed with the opinions contained therein – the fifth person, while not disagreeing, felt that it was not appropriate to print the fact that there are differences of opinion among us – a credible point perhaps. But...four-and-a-half out of 5 ain't bad.

**Hold the Press!** This newsletter contains a different perspective - please read it on page 16. Thank you all - your views are very much appreciated.

- ed

### **SERVICE AUCTION A SUCCESS - THAT CONTINUES!**

By the time our Service Auction began on March 19, to raise funds to support our congregation's presence in the West Island and our services to members and the community, Auctioneer Rob Lutes had a list of 33 different offers to tempt us with. That proved to be a fun, but challenging task, and we had only bid on 16 offers before it was time to allow a choir rehearsal to use our space.

But what wonderful offers we had! We eagerly bid on 2 different offers of home renovation & repair help, Spring gardening assistance, an evening of babysitting, hand knitted scarves, hats and a blanket, an Indonesian dinner for 6, homemade bread, marmalade and sherry jelly, a guitar or songwriting lesson, a walking tour of St Henri, a home theatre movie event, a sing- along with Kerry-Anne, and an outing to an historic home.....**AND WE RAISED \$2,060 THANKS TO THOSE GENEROUS OFFERS!**

**So- Part 2 of the Service Auction will carry on!**

**Sunday April 2 during Coffee Hour, Christopher Thomson, Auctioneer**

**A Walking Tour of St Henri - with guide Jessica Burpee** on Sunday June 18 after the LUUC service and picnic. **There are 3 spots still available at \$35 each.**

**A Sing-Along Afternoon - with Kerry-Anne Kutz** for spirited and joyful group singing and afternoon treats. **3 spaces still open at \$25 per person.**

**A Home Theatre Movie Event - by Nancy & John Schmidt.** Enjoy a movie on a 90" screen with VERY comfortable seating, dessert and drinks included. Date to be determined mutually. **4 spots still to fill at \$30 each.**

These services are still to be bid on in Part 2 of LUUC's FUNdraising Service Auction.....

**13. Weekend of Child-sitting - by Jose Van Amerongen**

- Enjoy a weekend away while leaving your children in the capable care of Jose, a retired nurse at a date to be determined mutually. One offer only. **Starting Bid: \$50**

**18. Summer BBQ at our Home - by Timothy Byrnes & Gaetane**

- We will provide an outdoor BBQ meal in our backyard on a weekend evening this summer - date to be determined. Total of 20 offers **Starting Bid: \$10 per person**

**19. Delicious Home-baked Treats - by Peg Wooley**

- Home-baking to enjoy at home that will be delivered to you at LUUC on a Sunday Two offers of 2 dozen ginger cookies and one offer of a banana loaf.
- **Starting bid: \$5 for 2 dozen cookies, \$7 for the Banana Loaf**

**20. Individualized Computer Tutorial - by Susan Hook Czarnocki**

- Susan can help you overcome any challenges you have with Excel in a one hour tutorial at a time and location mutually arranged. Total of 2 offers of one hour each
- **Starting Bid: \$10 for one hour tutorial**

**21. General Computer Tutorial - by Susan Hook Czarnocki**

- Everything you have always wanted to know about computers, but were afraid to ask!
- One hour tutorial at a time and location arranged with the bidder. Total of 2 offers of one hour each. **Starting Bid: \$10 for one hour tutorial**

**22. Genealogy Research Help - by Rev. Heather Fraser-Fawcett**

- Good for 4 hours of genealogy research on Ancestry, etc at the time and location arranged with the bidder. One offer only - for 4 hours. **Starting Bid: \$60**

**23. New York Style Cheesecake - by Rev. Heather Fraser-Fawcett**

- Good for 1 New York style cheesecake with fruit topping of your choice, delivery to be arranged with the bidder. One offer only **Starting Bid: \$20**

**24. Canoeing Lesson and Tea afterwards - by Sari Kelen**

- Enjoy a canoe lesson with a lovely outing, leaving from Sari's home in Hudson and followed by tea! Total of 2 offers. **Starting Bid: \$25**

**25. Hazelnut Cake - by Sari Kelen**

- Good for one delicious and beautiful hazelnut cake to be delivered at LUUC on a Sunday of your choice. One offer only **Starting Bid: \$20**

**26. Lesson in making a Hazelnut Cake - by Sari Kelen**

- Good for 1 lesson on making a delicious Hazelnut Cake at a time and location to be arranged with the bidders. One time offer for 2 participants **Starting Bid: \$25 each**

**27. Hike up Lyon Mountain - by Philip Prince**

- Enjoy a hike up Lyon Mountain in Upstate New York with Phil - drive / carpool from Hudson and date to be arranged with the bidders. One time offer - good for 4 people
- **Starting Bid: \$30 per person**

**28. Hike up Rigaud Mountain - by Philip Prince**

- Experienced hiker Phil will lead you up Rigaud Mountain on a date to be arranged with the bidders. One time offer - good for 4 participants **Starting Bid: \$20 per person**

**29. A 4 course Italian Dinner - by Chef Stuart Forbes**

- A Stuart-cooked meal is an experience not to miss. This will be at the home of Susan Czarnocki in Lachine - between May 15 - Sept 15 to be determined with bidders.
- For 3-5 participants. **Starting Bid: \$15 per person**

**30. A Seafood Meal and Congenial Evening - by Gary & Ofie Spiller**

- Enjoy a special meal of seafood, fish, veggies, noodles and dessert on Friday April 28 at 6:30 p.m. Good for 4 guests. **Starting Bid: \$20 per person**

**31. One Hour of Limousine Service - by Dan Amstutz**

- Be chauffeured in either a 14 passenger Super Stretch or an 18 passenger Party Bus anywhere in Montreal. (NOT for a high school graduation). **Starting Bid: \$70**

**32. One Delicious Trifle - by Jean Merrifield**

- Anyone who has tasted Jean's British Trifle knows it is too good to pass up!
- One time offer. **Starting Bid: \$10**

**33. Melt in your Mouth Shortbread - by Jean Merrifield**

- You can enjoy one dozen of Jean's famous and delicious shortbread.
- Good for 2 offers. **Starting Bid: \$5 for one dozen**

– *Sheila Laursen*

**S.E.**

Our SE program has seen some changes over the past couple of months, one of which is the emergence a leadership program that is connecting four members of the Yearn to Learn group with the youngest members of our SE program. **Bella, Ariel, Olivia** and **Talia** will be taking turns teaching the Thunderbirds, each teaching four Sunday's in a row. **Bella** did an outstanding job teaching the group first, covering the month of February. Her lesson plans revolved around the sense (sight, smell, touch, taste). **Ariel** is following in her footsteps, currently teaching the group about the four elements (water, air, earth, fire). She too is working hard, and we are looking forward to what is yet to come!

- *Erin Berry – SE co-ordinator*

### **TO WHAT END – THE LUUC FACEBOOK PAGE**

I'm sure you have all heard of FaceBook, the huge 'social media' presence on the internet. Worldwide, there are over 1.86 billion monthly active Facebook users. Some people love it as a means to track the comings and goings of family and friends in far away places. Others have made a conscious decision to avoid contact with it for various reasons: perhaps they see it as a potential source of "privacy leakage", or because it carries a wide array of silly advertising. So it is not an ideal means to find potential UU's – as they may be more sensitive to such issues. Nonetheless, they are also potentially those who will learn the ways to avoid the pitfalls in using social media, and who can see its benefits. Moreover, the ad agencies who are most interested in tracking who uses FaceBook consider that 18-25 year olds in North America constitute about 34% of total users, and get much of their information about the world from Facebook.

So there are reasons why LUUC has a FaceBook page. When we hosted the CUC Eastern Regional Gathering, many of the Eastern Region UU youth members tracked their plans for the ERG through their personal FaceBook pages. But it is not the ideal tool for a group such as LUUC. If you don't have a 'presence' on Facebook, clicking on the link to the LUUC FaceBook page will simply return an invitation to join FaceBook. This is not what we are trying to achieve. However, we should be doing our best to have activity on our FaceBook page which LUUC members who have FaceBook pages would be motivated to share with their FaceBook friends, the way our youth members organized the ERG weekend.

The page is 'public' so any FaceBook user can leave a post. All the posts are sent to our moderators to be approved, so as to block those out to do harm. So, all you LUUC FaceBook users, how about going to the LUUC page and leaving comments about the Sunday services, or about things that are happening in SE, or some moral or ethical conundrum that bothers you. If all the LUUC FaceBook users would check out the activity there, we can offer suggestions, or help, and perhaps 'get discovered' by others with similar interests. The link is: <https://www.facebook.com/groups/441807049195654/>

**- Susan Czarnocki, Board Secretary**

### **2016 TAX RECEIPT OPERATION COMPLETED IN RECORD TIME**

By 28 February each year, the Treasurer and the Administrative Secretary have summed and collated information about donations to Lakeshore in the previous calendar year in order to issue tax receipts to our donors. This year, there were particular challenges as we had to produce receipts for the music program crowd-funding campaign held in early 2016, in addition to the usual donations to LUUC from members and friends as well as those specific to weddings and child namings. Time was also at a premium as I was leaving the country for the latter half of February.

With counsels from the Board Secretary **Susan, Samantha** threw herself into producing tax receipts for about 45 general donations, fifteen civil status ceremony donations and 25 Northern Lights (crowd-funding) ones, all within two weeks! The total amount of contributions were \$ 22 786 in non-earmarked donations, \$ 3 156 for the music program and \$ 3 200 for Acts of Civil Status, such as weddings. The biggest difficulty was in chasing down email and street addresses for several non-member donors.

We did not, however, have to prepare receipts for monies collected during bazaars, service auctions or concerts because the **Canada Revenue Agency** authorizes tax receipts when **no** direct good or service is given in exchange for the donation. Church services, spiritual education and even weddings are considered as charitable activities, not marketable services; thus, only freely given donations supporting a congregation and its charitable functions merit tax relief.

**- Christopher Thomson, Treasurer**

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### **DID YOU KNOW...**

A tin can that entered the ocean in 1986 is still decomposing in 2036...

A plastic bottle that entered the ocean in 1986 is decomposing in 2436...

A glass bottle that entered the ocean in 1986 is decomposing in the year 1,001,986.

**- US Ocean Conservancy**

### NEWS FROM THE PEWS

According to the latest UN report, **Canada** ranks 7<sup>th</sup> in the world as the Happiest Nation - apparently we are not quite so happy as last year, when we ranked 6<sup>th</sup> in the world.

|                 |                 |
|-----------------|-----------------|
| 1 – Norway      | 6 - Netherlands |
| 2 – Denmark     | 7 - Canada      |
| 3 – Iceland     | 8 - New Zealand |
| 4 – Switzerland | 9 - Australia   |
| 5 - Finland     | 10- Sweden      |

### WHAT MAKES YOU HAPPY?

**Gaetane Parent** says...*“Having dinner with my family and friends makes me really happy...”*

**Lynette and Michael Rooker** say - *“To do all we can to grow and fulfill our family with love, industry and success.”*

**Gord Koller** says: *“I was happy to hear the talk on water last Sunday. I remind the congregation that eating meat and dairy uses an exorbitant amount of water and causes tons of pollution both to water and air. I refer you to the website onedrop.org. My mantra is, ‘if it is yellow, let it mellow, and if it is brown, flush it down,’ lol. I have been asked if I was having any fun yet. What is fun for you, and is it the same thing that makes you happy? Helping others makes some people happy.”*

*Last night I attended one of the concerts of Festival de la Voix featuring Connie Kaldor and her very talented family. Connie played both the piano and guitar, sang, was MC and composed the songs. Her husband Paul played back-up guitar. Her elder son Gabriel had a very fine classical voice and her younger son Alexei was a genius on the violin/fiddle. The lovely Christ Church, Beaufort was full – the audience was appreciative – and we all enjoyed ourselves. A thoroughly pleasurable evening’s entertainment – and that made me happy. - ed*

**Give away a smile or a compliment every day**

**When April showers come your way - they bring the flowers that bloom in May.**

## CLARIFICATIONS TO AN ARTICLE IN THE MARCH NEWSLETTER

I found some of the wording of the “\$\$\$ Our Finances \$\$\$” article in the March newsletter to be misleading, and I would like to offer clarification on the following 2 points.

1. It was stated “*We at LUUC drink very expensive Fair Trade coffee each Sunday*”. It is true that Fair Trade coffee does cost more than supermarket house brands, but I don’t consider it “very expensive”. A 2 pound bag of Fair Trade percolator grind coffee costs \$29.95 and it makes 100 cups of coffee. That means it costs 30 cents for each cup. As I volunteer at a Fair Trade store where I buy the coffee, it actually costs us 15% less than that.

What does that 30 cent cup of coffee mean, to be labelled as “Fair Trade”?

- The **Fair Trade** Certified label guarantees consumers that the farmers who grew the coffee: 1) are paid a **fair** price for their harvest and 2) are organized into democratically-organized cooperatives that sell direct to buyers in consuming countries.
- As well as farmers getting a fair price for their beans, they also receive an additional Premium to invest in schools, and reforestation and agricultural improvements, for example.
- With Fairtrade, certified coffee producer organisations are guaranteed to receive at least the Fairtrade Minimum Price for their coffee, which aims to cover their costs of production and act as a safety net when market prices fall below a sustainable level
- And with Fairtrade Canada, every bean can be traced back to the farmers’ cooperative.

That seems to me to be a lot of value for paying the “Fair” price of 30 cents per cup! (And, If each of us put 30 cents in the small basket of coffee, none of the cost would have to come from the church budget....)

2. The article also noted, “*and then there’s our Syrian refugee family, who for some time to come will require extra help for medicals, visas and rent, etc*”. It is important for readers to know that ALL the money required by our government to support a refugee family for one full year was raised by donations or contributions of the members and friends of the 4 partner congregations, of which LUUC is one. That money is in a trust account at Summerlea United Church. Current fundraising activities, through free will offerings at the concerts on April 25 and May 6 are to help our Syrian family while they are still in Saudi Arabia. Not ONE penny from the budget of LUUC has been, or will be, directed to our refugee sponsorship support.

- **Sheila Laursen**

**CONCERTS FOR THE SYRIAN REFUGEES**

**Tuesday April 25 at 7:30 p.m.**

Summerlea United Church, 225 - 50th Avenue, Lachine. 514-634-2651

Octet Plus, under the direction of Connie Osborne, is holding a fundraising concert in aid of the Summerlea Refugee Support Coalition's refugee family.

Octet Plus was established in 1988 by Sue Maule, the late wife of the former U.S. Consul General in Montreal; its singers hail from choirs throughout the city. They will be performing folk songs, gospel music, jazz and classical pieces. A reception will follow. A free will offering is welcome (Suggested cost: \$15).



**Saturday May 6 at 7:30 p.m.**

**Many Faces, ONE Humanity...**

Union Church, 24 Maple  
Ste-Anne-de-Bellevue

This special musical concert features the musicians and a joint choir from Summerlea United, Lakeshore Unitarian Universalist and Merging Waters (Union Church and Beaufort United.)

Desserts and refreshments served following the concert

Tickets: \$15 in advance, \$20 at the door

For information: **Sheila Laursen** 514 697-4195

### **COMPARE THIS**

I was doing my spring-cleaning and came across the results of a wish-list session we held at the church in 2008 involving 22 LUUCers. It is interesting to compare then and now.

One vision was for more young families with children; '10 or more children in the RE on average each Sunday;' 'kids of all ages from little ones to teenagers' – *This seemed just about impossible back then – but has been achieved.*

Another was to attract more people – and have 45 people attend church each week – (this was at a time when we were averaging between 18-22 each Sunday.) *We have touched on this number of 45 several times – we have just got to stick at it to make it happen every Sunday.*

The call for services with more meaningful speakers and topics - *This is ongoing – and not always easy to achieve – try as the Sunday Services Committee will. The increased attendance, however, suggests that things have improved. [Suggestions from the congregation are always appreciated.](#)*

Starting on time – *Old habits die hard - sadly, this is not our strongest suit.*

A quarter of those surveyed wanted our own building – *We're nowhere near there yet - but we can dream.*

And most important – Listen to each other – *everybody's opinion has merit and should be considered.* **- ed**

### **AN END AND A BEGINNING**

The new version of the LUUC Directory is finally completed. One innovation for this year, thanks to a suggestion by **Dori Abbott**, is the inclusion of 'maiden names' for female members. As the Province of Quebec uses the 'birth name' for the official records, the 'maiden name'/'birth name' is useful to know. However, personally members have developed a range of styles for their "last name". For the most part, in the Directory, we have alphabetized by the 'usual' name that someone uses for themselves, adding the birth name with a hyphen, where it is not that 'unusual' last name.

**- Susan Czarnocki**

## MOVIES AT POINTE CLARIE LIBRARY



April 11<sup>th</sup> – Tuesday at 1:30pm – **The Arrival** with Amy Adams  
 April 25<sup>th</sup> – Tuesday at 1:30pm – **Girl on the Train** with Emily Blunt  
 April 26<sup>th</sup> – Wednesday at 7:00 pm – **The Accountant** with Ben Affleck.



**Dorval Strathmore United Church Players** present their annual murder mystery dinner show, “**MURDER ON THE BLUENOSE TO VALDOR 11**”, written and directed by Steve Gillam.

Five Saturdays in April: 1st, 8th, 15th, 22nd, 29th. Doors open at 6:00 pm. Show starts at 6:30. Tickets are \$40 & \$35 (students & seniors)

Tickets includes the 4 Act play and a 4 course meal. Cash bar. **All tickets sold in advance. Call 514-631-9879 Or order online: [dorvalstrathmoreunited.weebly.com](http://dorvalstrathmoreunited.weebly.com)**

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## CABARET DU CHAT NOIR

**Union Church** is presenting a festive evening of **Cabaret** entertainment to celebrate the arrival of spring. The eclectic fare will range from French chansons to Broadway show tunes, to favourite opera choruses and comedy skits and parodies. As a theme in the show involves cats, part of the proceeds will go towards CASCA - a cat shelter in Vaudreuil-Dorion. So come join the high spirits and, as the song says ‘Life is a Cabaret, old chum, Come to the Cabaret!’ **Saturday April 22, 8:00 p.m., 24 Maple, Ste-Anne-de-Bellevue, QC.** Info: Jan Langelier **514-453-7103** [langelier.jan@videotron.ca](mailto:langelier.jan@videotron.ca)  
**Cost: \$20**

**LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION**

**5065 Sherbrooke Street, Lachine, Qc. H8T 1H9**

|  |  |   |
|--|--|---|
| <b><u>MINISTER EMERITUS:</u></b>                   | Rev. Fred Cappuccino                           | 613-527-2829                            |
| <b><u>BOARD MEMBERS:</u></b>                       |  |   |
| <b><u>PRESIDENT:</u></b>                           | Irene Hausknost                                | 514-949-3333                            |
| <b><u>VICE PRESIDENT:</u></b>                      | Paul Sullivan                                  | 514-457-1793                            |
| <b><u>TREASURER:</u></b>                           | Christopher Thomson                            | 514-634-5916                            |
| <b><u>SECRETARY:</u></b>                           | Susan Czarnocki                                | 514-773-1117                            |
| <b><u>DIRECTOR A:</u></b>                          | Sari Kelen                                     | 450-458-6644                            |
| <b><u>DIRECTOR B:</u></b>                          | Rob Lutes                                      | 514-515-4413                            |
| <b><u>S.E CO-ORDINATOR:</u></b>                    | Erin Berry                                     | 514-630-1512                            |
| <b><u>LAY CHAPLAINS:</u></b>                       | Kerry-Anne Kutz                                | 514-624-2307                            |
|  | Paul Sullivan                                  | 514-457-1793                            |
| <b><u>LAY CHAPLAIN CO-ORDINATOR:</u></b>           | Peg Wooley                                     | 514-630-1512                            |
| <b><u>OFFICE MANAGER/<br/>ADMIN. SECRETARY</u></b> | Samantha Lustig<br>e-mail                      | 514-637-6974<br>Lakeshoreluuc@gmail.com |
| <b><u>NEWSLETTER EDITOR:</u></b>                   | Heather Falconer                               | 514-630-4206                            |
| <b><u>WEBMASTER:</u></b>                           | Susan Czarnocki                                | 514-773-1117                            |
| <b><u>NEWSLETTER DEADLINE:</u></b>                 |  | <b>April 23<sup>rd</sup>, 2017</b>      |
| <b><u>OUR WEB-SITE:</u></b>                        | <a href="http://www.LUUC.org">www.LUUC.org</a> |   |



**HAPPY EASTER EVERYONE**