



## LAKESHORE UNITARIAN UNIVERSALIST CONGREGATION

5065 Sherbrooke Street,  
Lachine, Qc. H8T 1H9  
(514) 637-6974

### OCTOBER 2015

October 4<sup>th</sup> – 10:30 a.m.

**TALKING IN CHURCH**  
**Dorothy Latta**

Freedom of the Pulpit and the Pew are long-standing traditions for Unitarian Universalists. But are these Freedoms absolute or do they come with responsibilities?

**Service Leader: Peter Abbott**  
**Musician: Kerry-Anne Kutz**

**Hospitality: Irene Hausknost**  
**Chris Bassett**

**October 11<sup>th</sup> - 10:30 a.m.**

**GOOD FOOD AND GOOD SEEDS  
Don Brisebois**

Thanksgiving! Good food comes from good seeds. The best seeds are those that are selected and adapted to a specific bio-region. Tourne-Sol cooperative farm has been growing and adapting seeds on their farm for the past 10 years. Dan Brisebois will talk about how they've integrated organic seed production onto their organic vegetable farm. Dan is associated with the Unitarian Service Committee.

**Service Leader: Irene Hausknost  
Czarnocki**

**Hospitality: Susan**

**Musician: Kerry-Anne Kutz**

**Paul Sullivan**

**October 11<sup>th</sup> – is the International Day of the Girl**

**October 18<sup>th</sup> 10:30 a.m.  
WAY**

**THE MYSTICAL**

**Calogero Cumbo**

There is a rhythm to the spiritual life, alternating between Action and Contemplation, each leading into the other; each needing the other. In his talk, Calogero explores the obstacles to being in the moment and to finding the balance between accomplishment and serenity.

**Service Leader: Sari Kelen  
Musician: Kerry-Anne Kutz**

**Hospitality: Jose van Amerongen  
Nancy Graham**

Later in the afternoon of **October 18th** at **1:30**. **Kerry-Anne's** students will give a concert - singing music of the 70's The Carpenters, Simon and Garfunkel, so many great tunes! **\$10.00**. suggested price. Proceeds to go to **Syrian Refugee** fund. (See page 10.)

**October 25<sup>th</sup> – 10:30 a.m.**

**JUSTIFICATION BY FAITH  
Rev. Frances Deverell**

One of the main themes of Martin Luther who started the Reformation was – are we saved by our works? Or are we saved by faith? What is this old debate about, and what meaning does it have for our lives today?

**Service Leader: Sheila Laursen  
Musician: Kerry-Anne Kutz**

**Hospitality: Sari Kelen  
Philip Prince**

**POTLUCK LUNCHEON:** Our October Potluck Luncheon will follow the service – **we will have a sandwich lunch and finger food – no dishes please. Dori Abbott** will be hosting with her crew of **Peter Abbott, Margot Barclay, Dan Amstutz, Sari Kelen** and **Philip Prince**.

**THERE'S MORE:** following, **Rev. Frances Deverell** will conduct a workshop on improving our Service Leader skills. This workshop is for ALL people particularly those interested in improving their Service Leader skills and for anyone who wishes to become a service leader. It's open to everyone. Let me know if you wish to attend - 514-630-4206. **- Heather**

### **TYPEWRITER RIBBON**

We are in the most ridiculous position of having no ribbon for our office typewriter. This may sound like a foolish and antiquated request – who uses typewriters? – who even knows what a typewriter is? But we need the ribbon to type up the DEC 50s – i.e. the Government forms to register our weddings. If you know where to purchase typewriter ribbons – please contact either Susan or Heather.

***Even Napoleon had his Watergate***

## PRESIDENT'S MESSAGE

We started off this new season running. So much to do – and not so much time to do it in.

We're excited about the SE program and our new teacher **Ivy O'Reilly**. She's got so much energy – and in no time she has organized the children into classes – produced a program and re-arranged the hall into separate spaces. She's also agreed to do the children's story during the Sunday services when required. Ivy has **Vanessa** and **Karli** to help her – and we are also planning on high school volunteers.

Have you ever watched **Kerry-Anne** with the Little Maestros? It is so much fun. **Kerry-Anne** has decided to extend the program and she also plans to increase the number of rehearsals for the family choir.

Then came the plight of the Syrian refugees – and **Sheila Laursen** immediately got busy, organized her troops, joined in with other interested groups – and is looking into the possibilities of sponsoring a family – (see page 7 for more details). So we are busy, busy, busy hive of activity.

We have received an **EXTRAORDINARILY** generous gift. Try to imagine how we on the Board felt when we received a cheque for \$2,000, for our youth to go to conferences. Well, we were gob-smacked – (UK speak for astounded, flabbergasted, bowled over.) We were all impressed with our children at the end of the church year when they took over the Sunday Service and told us about their activities – and particularly how they had enjoyed their 'cons'. Thank you **Gabor and Kathy Matyas** for this huge gift to the children of LUUC – it's beyond generous and beyond kind.

It's not often that we meet a person, who is wise, active, makes delicious triffls, is a speaker at our Sunday Services, laughs heartily, is the great-grandmother of triplets and is ninety-nine on October 2<sup>nd</sup>. WOW! – who is this wonderfully remarkable person in our midst? Many, many Happy Birthday greetings to you **Jean Merrifield**.

- **Heather**

### **POT LUCK LUNCH TEAM FOR NOVEMBER**

**Monica Warren** will head the Pot Luck Team for November 15<sup>th</sup> with her crew of: **Chris Bassett, Monique Reidel, Rob Lutes, Paul Sullivan** and **Selena Rooker**.

If for some reason you cannot make that date – kindly inform **Monica** – **and find your own replacement**.

### **HOSPITALITY FOR NOVEMBER**

November 1 <sup>st</sup>	Nancy Schmidt/Christopher Thomson
November 8 <sup>th</sup>	Kathy and Gabor Matyas
November 15 <sup>th</sup>	Sheila Laursen/John Foulds
November 22 <sup>nd</sup>	Rob Lutes/Monique Reidel
November 29 <sup>th</sup>	Monica Warren/Allan Strong

If you are unable to help out on that date – **please find your own replacement**.

### **HYMNALS**

Of the 12 *Singing the Living Tradition* hymnals bought - (\$30.00Can. each) - 7 have been purchased by LUUCers – and 3 more promised.

No takers yet for the 10 Teal coloured books - *Singing the Journey* (at \$20.00 each)

Many thanks to all who have helped cover these costs.

**- Heather**

***It ain't over till it's over.***

### **HOMEMADE FRUITCAKE WITH NO FUSS OR MUSS!**

Serve delicious homemade fruitcake (dark or light) to your family and friends – without having to spend hours making it yourself! **Sheila Laursen** and “LUUC elves” will shop, chop, mix, blend and bake delicious cakes “to order” for your enjoyment, or to give as gifts!

Please phone Sheila Laursen (514 697-4195) or send an email order ([sheila.laursen@bell.net](mailto:sheila.laursen@bell.net)) **before October 30** to place your order for light or dark fruitcake in the size you prefer.

**Prices:** 1 lb - \$13.00    2 lb - \$22.00    3 lb - \$30.00

***All profits go to our LUUC fundraising efforts.***

### **IT HAPPENED AT STE. ANNE’S MARKET**

There was a noisy Pow-Wow at Ste. Anne’s Market last Saturday – and to much beating of the drums and chanting, a beautiful First Nation’s woman performed the shawl dance. It was lovely and graceful – and then she asked people from the watching crowd to come and join her. LUUCers always respond! – and before I realized it – there was **Jose** twirling around in a circle to the beat, beat, beat of the drums You go girl!

I also saw **James** trying to find someone to pay for the coffee he’d bought – no one wanted to take his money – so I jokingly suggested he just walk away. But, no, **James** is far too honest - and I left him chinking his money – still trying to attract someone’s attention to pay.

A little further on, I heard a very familiar voice extolling the benefits of Free (oops Fair) Trade Coffee. It was **Sheila** – in a little stall, surrounded by Dix Mille Villages goods – doing a roaring trade. She also won a prize – has no idea what prize – and will have to go to the Ste. Anne’s Town Hall to find out! Never a dull moment in Ste. Anne’s!

***- Heather***

## SPONSORING A SYRIAN REFUGEE FAMILY

In mid-September **Sheila Laursen** invited a small group of people together as the news was filled with images of desperate men, women and children of all ages who were fleeing from war-torn Syria to find safety and hopefully a new life in another country. Too many are losing their lives in doing so. And the ones who are crossing the water or land from one country to the next are doing so under dire conditions.

At this first meeting we shared our concerns about their plight and what we know about the refugee process, and we explored how we could help in some way. Some of us had been involved in the past, when our Lakeshore UU Congregation responded with compassion and practical support to previous humanitarian crises. The first time, back in the 50s and 60 our UU Congregation helped a Yugoslavian family of four settle in Montreal. Then in the 1980s we sponsored and supported a Vietnamese "boat family" (husband, wife and baby son) for a couple of years until they became fully integrated and self-supporting in Montreal.

A second meeting will have been held, and interest in becoming involved has stretched beyond our small congregation to include people from other West Island congregations, and the Unitarian Church of Montreal. There is a strong willingness to work on this together - knowing that the complicated process and serious commitment required will take the support of many to make it happen.

If you are interested in being part of this humanitarian response "team" please contact Sheila Laursen - phone 514 697-4195 or email at [sheila.laursen@bell.net](mailto:sheila.laursen@bell.net)  
You will be most welcome to do so!

**- Sheila**

C'est le temps...  
...Le temps d'aider les autres!  
It's about time...  
...time to help others!

***When you come to a fork in the road, take it.***

### MINISTERIAL NEWS

The Fall 2015 issue of UU World had the following announcements of UU ministers who have served LUUC in the past:

- **Rev. Wendy McNiven** has now retired. Wendy has spoken at LUUC when she is in Montreal visiting her Mom, Dora McNiven, and we hope she will continue to do so.
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- **Rev. Glyn John Pruce** died on June 1, 2015 at 86 years of age. Glyn was our minister from 1975-78; he later served UU congregations in Buffalo, NY, Leicester and Kent in the UK, and Tarpon Springs, Florida.
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- **Rev. Joan Montagnes** has recently become the UU minister at Buffalo, NY. Joan, who was our minister from 1994-96 returned to Montreal from out west to help us celebrate our congregation's 50th anniversary in 2003.

- **Sheila Laursen**

### OUR WONDERFUL VOLUNTEERS

**Sari** made some of her posters asking volunteers to do some of the very small but essential chores that get lost in the shuffle.

**Hospitality spares:** to be called upon at the last minute: **Sheila Laursen** and **Nancy Graham**.

**Caring:** to join the Caring Committee **Jose van Amerongen**

**Altar Flowers:** **Nancy Graham**

**Housekeeping:** **Steven Wright**

**Watering Flowers – inside and out:** **Nancy Graham**

**Drivers:** **James Sisley, Gabor Matyas, Sheila Laursen**

**Thank you all for volunteering.** The broadest, and maybe the most meaningful definition of volunteering: ***Doing more than you have to, because you want to, in a cause you consider good.*** -ed

## CARING AND OUR BIRTHDAYS

### TOM BIRD

We all appreciate hearing from old friends. Tom had been diagnosed with Alzheimer's early in 2004, but was able to be at home until this last year, which he spent in long-term care in the Magog Hospital. Magog is not too far way, so I was able to visit him most days and the rest of the family visited him quite often too. Indeed, Tom got more visitor than anyone else. Some of those poor souls have none. Tom still recognized all of us though he could not remember any events or anything said to him. He died suddenly at the end; nobody expected that. Light a candle for us at church.

*Love from Pat Bird*

**NB:** I was watching a very old National Film Board documentary the other day – made in the 50s – (I should think) – about Prairie wheat and how to ship it to the rest of the world. Riveting? - well it was a bit tame – but still interesting – particularly as I did live on the Prairies for several years. All this to say, that I even watched the credits – and there under 'photography' was the name **T. C. Bird**. Tom told me that he enjoyed working at the NFB in his younger years as he got to travel all over this great country.

- ed.

### BIRTHDAYS

Happy birthday wishes to **Jean Merrifield** on October 2<sup>nd</sup>, **Damian** on October 5<sup>th</sup>, **James Sisley** on the 9<sup>th</sup> and **Mary Hunter** on the 21<sup>st</sup>.

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After hearing **Clifford Lincoln** speak on September 20<sup>th</sup>, a new visitor to our church was overheard saying, "*I feel that I'm a better person just listening to him.*"

- ed

**SONGS FOR OUR UU SOULS!**

**Sunday, October 18<sup>th</sup>, 1:30pm  
LUUC Sanctuary**

**Suggested donation: \$10.00 for adults; children free**

In the afternoon of October 18th at 1:30pm **Kerry-Anne's** students will give a concert - singing music of the 70's The Carpenters, Simon and Garfunkel, so many great tunes! Proceeds to go to **Syrian Refugee** fund.

**Sunday, NOVEMBER 15<sup>TH</sup>, 1:00 p.m.  
LUUC Sanctuary**

**Suggested donation: \$20.00 for adults; children free**

**Kerry-Anne Kutz**, soprano and her colleague and close friend **Sandra Hunt**, pianist and Music Director of the Unitarian Church of Montreal, are inviting you to a concert of beautiful songs by UU composer Nicholas Fairbank, Elmer Olenick, (Rev. Diane Rollert's dad), Canadian composers David L. McIntyre & Denis Bédard and a sing-along! Proceeds will go professional development – and Kerry-Anne will contribute part of her earnings to the LUUC music program so that the choir can rehearse more frequently. We hope you can come!

**- Kerry-Anne**

**THE GIFT**

The LUUC Board of Director's extends gratitude on behalf of the entire congregation to **Gabor and Kathy Matyas**. They have donated \$2000 to be used by our SE youth to attend the UU Youth activities which bring together UU youth from across Canada. We have heard rave reviews from those who have attended these 'CANUDDLES, workshops, etc and are thrilled to have financial support for our young people to attend these activities. Thanks again to Gabor and Kathy for recognizing the importance of our SE youth. They are our future.

## SPIRITUAL EDUCATION

The SE team has kicked off the year with many positive new changes. First, we have new staff, a new play area and groups, and spirit play stories! The children have chosen names for their groups this year and will be guided by a great team of spiritual educators. Our Youngest Group is split into two groups, the littlest ones are called the Chalice Children and the older ones, the Thunderbirds, and are lead by **Karli Warren**; the Middle Group is called the Wind Chimes and is lead by **Vanessa Soldano**; and our Youth Group is called YTL or Yearn to Learn Group and is lead by **Ivy O'Reilly**! We would also like to welcome **Mikhayla Reid** as our new childcare volunteer, we are excited to have her on the team!

Our theme for this year will be exploring the various Spiritual and Religious holydays, where they originated from, and why people celebrate them. A gentle reminder to parents to pick-up registration forms from the main entrance and submit them to Ivy O'Reilly. Our October schedule is as follows:

October 4 – Jewish **Simchat Torah**: Completion of the annual reading of the Torah

October 11 – Buddhist **Wan Ok Phansa**: End of lent and meditation fast

October 18 – Hindu/Sikhs/Jains **Diwali**: Festival of lights

October 25 – Pagan/Celtic/Wiccan **Samhain**: Harvest festival

An important reminder about the RainboUU Youth CON in Kingston, Ontario. This event is for youth ages 14-20, \$40 per youth, and deadline for registration is Oct 16<sup>th</sup>. Also, the Sr. Youth (15-20yrs) OWL sexuality education course is happening in November in Ontario. Please contact **Ivy O'Reilly** at [irishivy@gmail.com](mailto:irishivy@gmail.com) for more information about either of these youth related events.

**- Ivy O'Reilly,  
Director of Spiritual Education**

**Make a game plan and stick to it. Unless it's not working.**

**REGIONAL FALL GATHERINGS - 2015**  
**HEARTS AND HANDS**  
OCTOBER 17<sup>TH</sup>, 2015 – FREDRICTON, NB.

One of the ways Congregations foster vitality is through finding time to learn, play, eat, share and worship together. When we do this with others, we are all enriched by new ideas and perspectives. Join together in October for a day (October 17<sup>th</sup>) or a weekend (October 16-18<sup>th</sup>) in Fredericton, NB. For those who arrive on Friday evening, there will be an informal social. Sunday will provide an opportunity for common worship.

**The program streams include:**

Small Groups, Big Impact,  
 Covenants and Commitments  
 Truth and Reconciliation – what is next?  
 Mini Youth Con

**Registration:**

The following are included with registration: Saturday program and Lunch on Saturday as well as morning and afternoon refreshments.

**Fees:**

Adults (18 and older) – Early Bird - \$35.00 (if received by October 2<sup>nd</sup>) Regular \$60.00 (after October 2<sup>nd</sup>.)

Youth Con (ages 14-20 and Advisors) - \$35.00

**Deadline for online registration, October 12<sup>th</sup>.**

**DISCERNMENT AND DECISIONS**  
OCTOBER 24<sup>TH</sup>, 2015 – HAMILTON, ONT.

Congregations are faced with many opportunities to decide their future. Doing something new is a decision. Doing the same thing you've done before is a decision. This day long program is designed to help leaders consider their choices and to make decisions that will help them align their actions and aspirations.

**Registration:**

The following are included with registration: Program and Lunch, as well as morning and afternoon refreshments.

**Fees:**

Adult (18 and older): Early Bird – \$35.00 (if received by Oct 9th) / Regular – \$50.00 (after Oct 9th)

Young Fun (6-12) – \$15 / 3 or more children from the same family – \$40

Child Care (up to 5) – \$15 / 3 or more children from the same family – \$40

**Deadline for online registration, Oct 18<sup>th</sup>.**

***It was impossible to get a conversation going. Everyone was talking.***

### **HELP EQUIP A CHILD FOR SCHOOL**

Once again, **Sheila Laursen** is collecting the following school supplies for children living in disaster zones. **New items only please.**

**4 spiral or perforated notebooks** (about 21.5cm x 27cm / 8.5in. x 10.5 in and 140 pages; or 4 notebooks = 560 pages.)

**8 unsharpened pencils**

**1 ruler** (flat, flexible plastic; indicating both 30 cm and 12 in.)

**12 coloured pencils** (in packaging)

**1 large pencil eraser**

Please bring these items to LUUC during the months of September and October. Many thanks!

**- Sheila**

### **TORONTO-AMERICA DEVELOPMENT TRIPS 2016**

Toronto First UU Congregation has sponsored development projects in Central America since 1997. In 1999 we formed a partnership with World Accord, to make these volunteer construction trips available to all Canadians. More information on the trips and how to apply is available at the Construction Expedition web site or see the poster at **LUUC**.

January 9-23            La Majada, Honduras            Kindergarten School

February 6-20            Horconcitos, Honduras            Mechanical Trade shop

March 5-19            La Pimienta, Honduras            Kindergarten School

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***Dear Algebra: Please stop asking us to find your X – She's never coming back – and don't ask Y.***

## SPIRITUALITY

One fine day, a Unitarian Universalist arrived at the Pearly Gates. God/Godde/Universe stood before the U.U. and asked, “are you one of those who consider themselves more spiritual than religious?” And the U.U. answered in a strong voice: “I am religious!” God/Godde/Universe jumped! “That’s a mighty certain response for a Unitarian and/or Universalist!” “Well, if someone can convince me of what ‘spiritual’ means, I’d do my almighty best to consider that option. For now, I’m religious, at least U.U. religious!” God nodded, and the Pearly Gates opened.

The trouble, it seems to me, with trying to define spirituality is that it can mean so many things. So I’m not going to define it. I’m just going to ask you to consider the following and see what moves you the most:

1. I want to get out there and grab hold of people and let them know about us!
2. I like lighting the chalice, and the silent time of meditation.
3. I like to sing! I like the companionship and the joining of voices and working to make a song come to life.
4. I like to join with others to serve a cause, to get justice for people.
5. I like to study the scriptures even if I understand them in my own particular way.
6. I am happy we don’t have a creed. The Ten Commandments will do for me.
7. The 7 Principles always move me, although to tell the truth there are a couple I have to work at accepting fully.

***Continued/.....***

8. I love our history. And I especially love that we've been welcoming of women for donkey's years, and that we don't shy away from feminist theology.
9. I know we are not always as welcoming of others but I like that we work on ourselves.
10. I like that I can pray even when some others amongst us aren't comfortable with prayer, or believe prayer is for people of other religions.
11. I love to read and find great meaning in poetry, in biography, in histories, in science, and in the study of world religions.
12. I like to work on projects with people. That could be on the Board, or working on a garage sale, or providing caring support for someone.
13. I like to have opportunities to connect to something larger than ourselves, the divine some would call it. To me it doesn't matter what we call it. I think it is a connection that needs to happen, or can happen, in community as well as individually within our own U.U. setting.
14. I especially appreciate that we gather as people of all generations. I get joy from the children, from families, from the individuals each unique and special in their own way, and in our elders, wise and experienced and strong beyond their years.

There are many energies and resplendent cords that make up what we call "spirituality." It is something individual and communal. As Unitarians and Universalists in community, we belong to a religion...and we are spiritual.

**- Rev. Heather Frawser-Fawcett**

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***We made too many wrong mistakes -***

***Quotes by Yogi Berra***

